

**Mental Health and
Substance Abuse Division**

**A Community
Support Guide
for Alternatives
to Inpatient
Mental Health
Treatment**

[Page intentionally left blank]

Hello from Lauren Lacefield Lewis, Assistant Commissioner



It is estimated that one in five Americans will experience a mental health issue during their lifetime and that one in 20 will develop a serious mental illness. Mental illness is not a personality weakness; it is a disease like many other diseases, such as cancer or diabetes.

Our mission is to restore hope, resilience, and recovery for the people we serve. The good news is that treatment works; recovery from a mental illness is possible; and help is available for Texans living with mental health issues and substance use disorders.

Inpatient care is an important part of the overall service array for people with mental illness. However, this guide is designed to educate the public about community treatment options that can be used to help children and adults with behavioral health issues avoid inpatient treatment if a less intensive alternative is appropriate.

Beyond the behavioral health crisis system in Texas, there are numerous resources that can provide the support and treatment that people with mental illness may need to move toward recovery and avoid psychiatric crises. Local Mental Health Authorities and NorthSTAR providers, located in the Dallas region, can help link people to these important services.

In addition, The Hogg Foundation for Mental Health has produced an overview of services across the state. You may find this to be a helpful reference:

A Guide to Understanding Mental Health Systems and Services in Texas, Second Edition, 2014.
https://hoggblogdotcom.files.wordpress.com/2014/12/mhguide_final-1.pdf.

[Page intentionally left blank]

Table of Contents

About This Guide1

Types of Services Available4

STATEWIDE RESOURCES

Northern Regions of Texas.....8

Local Mental Health Authorities: Betty Hardwick Center, Center for Life Resources, Central Plains Center, Denton County MHMR Center, Helen Farabee Centers, Pecan Valley Centers for Behavioral & Developmental HealthCare, StarCare Specialty Health System, MHMR Tarrant, Texas Panhandle Centers, Texoma Community Center, and NorthSTAR/Value Options

Counties: Archer, Armstrong, Bailey, Baylor, Briscoe, Callahan, Carson, Castro, Childress, Clay, Cochran, Coleman, Collin, Collingsworth, Comanche, Cooke, Cottle, Crosby, Dallam, Dallas, Deaf Smith, Denton, Dickens, Donley, Eastland, Ellis, Erath, Fannin, Floyd, Foard, Gray, Grayson, Hale, Hall, Hansford, Hardeman, Hartley, Haskell, Hemphill, Hockley, Hood, Hunt, Hutchinson, Jack, Johnson, Jones, Kaufman, King, Knox, Lamb, Lubbock, Lipscomb, Lynn, McCulloch, Mills, Montague, Moore, Motley, Navarro, Ochiltree, Oldham, Palo Pinto, Parker, Parmer, Potter, Randall, Roberts, Rockwall, San Saba, Shackelford, Sherman, Somervell, Stephens, Stonewall, Swisher, Tarrant, Taylor Brown, Throckmorton, Wichita, Wilbarger, Wise, Wheeler, and Young

Eastern/Central Regions of Texas12

Local Mental Health Authorities: ACCESS, Andrews Center Behavioral Healthcare System, Austin Travis County Integral Care, Bluebonnet Trails Community Services, MHMR Authority of Brazos Valley, Burke, Central Counties Services, Community Healthcore, Gulf Coast Center, MHMR Authority of Harris County, Heart of Texas Region MHMR Center, Lakes Regional Community Center, Spindletop Center, Texana Center, and Tri-County Services

Counties: Anderson, Angelina, Austin, Bastrop, Bell, Brazoria, Brazos, Bosque, Bowie, Burleson, Burnet, Caldwell, Camp, Cass, Chambers, Cherokee, Colorado, Coryell, Delta, Falls, Freestone, Fayette, Fort Bend, Franklin, Galveston, Gregg, Grimes, Guadalupe, Hamilton, Hardin, Harris, Harrison, Hill, Henderson, Hopkins, Houston, Jasper, Jefferson, Lamar, Lampasas, Lee, Leon, Liberty, Limestone, Madison, Marion, Matagorda, McLennan, Milam, Montgomery, Morris, Nacogdoches, Newton, Orange, Panola, Polk, Rains, Red River, Robertson, Rusk, Sabine, San Augustine, San Jacinto, Shelby, Smith, Titus, Travis, Trinity, Tyler, Upshur, Van Zandt, Walker, Waller, Washington, Wharton, Williamson, and Wood

Southern Regions of Texas20

Local Mental Health Authorities: Border Region Behavioral Health Center, Camino Real Community Services, The Center for Health Care Services, Coastal Plains Community Center, Gulf Bend Center, Hill Country Mental Health & Developmental Disabilities Centers, Behavioral Health Center of Nueces County, and Tropical Texas Behavioral Health

Counties: Aransas, Atascosa, Bandera, Bee, Bexar, Brooks, Calhoun, Cameron, Comal, DeWitt, Dimmit, Duval, Edwards, Frio, Gillespie, Goliad, Hidalgo, Jackson, Jim Hogg, Jim Wells, Karnes, Kendall, Kenedy, Kerr, Kinney, Kleberg, La Salle, Lavaca, Live Oak, Maverick, Medina, McMullen, Nueces, Real, Refugio, San Patricio, Starr, Uvalde, Val Verde, Victoria, Webb, Wilson, Willacy, Zapata, and Zavala

Western Regions of Texas.....23

Local Mental Health Authorities: Emergence Health Network, MHMR Services for the Concho Valley, Permian Basin Community Centers for MHMR, and West Texas Centers

Counties: Andrews, Brewster, Borden, Coke, Concho, Crane, Crockett, Culberson, Dawson, Ector, El Paso, Fisher, Gaines, Garza, Glasscock, Howard, Hudspeth, Irion, Jeff Davis, Kent, Loving, Martin, Mitchell, Midland, Nolan, Pecos, Presidio, Reagan, Reeves, Runnels, Scurry, Sterling, Terrell, Terry, Tom Green, Upton, Ward, Winkler and Yoakum

