A Community Support Guide for Alternatives to Inpatient Mental Health Treatment
Hello from
Lauren Lacefield Lewis,
Assistant Commissioner

It is estimated that one in five Americans will experience a mental health issue during their lifetime and that one in 20 will develop a serious mental illness. Mental illness is not a personality weakness; it is a disease like many other diseases, such as cancer or diabetes.

Our mission is to restore hope, resilience, and recovery for the people we serve. The good news is that treatment works; recovery from a mental illness is possible; and help is available for Texans living with mental health issues and substance use disorders.

Inpatient care is an important part of the overall service array for people with mental illness. However, this guide is designed to educate the public about community treatment options that can be used to help children and adults with behavioral health issues avoid inpatient treatment if a less intensive alternative is appropriate.

Beyond the behavioral health crisis system in Texas, there are numerous resources that can provide the support and treatment that people with mental illness may need to move toward recovery and avoid psychiatric crises. Local Mental Health Authorities and NorthSTAR providers, located in the Dallas region, can help link people to these important services.

In addition, The Hogg Foundation for Mental Health has produced an overview of services across the state. You may find this to be a helpful reference:

Table of Contents

About This Guide ........................................................................................................................................... 1

Types of Services Available .......................................................................................................................... 4

STATEWIDE RESOURCES

Northern Regions of Texas ............................................................................................................................ 8

Local Mental Health Authorities: Betty Hardwick Center, Center for Life Resources, Central Plains Center, Denton County MHMR Center, Helen Farabee Centers, Pecan Valley Centers for Behavioral & Developmental HealthCare, StarCare Specialty Health System, MHMR Tarrant, Texas Panhandle Centers, Texoma Community Center, and NorthSTAR/Value Options


Eastern/Central Regions of Texas ................................................................................................................ 12

Local Mental Health Authorities: ACCESS, Andrews Center Behavioral Healthcare System, Austin Travis County Integral Care, Bluebonnet Trails Community Services, MHMR Authority of Brazos Valley, Burke, Central Counties Services, Community Healthcare, Gulf Coast Center, MHMR Authority of Harris County, Heart of Texas Region MHMR Center, Lakes Regional Community Center, Spindletop Center, Texana Center, and Tri-County Services


Southern Regions of Texas ................................................................................................................................ 20

Local Mental Health Authorities: Border Region Behavioral Health Center, Camino Real Community Services, The Center for Health Care Services, Coastal Plains Community Center, Gulf Bend Center, Hill Country Mental Health & Developmental Disabilities Centers, Behavioral Health Center of Nueces County, and Tropical Texas Behavioral Health

Western Regions of Texas

Local Mental Health Authorities: Emergence Health Network, MHMR Services for the Concho Valley, Permian Basin Community Centers for MHMR, and West Texas Centers


Appendix A: Local Mental Health Authorities

Appendix B: Outreach, Screening, Assessment and Referral Centers

Appendix C: Helpful Links
About This Guide

The purpose of this guide is to help people better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help people get connected to these resources.

Local Mental Health Authorities:
Every community in Texas is served by a Local Mental Health Authority (LMHA). LMHAs help people understand what treatment options will address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs provide a wide array of treatment services and support, and also connect people with resources unique to their community.

The map below helps identify the LMHA nearest you. In addition, the Department of State Health Services (DSHS) website can help you identify which LMHA serves your community. For a complete list of LMHAs visit [www.dshs.state.tx.us/mhsa/lmha-list](http://www.dshs.state.tx.us/mhsa/lmha-list), or review Appendix A: Local Mental Health Authorities.

<table>
<thead>
<tr>
<th>ID</th>
<th>Center Name</th>
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<th>Center Name</th>
<th>ID</th>
<th>Center Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>ACCESS</td>
<td>14</td>
<td>Community Healthcore</td>
<td>27</td>
<td>MHMR of Tarrant County</td>
</tr>
<tr>
<td>2</td>
<td>Andrews Center Behavioral Healthcare System</td>
<td>15</td>
<td>Denton County MHMR Center</td>
<td>28</td>
<td>MHMR Services for the Concho Valley</td>
</tr>
<tr>
<td>3</td>
<td>Austin Travis County Integral Care</td>
<td>16</td>
<td>Emergence Health Network</td>
<td>29</td>
<td>Texoma Community Center</td>
</tr>
<tr>
<td>4</td>
<td>Betty Hardwick Center</td>
<td>17</td>
<td>Gulf Bend Center</td>
<td>30</td>
<td>NorthSTAR/ValueOptions</td>
</tr>
<tr>
<td>5</td>
<td>Bluebonnet Trails Community Services</td>
<td>18</td>
<td>Gulf Coast Center</td>
<td>31</td>
<td>Pecan Valley Centers for Behavioral &amp; Developmental HealthCare</td>
</tr>
<tr>
<td>6</td>
<td>Border Region Behavioral Health Center</td>
<td>19</td>
<td>Heart of Texas Region MHMR Center</td>
<td>32</td>
<td>Permian Basin Community Centers</td>
</tr>
<tr>
<td>7</td>
<td>Burke</td>
<td>20</td>
<td>Helen Farabee Centers</td>
<td>33</td>
<td>Spindletop Center</td>
</tr>
<tr>
<td>8</td>
<td>Camino Real Community Services</td>
<td>21</td>
<td>Hill Country Mental Health &amp; Developmental Disabilities Centers</td>
<td>34</td>
<td>Texana Center</td>
</tr>
<tr>
<td>9</td>
<td>Center for Health Care Services</td>
<td>22</td>
<td>Lakes Regional Community Center</td>
<td>35</td>
<td>Texas Panhandle Centers</td>
</tr>
<tr>
<td>10</td>
<td>Center for Life Resources</td>
<td>23</td>
<td>StarCare Specialty Health System</td>
<td>36</td>
<td>Tri-County Services</td>
</tr>
<tr>
<td>11</td>
<td>Central Counties Services</td>
<td>24</td>
<td>MHMR Authority of Brazos Valley</td>
<td>37</td>
<td>Tropical Texas Behavioral Health</td>
</tr>
<tr>
<td>12</td>
<td>Central Plains Center</td>
<td>25</td>
<td>MHMR Authority of Harris County</td>
<td>38</td>
<td>West Texas Centers</td>
</tr>
<tr>
<td>13</td>
<td>Coastal Plains Community Center</td>
<td>26</td>
<td>Behavioral Health Center of Nueces County</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Available Services:
People don't have to wait until they are in crisis to receive help. Services are available to assist people receive employment, find or keep safe housing, and get access to medications when needed. This guide provides a description of such services. We hope this will help you better understand what an LMHA does and how these organizations can assist you or someone you know.

For many people, a crisis causes an initial request for help from the mental health system. That is why LMHAs have a variety of services to assist people in crisis – even if they are not yet connected with care.

Some services, like the crisis hotlines, are available in every community. Others, such as the various types of crisis facilities, have been developed by communities to meet their local needs and may not exist in every area. This guide will help you understand what options are available where you live. It also provides a description of the services and lists contact information for each provider.

What do I need? Are there any openings right now?
LMHAs have mental health professionals available 24/7 to help people understand what kind of care they need and how they can receive services. LMHA staff knows what openings are available and what the best options are if a person has to wait. Some programs are designed for walk-ins. However, LMHAs work with people to ensure they arrive at the right program that has the space and staff available to meet their needs. We encourage people to reach out directly to their LMHA when assistance is needed.

Sometimes it's more appropriate to call 9-1-1 or go directly to a hospital. For example, if an individual has hurt themselves, calling 9-1-1 for an ambulance or going directly to a hospital for immediate care is the most appropriate means to access immediate services. LMHAs help people make the best choice possible in difficult crisis situations.