Appendix A: Local Mental Health Authorities25

Appendix B: Outreach, Screening, Assessment and Referral Centers29

Appendix C: Helpful Links30

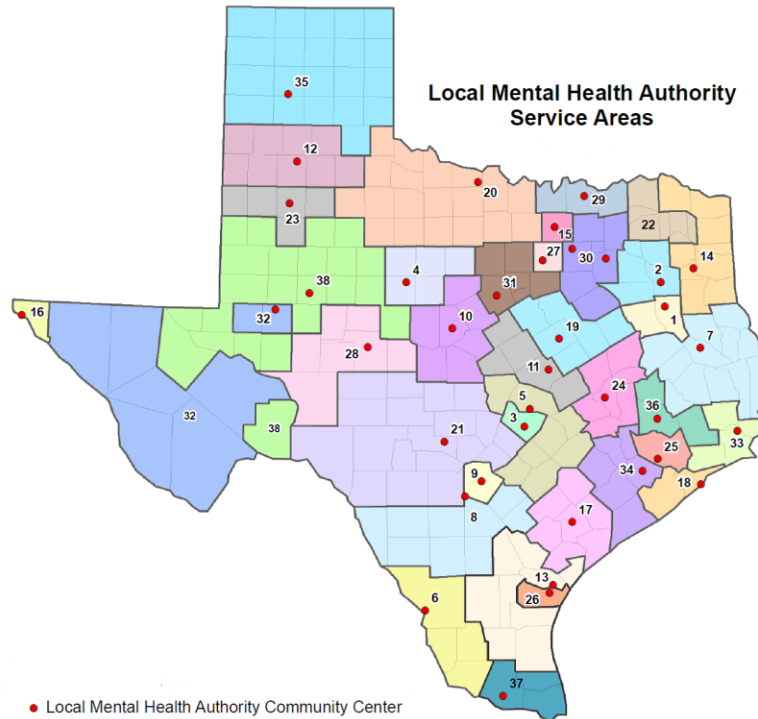
About This Guide

The purpose of this guide is to help people better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help people get connected to these resources.

Local Mental Health Authorities:

Every community in Texas is served by a Local Mental Health Authority (LMHA). LMHAs help people understand what treatment options will address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs provide a wide array of treatment services and support, and also connect people with resources unique to their community.

The map below helps identify the LMHA nearest you. In addition, the Department of State Health Services (DSHS) website can help you identify which LMHA serves your community. For a complete list of LMHAs visit www.dshs.state.tx.us/mhsa/lmha-list, or review Appendix A: Local Mental Health Authorities.



ID	Center Name	ID	Center Name	ID	Center Name
1	ACCESS	14	Community Healthcore	27	MHMR of Tarrant County
2	Andrews Center Behavioral Healthcare System	15	Denton County MHMR Center	28	MHMR Services for the Concho Valley
3	Austin Travis County Integral Care	16	Emergence Health Network	29	Texoma Community Center
4	Betty Hardwick Center	17	Gulf Bend Center	30	NorthSTAR/ValueOptions
5	Bluebonnet Trails Community Services	18	Gulf Coast Center	31	Pecan Valley Centers for Behavioral & Developmental HealthCare
6	Border Region Behavioral Health Center	19	Heart of Texas Region MHMR Center	32	Permian Basin Community Centers
7	Burke	20	Helen Farabee Centers	33	Spindletop Center
8	Camino Real Community Services	21	Hill Country Mental Health & Developmental Disabilities Centers	34	Texana Center
9	Center for Health Care Services	22	Lakes Regional Community Center	35	Texas Panhandle Centers
10	Center for Life Resources	23	StarCare Specialty Health System	36	Tri-County Services
11	Central Counties Services	24	MHMR Authority of Brazos Valley	37	Tropical Texas Behavioral Health
12	Central Plains Center	25	MHMR Authority of Harris County	38	West Texas Centers
13	Coastal Plains Community Center	26	Behavioral Health Center of Nueces County		

Available Services:

People don't have to wait until they are in crisis to receive help. Services are available to assist people receive employment, find or keep safe housing, and get access to medications when needed. This guide provides a description of such services. We hope this will help you better understand what an LMHA does and how these organizations can assist you or someone you know.

For many people, a crisis causes an initial request for help from the mental health system. That is why LMHAs have a variety of services to assist people in crisis – even if they are not yet connected with care.

Some services, like the crisis hotlines, are available in every community. Others, such as the various types of crisis facilities, have been developed by communities to meet their local needs and may not exist in every area. This guide will help you understand what options are available where you live. It also provides a description of the services and lists contact information for each provider.

What do I need? Are there any openings right now?

LMHAs have mental health professionals available 24/7 to help people understand what kind of care they need and how they can receive services. LMHA staff knows what openings are available and what the best options are if a person has to wait. Some programs are designed for walk-ins. However, LMHAs work with people to ensure they arrive at the right program that has the space and staff available to meet their needs. We encourage people to reach out directly to their LMHA when assistance is needed.

Sometimes it's more appropriate to call 9-1-1 or go directly to a hospital. For example, if an individual has hurt themselves, calling 9-1-1 for an ambulance or going directly to a hospital for immediate care is the most appropriate means to access immediate services. LMHAs help people make the best choice possible in difficult crisis situations.

How much will services cost?

Services provided by LMHAs are available on a "sliding fee scale," meaning payment for services may be greatly reduced based on a person's income. LMHAs also accept most forms of insurance.

Are there options for people who have been arrested?

A number of services are available to people in the criminal justice system. Typically referred to as "forensic services," this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.



Services designed for people involved in the criminal justice system are noted by the symbol to the left.

NorthSTAR:

NorthSTAR is an integrated mental health and substance abuse managed care program that serves Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties. NorthSTAR takes the place of an LMHA for these communities. For more information visit: www.valueoptions.com/northstar/members/resources/NorthSTAR_Provider_Directory.pdf

You may find the following acronyms helpful:

ACT	Assertive Community Treatment	MHMR	Mental Health and Mental Retardation Center (traditional name for the LMHA)
CSU	Crisis Stabilization Unit	OCR	Outpatient Competency Restoration Program
DFPS	Department of Family and Protective Services	RTC	Residential Treatment Center
DSHS	Department of State Health Services	PESC	Psychiatric Emergency Service Center
EOU	Extended Observation Units	TCOOMMI	Texas Correctional Office on Offenders with Medical or Mental Impairments
JBCR	Jail-based Competency Restoration		
LMHA	Local Mental Health Authority		
MCOT	Mobile Crisis Outreach Team		

Types of Services Available

Crisis Services and Facilities

Across the state there is a wide array of crisis services available to individuals in crisis. A crisis may be a period of intense difficulty where an individual may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. In crisis situation where you or someone you know is in immediate danger, call 9-1-1. Otherwise, the first step is to call the crisis hotline. The services listed below are in order from least intensive to most intensive treatment options.

Crisis Hotline: Provides information, support, referrals, screening, and intervention services 24/7.

Mobile Crisis Outreach Teams (MCOT): Provides immediate response to the location where a psychiatric crisis is occurring. MCOT is available 24/7 and medical and mental health professionals respond to calls from the home, school, street, or clinic.

Crisis Intervention, Relapse Prevention, and Follow-Up: Provides services to individuals who are not in imminent danger of harm to self or others, but require additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of an individual to a more restrictive environment.

Crisis Respite: Provides short-term, community-based crisis care for individuals who have low-risk of harm to themselves or others, but may have some functional impairment. This is the least intensive, facility-based crisis option. Services occur outside of a person's home and may be provided for a few hours or a few days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have mental health professionals on-site 24/7.

Crisis Residential: Provides up to 14 days of short-term, community-based residential, crisis treatment for individuals who may pose some risk of harm to themselves or others, have a fairly severe impairment in their ability to function, and demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting. This is a more intensive, facility-based crisis option. Mental health professionals are on-site 24/7 and provide support and rehabilitative services.

Psychiatric Service Emergency Centers (PESC): Provides a combination of facility-based crisis care services, such as those listed above. PESCs must be available for walk-ins and provide immediate access to assessment, triage and a continuum of stabilizing treatment for individuals experiencing a behavioral health crisis. PESCs are staffed by medical personnel and mental health professionals and provide care 24/7.

Extended Observation Units (EOU): Provide emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure and protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate- to high-risk of harm to themselves or others. A determination of whether the individual has stabilized or requires a psychiatric hospitalization is made prior to the end of the 48-hour period.

Crisis Stabilization Units: Provide short-term, residential treatment to reduce acute symptoms of mental illness. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options.

Rapid Crisis Stabilization Beds: Provides very brief stays in licensed hospitals to relieve acute symptomatology and restore an individual's ability to function in a less restrictive setting.

Residential Treatment Centers (RTCs): Provides 24-hour care for children less than 18 years of age and may offer programmatic services such as transitional living or emergency care, or may offer treatment services for emotional disorders or primary medical needs. Residential treatment centers are a subset of General Residential Operations that serve only children needing treatment services for emotional disorders.

A specialized RTC initiative implemented through a partnership between DSHS and the Department of Family and Protective Services (DFPS) provides an intensive service alternative for children/youth at risk for parental relinquishment of custody due to a lack of mental health resources. Youth reside in these facilities an average of 6 months. Children between 5 and 17 years of age are referred by DFPS' Child Protective Services in collaboration with LMHAs and have "no finding" of abuse/neglect by the parents/guardians. LMHAs provide assessments and access to RTCs.

Waco Center for Youth Residential Treatment Center: A state-operated, psychiatric residential treatment facility that serves adolescents 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This is a unique facility that serves approximately 70 youth from across the state and is located in Waco.

Contact: Admissions Coordinator 254-745-5399, or Admissions/Aftercare Assistant 254-745-5302.

Outpatient Services

Across the state of Texas there are core services provided by LMHAs and NorthSTAR providers to help you or someone you know get better. Youth Empowerment Services (YES) is only offered in certain counties for now, but, these services will be expanding to other parts of Texas soon.

Access to Benefits: When an individual is enrolled in services, the benefits officer may assist the individual in applying for Supplemental Security Income (SSI) or Supplemental Security Disability Income (SSDI).

Case Management: Case managers are employed by LMHAs or NorthSTAR providers and help adults, children, or caregivers obtain needed services, such as employment, medication, and substance abuse treatment.

Peer Services and Supports: Peer providers share their experience related to recovery; act as a model of hope and resilience to others; provide education, training, and interventions within the recovery process; and promote integration with community resources. Peer providers have experienced mental illness which makes them uniquely able to promote wellness, recovery, and an independent life in the community.

Medication and Medication Training: Physicians (and people who assist physicians, such as nurse practitioners and physician assistants) assess whether medications would help adults and children address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance about these medications and their possible side effects.

Counseling (Cognitive Behavioral Therapy and Cognitive Processing Therapy): Individual, family, and group therapy works to reduce or eliminate an individual's symptoms of mental illness and increase the individual's ability to perform normal, daily activities. This evidence-based practice is frequently recommended for people with diagnoses of major depression or post-traumatic stress disorder.

Rehabilitation and Skills Training: Provide evidence-base intervention services as a part of the overall treatment planning process to facilitate recovery.

Supported Employment: This evidence-based practice builds upon rehabilitation services and works to help people choose, obtain, and maintain employment in regular community jobs.

Supported Housing: This evidence-based practice builds upon case management and rehabilitation services to help people choose, obtain, and maintain regular, integrated housing.

Assertive Community Treatment (ACT): An evidence-based practice that is specifically designed for those who have difficulty avoiding repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services and utilizes person-centered recovery planning to help these individuals achieve stability and facilitate community living.

Youth Empowerment Services (YES): The YES program serves youth 3 to 18 years of age by providing services in a child's home and local community to children who would otherwise need an institutional level of care or whose parents would turn to out-of-home placement due to the child/youth's serious emotional disturbance (SED). Individuals must be eligible for Medicaid and meet specific requirements to receive services. Parental income is not included in financial eligibility determinations for Medicaid, often resulting in eligibility for children/youth not otherwise Medicaid eligible. Services are currently available in Travis, Bexar, Tarrant, Harris, Cameron, Hidalgo, Willacy, Williamson, Burnet, and McLennan counties. The remaining Texas counties are anticipated to begin enrolling participants by September 2015, including the NorthSTAR area that is anticipated to begin offering these services in the spring of 2015. Visit www.dshs.state.tx.us/mhsa/yes for additional information.

Substance Abuse Services: LMHAs work closely with Outreach, Screening, Assessment, and Referral Centers (OSARS) to help people with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance abuse services and information may qualify for services based on need. For a complete list of OSARS visit www.dshs.state.tx.us/sa/OSAR, or Appendix B: Outreach, Screening, Assessment, and Referral Centers.

Services for People in the Criminal Justice System Forensic Services

A number of services are available to people involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.



Services designed for people involved in the criminal justice system are noted by the symbol to the left.

Outpatient Competency Restoration Program: Provided through an LMHA or NorthSTAR, this program offers a full array of mental health services to adults deemed incompetent to stand trial. This

program also provides services and supports in a person's home or community and is created as an alternative to inpatient treatment for competency restoration at state mental health facilities.

Texas Correctional Office on Offenders with Medical or Mental Impairments Programs

(TCOOMMI): LMHAs and NorthSTAR providers connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Division Institutions refer juvenile or adult offenders to this program. LMHA and NorthSTAR providers also work closely with parole and probation officers to help the person comply with the conditions of his or her release, with a particular focus on engaging them in behavioral health treatment.