How much will services cost?
Services provided by LMHAs are available on a "sliding fee scale," meaning payment for services may be greatly reduced based on a person’s income. LMHAs also accept most forms of insurance.

Are there options for people who have been arrested?
A number of services are available to people in the criminal justice system. Typically referred to as "forensic services," this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.

Services designed for people involved in the criminal justice system are noted by the symbol to the left.

NorthSTAR:
NorthSTAR is an integrated mental health and substance abuse managed care program that serves Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties. NorthSTAR takes the place of an LMHA for these communities. For more information visit: www.valueoptions.com/northstar/members/resources/NorthSTAR_Provider_Directory.pdf
You may find the following acronyms helpful:

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACT</td>
<td>Assertive Community Treatment</td>
<td>MHMR</td>
<td>Mental Health and Mental Retardation Center (traditional name for the LMHA)</td>
</tr>
<tr>
<td>CSU</td>
<td>Crisis Stabilization Unit</td>
<td>OCR</td>
<td>Outpatient Competency Restoration Program</td>
</tr>
<tr>
<td>DFPS</td>
<td>Department of Family and Protective Services</td>
<td></td>
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<tr>
<td>DSHS</td>
<td>Department of State Health Services</td>
<td>RTC</td>
<td>Residential Treatment Center</td>
</tr>
<tr>
<td>EOU</td>
<td>Extended Observation Units</td>
<td>PESC</td>
<td>Psychiatric Emergency Service Center</td>
</tr>
<tr>
<td>JBCR</td>
<td>Jail-based Competency Restoration</td>
<td>TCOOMMI</td>
<td>Texas Correctional Office on Offenders with Medical or Mental Impairments</td>
</tr>
<tr>
<td>LMHA</td>
<td>Local Mental Health Authority</td>
<td></td>
<td></td>
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<tr>
<td>MCOT</td>
<td>Mobile Crisis Outreach Team</td>
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</tbody>
</table>
Types of Services Available

Crisis Services and Facilities

Across the state there is a wide array of crisis services available to individuals in crisis. A crisis may be a period of intense difficulty where an individual may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. In crisis situation where you or someone you know is in immediate danger, call 9-1-1. Otherwise, the first step is to call the crisis hotline. The services listed below are in order from least intensive to most intensive treatment options.

Crisis Hotline: Provides information, support, referrals, screening, and intervention services 24/7.

Mobile Crisis Outreach Teams (MCOT): Provides immediate response to the location where a psychiatric crisis is occurring. MCOT is available 24/7 and medical and mental health professionals respond to calls from the home, school, street, or clinic.

Crisis Intervention, Relapse Prevention, and Follow-Up: Provides services to individuals who are not in imminent danger of harm to self or others, but require additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of an individual to a more restrictive environment.

Crisis Respite: Provides short-term, community-based crisis care for individuals who have low-risk of harm to themselves or others, but may have some functional impairment. This is the least intensive, facility-based crisis option. Services occur outside of a person’s home and may be provided for a few hours or a few days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have mental health professionals on-site 24/7.

Crisis Residential: Provides up to 14 days of short-term, community-based residential, crisis treatment for individuals who may pose some risk of harm to themselves or others, have a fairly severe impairment in their ability to function, and demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting. This is a more intensive, facility-based crisis option. Mental health professionals are on-site 24/7 and provide support and rehabilitative services.

Psychiatric Service Emergency Centers (PESC): Provides a combination of facility-based crisis care services, such as those listed above. PESCs must be available for walk-ins and provide immediate access to assessment, triage and a continuum of stabilizing treatment for individuals experiencing a behavioral health crisis. PESCs are staffed by medical personnel and mental health professionals and provide care 24/7.

Extended Observation Units (EOU): Provide emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure and protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate- to high-risk of harm to themselves or others. A determination of whether the individual has stabilized or requires a psychiatric hospitalization is made prior to the end of the 48-hour period.
**Crisis Stabilization Units:** Provide short-term, residential treatment to reduce acute symptoms of mental illness. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options.