Contact: Texas Department of Criminal Justice – Reentry and Integration Division, Community Based Interventions, 512-671-2134

Resources Available in the Northern Regions of Texas

Betty Hardwick Center (LMHA)

www.bhcmhmr.org/

2616 S Clack St., Abilene, TX 79606

Main Phone: 325-690-5100 **Crisis Hotline:** 1-800-758-3344

Counties: Callahan, Jones, Shackelford, Stephens and Taylor

Crisis Respite Center:

Population Served: Adults 18+ years of age

Address: 2616 S. Clack St., Abilene, TX 79606

Phone: 1-800-758-3344

Center for Life Resources (LMHA)

www.cflr.us

408 Mulberry St., Brownwood, TX 76801

Main Phone: 325-646-9574 **Crisis Hotline:** 1-800-458-7788

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 1200 3rd St., Brownwood, TX 76801

Phone: 1-800-458-7788

Central Plains Center (LMHA)

www.clplains.org

715 Houston St., Plainview, TX 79072

Main Phone: 806-293-2636 **Crisis Hotline:** 1-800-687-1300

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072

Phone: 1-800-687-1300

Denton County MHMR Center (LMHA)

www.dentonmhmr.org/

2509 Scripture St., Denton, TX 76201

Main Phone: 940-381-5000 **Crisis Hotline:** 1-800-762-0157

Counties: Denton

Crisis Residential Center:

Population Served: Adults 18+ years of age
Address: 2519 Scripture St., Denton, TX 76201
Phone: 1-800-762-0157

Psychiatric Triage Center: Evaluations are provided to individuals in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.

Population Served: Adults 18+ years of age
Address: 2509 Scripture St., Suite 100, Denton, TX 76201
Phone: 940-381-9965

Helen Farabee Centers (LMHA)

www.helenfarabee.org/

1000 Brook, Wichita Falls, TX 76301

Main Phone: 1-800-669-4166 **Crisis Hotline:** 1-800-621-8504

Counties: Archer, Baylor, Clay, Cottle, Foard, Hardeman, Haskell, Jack, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Young, Childress, Dickens, King and Wise

Crisis Respite and Rapid Crisis Stabilization Beds:

Population Served: Children/adolescents 6-17 years of age and adults 18+ years of age
Crisis Respite – Address: 500 Broad St., Wichita Falls 76301
Phone: 1-800-621-8504
Rapid Crisis Stabilization Beds – Phone: 1-800-621-8504

Pecan Valley Centers for Behavioral and Developmental HealthCare (LMHA)

www.pvmhmr.org

2101 W. Pearl St., Granbury, TX 76048

Main Phone: 817-579-4400 **Crisis Hotline:** 1-800-772-5987

Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Green Street Crisis Respite: The Green Street Crisis Respite facility serves all six Pecan Valley Centers counties and is open 24/7. Assistance with transportation is available. Individuals seeking services must not be actively suicidal or homicidal, must be medically stable and able to self-manage personal hygiene needs. Eligibility and admission determination is made through a face-to-face assessment by calling the Pecan Valley Centers Crisis Hotline.

Population Served: Adults 18+ years of age
Address: 532 Green Street, Stephenville 76401
Phone: 254-552-2050 Crisis Hotline: 1-800-772-5987

StarCare Specialty Health System (LMHA)

www.StarCarelubbock.org

904 Avenue O St., Lubbock, TX 79401

Main Phone: 806-766-0310 **Crisis Hotline:** 1-800-687-7581

Counties: Cochran, Crosby, Hockley, Lubbock and Lynn



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 904 Ave. O St., Lubbock, TX 79408
Phone: 806-766-0310

MHMR Tarrant (LMHA)

www.MHMRtarrant.org

3840 Hulen St., Fort Worth, TX 76107

Main Phone: 817-335-3022 **Crisis Hotline:** 1-800-866-2465

Counties: Tarrant

Crisis Respite (Adolescents):

Population Served: Adolescents 13-17 years of age
Address: 1520 Rio Grande Ave., Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite and Residential (Men):

Population Served: Males 18+ years of age
Address: 1350 E Lancaster, Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite & Residential (Women):

Population Served: Females 18+ years of age
Address: 815 S. Jennings, Fort Worth, TX 76104
Phone: 1-800-866-2465

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years
Counties: Tarrant
Phone: 817-569-5600
Website: www.dshs.state.tx.us/mhsa/yes



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 3840 Hulen Tower North, Fort Worth, TX 76107
Phone: 817-335-3022 or 1-800-866-2465

Texas Panhandle Centers (LMHA)

www.texaspanhandlecenters.org/

901 Wallace Blvd., Amarillo, TX 79106

Main Phone: 806-358-1681 or 1-800-299-3699 **Crisis Hotline:** 1-800-692-4039

Counties: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age
Address: 901 Wallace Blvd, Amarillo, TX 79106
Crisis Hotline: 1-800-692-4039

Texoma Community Center (LMHA)

www.mhmrst.org/location.html

315 W McLain Dr., Sherman, TX 75092

Main Phone: 903-957-4700 **Crisis Hotline:** 1-877-277-2226

Counties: Cooke, Fannin and Grayson

Long-Term Residential:

Population Served: Adults 18+ years of age

Address: 102 (A) Memorial Dr., Denison, TX 75020

Phone: 903-957-4700

Crisis Hotline: 1-877-277-2226

Crisis Respite Facility:

Population Served: Adults 18+ years of age

Address: 102 (B) Memorial Dr., Denison, TX 75020

Phone: 903-957-4700

Crisis Hotline: 1-877-277-2226

NorthSTAR/Value Options

www.valueoptions.com/northstar

1199 S. Beltline Rd., Ste. 100, Coppell, TX 95019

Main Phone: 1-888-800-6799 **Crisis Hotline:** 1-866-260-8000

Counties: Collin, Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 233 W. 10th St., Dallas TX 75208

Phone: 214-941-3500

Crisis Hotline: 1-866-260-8000



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Counties: Dallas

Phone: 214-653-3535

Athletes for Change-RTC Placement:

Population Served: Ages 13-17

Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154

Phone: 972-223-2011

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 888-800-6799

Website: www.dshs.state.tx.us/mhsa/yes

Resources Available in the Eastern/Central Regions of Texas

ACCESS (LMHA)

www.accessmhm.org

913 N. Jackson St., Jacksonville, TX 75766

Main Phone: 903-586-5507 **Crisis Hotline:** 1-800-621-1693

Counties: Anderson and Cherokee

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Andrews Center Behavioral Healthcare System (LMHA)

www.andrewscenter.com

2323 West Front St., Tyler, TX 75702

Main Phone: 903-597-1351 **Crisis Hotline:** 1-877-934-2131

Counties: Henderson, Rains, Smith, Van Zandt and Wood

Crisis Respite and Psychiatric Service Emergency Center:

Population Served: Adults 18+ years of age

Address: 959 Farm Rd., Tyler, TX 75705

Phone: 903-566-6410

or 1-800-374-6058



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 2323 West Front St., Tyler, TX 75702-7747

Phone: 903-597-1351

Austin Travis County Integral Care (LMHA)

www.integralcare.org

1430 Collier St. Austin, TX 78704

Main Phone: 512-447-4141 **24/7 Hotline:** 512-472-HELP (4357) **Crisis Hotline:** 844-398-8252

TTY: 512-703-1395

Counties: Travis

24/7 Walk-in Psychiatric Emergency Services Clinic:

Population Served: Children, adolescents, and adults

Address: 56 East Ave., Austin, TX 78701

Phone: 512-472-HELP (4357)

Website: www.integralcare.org/content/psychiatric-emergency-services-pes

Crisis Respite and Rapid Crisis Stabilization Beds: Next Step provides short-term psychiatric respite services for adults residing in Travis County who are recovering from a psychiatric crisis. The Inn provides short-term community-based residential crisis treatment. The Inn offers residential services, medication

stabilization, around-the-clock nursing services, psychosocial rehabilitative skills training, case management and group treatment.