**Rapid Crisis Stabilization Beds:** Provides very brief stays in licensed hospitals to relieve acute symptomatology and restore an individual’s ability to function in a less restrictive setting.

**Residential Treatment Centers (RTC):** Provides 24-hour care for children less than 18 years of age and may offer programmatic services such as transitional living or emergency care, or may offer treatment services for emotional disorders or primary medical needs. Residential treatment centers are a subset of General Residential Operations that serve only children needing treatment services for emotional disorders.

A specialized RTC initiative implemented through a partnership between DSHS and the Department of Family and Protective Services (DFPS) provides an intensive service alternative for children/youth at risk for parental relinquishment of custody due to a lack of mental health resources. Youth reside in these facilities an average of 6 months. Children between 5 and 17 years of age are referred by DFPS’ Child Protective Services in collaboration with LMHAs and have “no finding” of abuse/neglect by the parents/guardians. LMHAs provide assessments and access to RTCs.

**Waco Center for Youth Residential Treatment Center:** A state-operated, psychiatric residential treatment facility that serves adolescents 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This is a unique facility that serves approximately 70 youth from across the state and is located in Waco. Contact: Admissions Coordinator 254-745-5399, or Admissions/Aftercare Assistant 254-745-5302.

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**Outpatient Services**

Across the state of Texas there are core services provided by LMHAs and NorthSTAR providers to help you or someone you know get better. Youth Empowerment Services (YES) is only offered in certain counties for now, but, these services will be expanding to other parts of Texas soon.

**Access to Benefits:** When an individual is enrolled in services, the benefits officer may assist the individual in applying for Supplemental Security Income (SSI) or Supplemental Security Disability Income (SSDI).

**Case Management:** Case managers are employed by LMHAs or NorthSTAR providers and help adults, children, or caregivers obtain needed services, such as employment, medication, and substance abuse treatment.

**Peer Services and Supports:** Peer providers share their experience related to recovery; act as a model of hope and resilience to others; provide education, training, and interventions within the recovery process; and promote integration with community resources. Peer providers have experienced mental illness which makes them uniquely able to promote wellness, recovery, and an independent life in the community.

**Medication and Medication Training:** Physicians (and people who assist physicians, such as nurse practitioners and physician assistants) assess whether medications would help adults and children address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance about these medications and their possible side effects.
**Counseling (Cognitive Behavioral Therapy and Cognitive Processing Therapy):** Individual, family, and group therapy works to reduce or eliminate an individual’s symptoms of mental illness and increase the individual’s ability to perform normal, daily activities. This evidence-based practice is frequently recommended for people with diagnoses of major depression or post-traumatic stress disorder.

**Rehabilitation and Skills Training:** Provide evidence-base intervention services as a part of the overall treatment planning process to facilitate recovery.

**Supported Employment:** This evidence-based practice builds upon rehabilitation services and works to help people choose, obtain, and maintain employment in regular community jobs.

**Supported Housing:** This evidence-based practice builds upon case management and rehabilitation services to help people choose, obtain, and maintain regular, integrated housing.

**Assertive Community Treatment (ACT):** An evidence-based practice that is specifically designed for those who have difficulty avoiding repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services and utilizes person-centered recovery planning to help these individuals achieve stability and facilitate community living.

**Youth Empowerment Services (YES):** The YES program serves youth 3 to 18 years of age by providing services in a child’s home and local community to children who would otherwise need an institutional level of care or whose parents would turn to out-of-home placement due to the child/youth’s serious emotional disturbance (SED). Individuals must be eligible for Medicaid and meet specific requirements to receive services. Parental income is not included in financial eligibility determinations for Medicaid, often resulting in eligibility for children/youth not otherwise Medicaid eligible. Services are currently available in Travis, Bexar, Tarrant, Harris, Cameron, Hidalgo, Willacy, Williamson, Burnet, and McLennan counties. The remaining Texas counties are anticipated to begin enrolling participants by September 2015, including the NorthSTAR area that is anticipated to begin offering these services in the spring of 2015. Visit [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes) for additional information.