Population Served: Adults 18+ years of age

Rapid Crisis Stabilization Beds – Address: 56 East Ave., Austin TX 78701

Phone: 512-472-HELP (4357)

Crisis Respite – Address: 6222 N. Lamar, Austin, TX 78752

Phone: 512-472-HELP (4357)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Phone: 512-472-HELP (4357)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years of age

Phone: 512-255-1720

Website: www.dshs.state.tx.us/mhsa/yes

Bluebonnet Trails Community Services (LMHA)

www.bbtrails.org

1009 N. Georgetown St., Round Rock, TX 78664

Main Phone: 512-255-1720 **Crisis Hotline:** 1-800-841-1255

Counties: Bastrop, Burnet, Caldwell, Fayette, Guadalupe Lee and Williamson

Crisis Respite & Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 711 North College St., Georgetown, TX 78626

Phone: 1-800-841-1255

Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 2713 E. Court, Seguin, TX 78155

Phone: 1-800-841-1255

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years of age

Counties: Burnet and Williamson

Phone: 512-255-1720

Website: www.dshs.state.tx.us/mhsa/yes

MHMR Authority of Brazos Valley (LMHA)

www.mhmrabv.org/

804 S. Texas Ave., Bryan, TX 77802

Main Phone: 979-822-6467 **Crisis Hotline:** 1-888-522-8262

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 804 S. Texas Ave., Bryan, TX 77802

Phone: 1-888-522-8262

Everyday Life, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 6955 Broach Rd., Bryan, TX 77808
Phone: 979-589-1885
Website: www.everydaylifertc.com/Home.html

Helping Hand Home for Children – RTC Placement:
Population Served: Ages 13-17
Address: 3804 Avenue B, Austin, TX 78751
Phone: 512-459-3353
Website: www.helpinghandhome.org/

Pegasus Schools, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 896 Robin Ranch Road, Lockhart, TX 78644
Phone: 512-376-2101
Website: www.pegasusschool.net/

Burke (LMHA)
www.myburke.org/

2001 S Medford Dr., Lufkin, TX 75901
Main Phone: 936-639-1141 **Crisis Hotline:** 1-800-392-8343
Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Mental Health Emergency Center (MHEC): MHEC provides assessment and/or brief treatment to individuals that are experiencing a mental health crisis. MHEC is comprised of two programs – extended observation unit and crisis residential unit.
Population Served: Adults 18+ years of age
Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343
Extended Observation Unit – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343

Central Counties Services (LMHA)
www.cccmhm.org

304 S. 22nd St., Temple, TX 76501
Main Phone: 254-298-7000 **Crisis Hotline:** 1-800-888-4036
Counties: Bell, Coryell, Hamilton, Lampasas and Milam

Crisis Respite: Designed to give individuals brief care to prevent a state of crisis that requires hospitalization.
Population Served: Adults 18+ years of age
Address: 207 N. Lutterloh, Gatesville, TX 76528
Phone: 254-217-1856

Community Healthcore (LMHA)

www.communityhealthcore.com

107 Woodbine Pl., Longview, TX 75601

Main Phone: 903-758-2471 **Crisis Hotline:** 1-800-832-1009

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:

Population Served: Adults 18+ years of age

Address: 7470 State Hwy 154, Marshall, TX 75670

Phone: 903-927-1466



Outpatient Competency Restoration Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 950 N. 4th St., Longview, TX 75601

Phone: 903-758-2471

Gulf Coast Center (LMHA)

www.gulfcoastcenter.org

123 Rosenberg, Ste. 6, Galveston, TX 77550

Main Phone: 409-763-2373 **Crisis Hotline:** 1-866-729-3848

Counties: Brazoria and Galveston

Crisis Respite (Galveston County):

Population Served: Adults 18+ years of age

Address: 5825 Emmet Lowry, Texas City, TX 77591

Phone: 409-763-2373

Crisis Respite (Brazoria County):

Population Served: Adults 18+ years of age

Address: 2320 East Mulberry, Angleton, TX 77515

Phone: 409-763-2373

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 409-763-2373

Website: www.dshs.state.tx.us/mhsa/yes

MHMR Authority of Harris County (LMHA)

www.mhmraharris.org

7011 Southwest Freeway, Houston, TX 77074

Main Phone: 713-970-7000 **Crisis Hotline:** 1-866-970-4770

Counties: Harris

Crisis Respite: Provides respite care. This facility has nine apartments with capacity for 16 residents.

Population Served: Adults 18+ years of age

Address: 612 Branard St., Houston, TX 77006

Phone: 713-970-7070

Crisis Residential Unit: There are 18 beds at this facility.
Population Served: Adults 18+ years of age
Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor
Phone: 713-970-7070

Critical Time Intervention Program: This program assists homeless individuals with mental illness in their transition from the streets, shelters, psychiatric hospitals, or criminal justice system into the community.
Population Served: Adults 18+ years of age
Address: 9401 Southwest Freeway, 8th Floor, Houston, TX 77074
Phone: 713-970-7070

The Neuropsychiatric Center – Crisis Stabilization Unit: This inpatient stabilization unit is for people experiencing a mental health crisis. It is open 24/7, 365 days per year; the average stay is three-five days; and a doctor must refer clients.
Population Served: Adults 18+ years of age
Address: 1502 Taub Loop (2nd Floor), Houston, TX 77030
Phone: 713-970-7070

Psychiatric Emergency Services: The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each person treated receives an individualized clinical service plans that can include medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings and determination of appropriate community supports.
Population Served: Screening available for individuals at any age
Address: 1502 Taub Loop (1st Floor), Houston, TX 77030
Phone: 713-970-7070

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 713-970-7212
Website: www.dshs.state.tx.us/mhsa/yes

Heart of Texas Region MHMR Center (LMHA)
www.hotrmhmr.org

110 S 12th St. Waco, TX 76701
Main Phone: 254-752-3451 **Crisis Hotline:** 1-866-752-3451
Counties: Bosque, Falls, Freestone, Hill, Limestone and McLennan

Crisis Respite
Population Served: Adults 18+ years of age
Address: 301 Londonderry, Waco, TX 76712
Phone: 1-866-752-3451