**Substance Abuse Services:** LMHAs work closely with Outreach, Screening, Assessment, and Referral Centers (OSARS) to help people with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance abuse services and information may qualify for services based on need. For a complete list of OSARS visit [www.dshs.state.tx.us/sa/OSARS](http://www.dshs.state.tx.us/sa/OSARS), or Appendix B: Outreach, Screening, Assessment, and Referral Centers.

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**Services for People in the Criminal Justice System**

**Forensic Services**

A number of services are available to people involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.

Services designed for people involved in the criminal justice system are noted by the symbol to the left.

**Outpatient Competency Restoration Program:** Provided through an LMHA or NorthSTAR, this program offers a full array of mental health services to adults deemed incompetent to stand trial. This
program also provides services and supports in a person’s home or community and is created as an alternative to inpatient treatment for competency restoration at state mental health facilities.

**Texas Correctional Office on Offenders with Medical or Mental Impairments Programs (TCOOMMI):** LMHAs and NorthSTAR providers connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Division Institutions refer juvenile or adult offenders to this program. LMHA and NorthSTAR providers also work closely with parole and probation officers to help the person comply with the conditions of his or her release, with a particular focus on engaging them in behavioral health treatment.  

**Contact:** Texas Department of Criminal Justice – Reentry and Integration Division, Community Based Interventions, 512-671-2134
# Resources Available in the Northern Regions of Texas

<table>
<thead>
<tr>
<th><strong>Betty Hardwick Center (LMHA)</strong></th>
<th><a href="http://www.bhcmhmr.org/">www.bhcmhmr.org/</a></th>
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<tbody>
<tr>
<td><strong>2616 S Clack St., Abilene, TX 79606</strong></td>
<td><strong>Main Phone:</strong> 325-690-5100 <strong>Crisis Hotline:</strong> 1-800-758-3344</td>
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<tr>
<td><strong>Counties:</strong> Callahan, Jones, Shackelford, Stephens and Taylor</td>
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**Crisis Respite Center:**
- Population Served: Adults 18+ years of age
- Address: 2616 S. Clack St., Abilene, TX 79606
- Phone: 1-800-758-3344

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<thead>
<tr>
<th><strong>Center for Life Resources (LMHA)</strong></th>
<th><a href="http://www.cflr.us">www.cflr.us</a></th>
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<tbody>
<tr>
<td><strong>408 Mulberry St., Brownwood, TX 76801</strong></td>
<td><strong>Main Phone:</strong> 325-646-9574 <strong>Crisis Hotline:</strong> 1-800-458-7788</td>
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<tr>
<td><strong>Counties:</strong> Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba</td>
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**Crisis Respite:**
- Population Served: Adults 18+ years of age
- Address: 1200 3rd St., Brownwood, TX 76801
- Phone: 1-800-458-7788

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<thead>
<tr>
<th><strong>Central Plains Center (LMHA)</strong></th>
<th><a href="http://www.clplains.org">www.clplains.org</a></th>
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<tbody>
<tr>
<td><strong>715 Houston St., Plainview, TX 79072</strong></td>
<td><strong>Main Phone:</strong> 806-293-2636 <strong>Crisis Hotline:</strong> 1-800-687-1300</td>
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<tr>
<td><strong>Counties:</strong> Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher</td>
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**Crisis Respite:**
- Population Served: Adults 18+ years of age
- Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072
- Phone: 1-800-687-1300