Psychiatric Emergency Service Center:
Population Served: Adults 18+ years of age
Address: 1200 Clifton St., Waco, TX 76704
Phone: 1-866-752-3451 (after hours and weekends)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 110 S 12th St., Waco, TX 76703
Phone: 1-866-752-3451

Lakes Regional Community Center (LMHA)

www.lrmhmrc.org

400 Airport Rd., Terrell, TX 75160

Main Phone: 972-524-4159 **Crisis Hotline:** 1-877-466-0660

Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Spindletop Center (LMHA)

www.stmhmr.org

655 S 8th St., Beaumont, TX 77701

Main Phone: 409-784-5400 **Crisis Hotline:** 409-838-1818

Counties: Chambers, Hardin, Jefferson and Orange

Crisis Respite:

Population Served: Adolescents 13-17 years of age and adults 18+ years of age (separately)

Address: 2750 South 8th Street, Building C, Beaumont, TX 77701

Phone: 1-800-937-8097

Crisis Residential:

Population Served: Adults 18+ years of age

Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640

Phone: 1-800-937-8097

Extended Observation Units:

Population Served: Adults 18+ years of age

Location 1 – Address: 3080 College St., Beaumont, TX 77701

Phone: 1-800-937-8097

Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640

Phone: 1-800-937-8097



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 655 S. 8th St., Beaumont, TX 77701

Phone: 409-784-5400

Texana Center (LMHA)

www.texanacenter.com

5311 Ave. N., Rosenberg, TX 77471

Main Phone: 281-239-1300 **Crisis Hotline:** 1-800-633-5686

Counties: Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Crisis Center: Access is available only via MCOT screenings (not a walk-in center).

Population Served: Adults 18+ years of age

Crisis Hotline: 1-800-633-5686

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Counties: Fort Bend

Phone: 281-239-1485

Website: www.dshs.state.tx.us/mhsa/yes

Tri-County Services (LMHA)

www.tricountyservices.org

1506 FM-2854, Conroe, TX 77304

Main Phone: 936-521-6100 **Crisis Hotline:** 1-800-659-6994

Counties: Liberty, Montgomery and Walker

Crisis Stabilization Unit (Psychiatric Emergency Treatment Center), and Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 706 FM 2854, Conroe TX 77301

Phone: 1-800-659-6994



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 1020 Riverwood Ct., Conroe, TX 77304

Phone: 936-521-6100

Guardian Angels – RTC Placement:

Population Served: Ages 9-17

Address: 9530 W. Montgomery Rd., Houston, TX 77088

Phone: 281-447-1812

Gulf Winds – RTC Placement:

Population Served: Ages 10-17

Address: 2904 1st St., Bay City, TX 77414

Phone: 979-254-2334

Have Haven – RTC Placement:

Population Served: Ages 10-17

Address: 14054 Ambrose St., Houston, TX 77045

Phone: 713-413-9490

Website: www.havehaven.org/

Krause Children's Residential – RTC Placement:

Population Served: Ages 12-17

Address: 25752 Kingsland Blvd., Katy, TX 77494

Phone: 281-392-7505

Website: www.krausechildrenscenter.org/

Renewed Strength, Inc. – RTC Placement:

Population Served: Ages 5-18

Address: 110 Hambrick Rd., Houston, TX 77060

Phone: 281-448-7550

Website: www.renewedstrength.net/

Shamar Hope Haven- RTC Placement:

Population Served: Ages 10-17

Address: 2719 Truxillo St., Houston, TX 77004

Phone: 713-942-8822

Unity Children's Home – RTC Placement:

Population Served: Ages 6-17

Address: 2111 River Valley Dr., Spring, TX 77373

Phone: 281-355-0716

Website: www.unityresidentialtreatmentcenter.org/

Resources Available in the Southern Regions of Texas

Border Region Behavioral Health Center (LMHA)

www.borderregion.org

1500 Pappas St., Laredo, TX 78041

Main Phone: 956-794-3000 **Crisis Hotline:** 1-800-643-1102

Counties: Jim Hogg, Starr, Webb and Zapata

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Camino Real Community Services (LMHA)

www.caminorealcs.org

19965 FM-3175 N., Lytle, TX 78052

Main Phone: 210-261-1000 **Crisis Hotline:** 1-800-543-5750

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 419 East San Marcos, Pearsall, TX 78061

Phone: 210-357-0300

The Center for Health Care Services (LMHA)

www.chcsbc.org

3031 W I-10, San Antonio, TX 78201

Main Phone: 210-261-1000 **Crisis Hotline:** 210-223-7233

Counties: Bexar

Crisis Care Center and Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 601 N. Frio, San Antonio, TX 78207

Phone: 210-223-7233 or 1-800-316-9241

Children's Crisis Unit: The Children's Crisis Unit provides crisis assessments to children if they are perceived to be a potential danger to themselves or others and they are physically within the boundaries of Bexar County. Crisis assessors also conduct crisis assessments in the field, at schools, residences, and other locations.

Population Served: Ages 3-17

Address: 227 West Drexel, San Antonio, TX 78210

Phone: 210-223-7233 or 1-800-316-9241

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 210-261-1135

Website: www.dshs.state.tx.us/mhsa/yes



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 3031 IH-10 West, San Antonio, TX 78201 Phone: 210-261-1000

Coastal Plains Community Center (LMHA)

www.coastalplainsctr.org

200 Marriott Dr., Portland, TX 78374

Main Phone: 361-777-3991 **Crisis Hotline:** 1-800-841-6467

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 200 Marriott Dr, Portland, TX 78374

Phone: 1-800-841-6467

Gulf Bend Center (LMHA)

www.gulfbend.org

6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178

Main Phone: 361-575-0611 **Crisis Hotline:** 1-877-723-3422

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 2701 Hospital Dr., Victoria, TX 77901

Phone: 1-877-723-3422

Hill Country Mental Health & Developmental Disabilities Centers (LMHA)

www.hillcountry.org

819 Water St, Suite 300, Kerrville, TX 78028

Main Phone: 830-792-3300 **Crisis Hotline:** 1-877-466-0660

Counties: Bandera, Comal, Edwards, Gillespie, Kendall, Kerr, Kinney, Medina, Real, Uvalde and Val Verde

Crisis Stabilization Unit:

Population Served: Adults ages 18+

Address: 643 Sheppard Rees Rd. Kerrville, TX 78028

Phone: 1-877-466-0660

Hector Garza Center – RTC Placement:

Population Served: Ages 10-17

Address: 620 E. Afton Oaks Blvd., San Antonio, TX 78232

Phone: 210-568-8600

Website: www.abraxasyfs.com/facilities/hectorgarza/

Hill Country Youth Ranch – RTC Placement:

Population Served: Ages 5-17

Address: 522 Junction Hwy., Ingram, TX 78025 Phone: 830-367-2131

Website: www.youth-ranch.org/

New Life Children's Treatment Center- RTC Placement:

Population Served: Ages 11-17

Address: 650 Scarbourough, Canyon Lake, TX 78133

Phone: 830-964-4390

Website: www.newlifechildrenscenter.org/

Behavioral Health Center of Nueces County (LMHA)

www.bhnc.org

1630 S. Brownlee Blvd., Corpus Christi, TX 78405

Main Phone: 361-886-6970 **Crisis Hotline:** 1-888-767-4493

Counties: Nueces

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 1546 S. Brownlee, Corpus Christi, TX 78404

Phone: 1-888-767-4493



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 1630 S. Brownlee, Corpus Christi, TX 78404-3178

Tropical Texas Behavioral Health (LMHA)

www.ttbh.org

1901 S. 24 St., Edinburg, TX 78539

Main Phone: 956-289-7000 **Crisis Hotline:** 1-877-289-7199

Counties: Cameron, Hidalgo and Willacy

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 715 North H St., Harlingen, TX 78550

Phone: 1-877-289-7199

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 1901 South 24th Ave., Edinburg, TX 78540

Phone: 1-877-289-7199

Shoreline, Inc. – RTC Placement:

Population Served: Ages 13-17

Address: 1220 Gregory St., Taft, TX 78390

Phone: 361-528-3356

Website: www.shorelinetreatmentcenter.com/

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Address: 1901 S. 24 St., Edinburg, TX 78540

Phone: 956-289-7000

Website: www.dshs.state.tx.us/mhsa/yes

Resources Available in the Western Regions of Texas

Emergence Health Network (LMHA)

www.emergencehealthnetwork.org

1600 Montana Ave., El Paso, TX 79902

Main and Crisis Phone: 915-887-3410

Counties: El Paso

Crisis Residential and Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Crisis Respite – Address: 8716 Independence, El Paso, TX 79907

Phone: 915-887-3410

Rapid Crisis Stabilization Beds

Phone: 915-887-3410

Extended Observation Unit:

Population Served: Adults 18+ years of age

Phone: 915-887-3410



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Phone: 915-887-3410

MHMR Services for the Concho Valley (LMHA)

www.mhmrcv.org

1501 W Beaugard St., San Angelo, TX 76901

Main Phone: 325-658-7750 **Crisis Hotline:** 1-800-375-8965

Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903

Phone: 1-800-375-8965

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 1501 W Beaugard, San Angelo, TX 76901

Phone: 1-800-375-8965

Permian Basin Community Centers for MHMR (LMHA)

www.pbmhmr.com

401 E Illinois Ave., Midland, TX 79701

Main Phone: 432-570-3300 **Crisis Hotline (Alpine, Presidio, & Van Horn):** 1-800-542-4005 **Crisis Hotline (Ft. Stockton):** 1-877-475-7322 **Crisis Hotline (Midland):** 432-570-3300 **Crisis Hotline (Odessa):** 432-333-3265

Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

West Texas Centers (LMHA)

www.wtcmhmr.org

319 Runnels St., Big Spring, TX 79720

Main Phone: 432-263-0007 **Crisis Hotline:** 1-800-375-4357

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 319 Runnels St., Big Spring, TX 79720

Phone: 1-800-375-4357

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 2607 Chanute, Big Spring, TX 79720

Phone: 432-263-0007

Appendix A

Local Mental Health Authorities

ACCESS

www.accessmhm.org

913 N. Jackson St.
Jacksonville, TX 75766
903-586-5507

Counties: Anderson and Cherokee

Andrews Center Behavioral Healthcare System

www.andrewscenter.com

2323 West Front St.
Tyler, TX 75702
903-597-1351

Counties: Henderson, Rains, Smith, Van Zandt and Wood

Austin Travis County Integral Care

www.integralcare.org

1430 Collier St.
Austin, TX 78704
512-447-4141

Counties: Travis

Behavioral Health Center of Nueces County

www.bhcnc.org

1630 S Brownlee Blvd.
Corpus Christi, TX 78404
361-886-6900

Counties: Nueces

Betty Hardwick Center

www.bhcmhm.org

2616 S Clack St.
Abilene, TX 79606
325-690-5100

Counties: Callahan, Jones, Shackelford, Stephens and Taylor

Bluebonnet Trails Community Services

www.bbtrails.org

1009 N. Georgetown St.
Round Rock, TX 78664
512-255-1720

Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson

Border Region Behavioral Health Center

www.borderregion.org

1500 Pappas St.
Laredo, TX 78041
956-794-3000

Counties: Jim Hogg, Starr, Webb, and Zapata

Burke

www.myburke.org

2001 S Medford Dr.
Lufkin, TX 75901
936-639-1141

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Camino Real Community Services

www.caminorealcs.org

19965 FM-3175 N.
Lytle, TX 78052
210-357-0300

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

Center for Life Resources

www.cflr.us

408 Mulberry St.
Brownwood, TX 76801
325-646-9574

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

Central Counties Services

www.cccmhmr.org

304 S 22nd St.
Temple, TX 76501
254-298-7000

Counties: Bell, Coryell, Hamilton, Lampasas and Milam

Central Plains Center

www.clplains.org

2700 Yonkers St.
Plainview, TX 79072
806-293-2636

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

Coastal Plains Community Center

www.coastalplainsctr.org

200 Marriott Dr.
Portland, TX 78374
361-777-3991

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Community Healthcare

www.communityhealthcore.com

107 Woodbine Pl.
Longview, TX 75601
903-758-2471

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Denton County MHR Center

www.dentonmhr.org

2519 Scripture St.
Denton, TX 76201
940-381-5000

Counties: Denton

Emergence Health Network

www.emergencehealthnetwork.org

1600 Montana Ave.
El Paso, TX 79902
915-887-3410

Counties: El Paso

Gulf Bend Center

www.gulfbend.org

6502 Nursery Drive, Suite 100
Victoria, TX 77904-1178
361-575-0611

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Gulf Coast Center

www.gulfcoastcenter.org

123 Rosenberg, Ste. 6
Galveston, TX 77550
409-763-2373

Counties: Brazoria and Galveston

Heart of Texas Region MHR Center

www.hotrmhmr.org

110 S 12th St.
Waco, TX 76701
254-752-3451

Counties: Bosque, Falls, Freestone, Hill, Limestone and McLennan

Helen Farabee Centers

www.helenfarabee.org

1000 Brook
Wichita Falls, TX 76301
800-669-4166

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young

Hill Country Mental Health and Developmental Disabilities Centers

www.hillcountry.org

819 Water St, Suite 300
Kerrville, TX 78028
830-792-3300

Counties: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde

Lakes Regional Community Center

www.lrmhmrc.org

400 Airport Rd.
Terrell, TX 75160
972-524-4159

Counties: Camp, Delta, Franklin, Hopkins,
Lamar, Morris and Titus

MHMR Authority of Brazos Valley

www.mhmrabv.org

804 S. Texas Ave.
Bryan, TX 77802
979-822-6467

Counties: Brazos, Burleson, Grimes, Leon,
Madison, Robertson and Washington

MHMR Authority of Harris County

www.mhmrahharris.org

7011 Southwest Fwy.
Houston, TX 77074
713-970-7000

Counties: Harris

MHMR Services for the Concho Valley

www.mhmrcv.org

1501 W Beauregard St.
San Angelo, TX 76901
325-658-7750

Counties: Coke, Concho, Crockett, Irion,
Reagan, Sterling and Tom Green

MHMR Tarrant

www.mhmrtarrant.org

3840 Hulen St.
Fort Worth, TX 76107
817-335-3022, 1-800-866-2465

Counties: Tarrant

**Pecan Valley Centers for Behavioral &
Developmental HealthCare**

www.pvmhmr.org

2101 W. Pearl
Granbury, TX 76048
817-579-4400

Counties: Erath, Hood, Johnson, Palo Pinto,
Parker and Somervell

**Permian Basin Community Centers for
MHMR**

www.pbmhmr.com

401 E Illinois Ave.
Midland, TX 79701
432-570-3300

Counties: Brewster, Culberson, Ector,
Hudspeth, Jeff Davis, Midland, Pecos and
Presidio

Spindletop Center

www.stmhmr.org

655 S 8th St.
Beaumont, TX 77701
409-784-5400

Counties: Chambers, Hardin, Jefferson and
Orange

StarCare Specialty Health System

www.StarCarelubbock.org

904 Avenue O St.
Lubbock, TX 79401
806-766-0310

Counties: Cochran, Crosby, Hockley, Lubbock
and Lynn

Texana Center

www.texanacenter.com

4910 Airport Ave.
Rosenberg, TX 77471
281-239-1300

Counties: Austin, Colorado, Fort Bend,
Matagorda, Waller and Wharton

Texas Panhandle Centers

www.texaspanhandlecenters.org

901 Wallace Blvd.
Amarillo, TX 79106
806-358-1681

Counties: Armstrong, Carson, Collingsworth,
Dallam, Deaf Smith, Donley, Hall, Hansford,
Hartley, Hemphill, Hutchinson, Lipscomb, Moore,
Ochiltree, Oldham, Potter, Randall, Roberts,
Sherman and Wheeler

Texoma Community Center

www.mhmrst.org

315 W McLain Dr.
Sherman, TX 75092
903-957-4700

Counties: Cooke, Fannin and Grayson

The Center for Health Care Services

www.chcsbc.org

3031 W I-10
San Antonio, TX 78201
210-261-1000

Counties: Bexar

Tri-County Services

www.tricountyservices.org

1506 FM-2854
Conroe, TX 77304
936-521-6100

Counties: Liberty, Montgomery and Walker

Tropical Texas Behavioral Health

www.ttbh.org

1901 S. 24 St.
Edinburg, TX 78540
956-289-7000

Counties: Cameron, Hidalgo and Willacy

West Texas Centers

www.wtcmhmr.org

319 Runnels St.
Big Spring, TX 79720
432-263-0007

Counties: Andrews, Borden, Crane, Dawson,
Fisher, Gaines, Garza, Glasscock, Howard, Kent,
Loving, Martin, Mitchell, Nolan, Reeves, Runnels,
Scurry, Terrell, Terry, Upton, Ward, Winkler and
Yoakum

Appendix B

Outreach, Screening, Assessment and Referral Centers (OSARS)

Substance Abuse Intervention and Treatment

Abilene Regional Council on Alcohol/Drug Abuse

104 Pine St., Suite #210, Abilene, TX 79601
325-673-2242 or 1-800-588-8728

Bay Area Council on Drugs and Alcohol

1300-A Bay Area Blvd., #102, Houston, TX 77058
800-510-3111

Bluebonnet Trails Community Services

1009 N. Georgetown St., Round Rock, TX 78664
512-244-8444 or 1-800-841-1255

East Texas Council on Alcohol and Drug Abuse

708 Glencrest Lane, Longview, TX 75601
903-753-7633 or 1-800-441-8639

El Paso Hospital District

5959 Gateway West, Suite 520, El Paso, TX 79925
915-521-7818 or 866-369-7199

Mid Coast Family Services

700 S. Zamora St., Suite LL5, San Antonio, TX 78207
210-271-9452 or 888-575-7842

120 S. Main St., Victoria, TX 77901
361-575-7842 or 888-575-7842

Permian Basin Regional Council on Alcohol and Drug Abuse

120 East 2nd St., Odessa, TX 79761
432-580-5100 or 1-800-332-2174

Recovery Resource Council

2700 Airport Fwy, Fort Worth, TX 76111
817-332-6329 or 877-332-6329

Rio Grande Valley Council

5510 N. Cage Blvd., Suite C, Pharr, TX 78577
956-787-7111 or 1-800-748-3577

400 Mann St. #903, Corpus Christi, TX 78401
361-884-9596 or 1-800-748-3577

Southwest Regional Planning Commission

4347 Phelan Blvd., Suite 104, Beaumont, TX 77707
409-833-7774 or 888-833-9077

StarCARE Specialty Health System

1950 Aspen Ave., Lubbock, TX 79404
806-767-1716 or 1-800-687-7581

The Council on Alcohol and Drugs Houston

303 Jackson Hill Street, Houston, TX 77007
713-942-4100 or 877-777-8829

ValueOptions – NorthSTAR

1199 South Beltline Rd., Ste. 100, Coppell, TX 75019
888-800-6799

Appendix C

Helpful Links

2-1-1 Texas Mental Health Services
www.211texas.org/cms/search-mental-health-services-in-texas

Disability Rights Texas
www.disabilityrightstx.org/

Mental Health America of Texas
www.mhatexas.org

MentalHealthTX.org
www.mentalhealthtx.org/

National Alliance on Mental Illness
www.nami.org/

National Alliance on Mental Illness – Texas
www.namitexas.org/

Speak Your Mind Texas
www.speakyourmindtexas.org/

Substance Abuse and Mental Health Services Administration
www.samhsa.gov/

Texas Council of Community Centers
www.txcouncil.com/

Texas Department of State Health Services
www.dshs.state.tx.us/

Texas Department of State Health Services – Mental Health and Substance Abuse Division
www.dshs.state.tx.us/mhsa/

Texas Health and Human Services Commission
www.hhsc.state.tx.us/

Texas Workforce Commission
www.twc.state.tx.us/

United Ways of Texas
www.uwtexas.org/