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<tr>
<th><strong>Denton County MHMR Center (LMHA)</strong></th>
<th><a href="http://www.dentonmhmr.org/">www.dentonmhmr.org/</a></th>
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<tbody>
<tr>
<td><strong>2509 Scripture St., Denton, TX 76201</strong></td>
<td><strong>Main Phone:</strong> 940-381-5000 <strong>Crisis Hotline:</strong> 1-800-762-0157</td>
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<tr>
<td><strong>Counties:</strong> Denton</td>
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</table>
Crisis Residential Center:
Population Served: Adults 18+ years of age
Address: 2519 Scripture St., Denton, TX 76201
Phone: 1-800-762-0157

Psychiatric Triage Center: Evaluations are provided to individuals in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.
Population Served: Adults 18+ years of age
Address: 2509 Scripture St., Suite 100, Denton, TX 76201
Phone: 940-381-9965

Helen Farabee Centers (LMHA)
www.helenfarabee.org/
1000 Brook, Wichita Falls, TX 76301
Main Phone: 1-800-669-4166 Crisis Hotline: 1-800-621-8504
Counties: Archer, Baylor, Clay, Cottle, Foard, Hardeman, Haskell, Jack, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Young, Childress, Dickens, King and Wise

Crisis Respite and Rapid Crisis Stabilization Beds:
Population Served: Children/adolescents 6-17 years of age and adults 18+ years of age
Crisis Respite – Address: 500 Broad St., Wichita Falls 76301
Phone: 1-800-621-8504
Rapid Crisis Stabilization Beds – Phone: 1-800-621-8504

Pecan Valley Centers for Behavioral and Developmental HealthCare (LMHA)
www.pvmhmr.org
2101 W. Pearl St., Granbury, TX 76048
Main Phone: 817-579-4400 Crisis Hotline: 1-800-772-5987
Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Green Street Crisis Respite: The Green Street Crisis Respite facility serves all six Pecan Valley Centers counties and is open 24/7. Assistance with transportation is available. Individuals seeking services must not be actively suicidal or homicidal, must be medically stable and able to self-manage personal hygiene needs. Eligibility and admission determination is made through a face-to-face assessment by calling the Pecan Valley Centers Crisis Hotline.
Population Served: Adults 18+ years of age
Address: 532 Green Street, Stephenville 76401
Phone: 254-552-2050 Crisis Hotline: 1-800-772-5987

StarCare Specialty Health System (LMHA)
www.StarCarelubbock.org
904 Avenue O St., Lubbock, TX 79401
Main Phone: 806-766-0310 Crisis Hotline: 1-800-687-7581
Counties: Cochran, Crosby, Hockley, Lubbock and Lynn
Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 904 Ave. O St., Lubbock, TX 79408
Phone: 806-766-0310

MHMR Tarrant (LMHA)
www.MHMRtarrant.org

3840 Hulen St., Fort Worth, TX 76107
Main Phone: 817-335-3022 Crisis Hotline: 1-800-866-2465
Counties: Tarrant

Crisis Respite (Adolescents):
Population Served: Adolescents 13-17 years of age
Address: 1520 Rio Grande Ave., Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite and Residential (Men):
Population Served: Males 18+ years of age
Address: 1350 E Lancaster, Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite & Residential (Women):
Population Served: Females 18+ years of age
Address: 815 S. Jennings, Fort Worth, TX 76104
Phone: 1-800-866-2465

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Counties: Tarrant
Phone: 817-569-5600
Website: www.dshs.state.tx.us/mhsa/yes

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 3840 Hulen Tower North, Fort Worth, TX 76107
Phone: 817-335-3022 or 1-800-866-2465

Texas Panhandle Centers (LMHA)
www.texaspanshandlecenters.org/

901 Wallace Blvd., Amarillo, TX 79106
Main Phone: 806-358-1681 or 1-800-299-3699 Crisis Hotline: 1-800-692-4039

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 901 Wallace Blvd, Amarillo, TX 79106
Crisis Hotline: 1-800-692-4039
Texoma Community Center (LMHA)
www.mhmrst.org/location.html
315 W McLain Dr., Sherman, TX 75092
Main Phone: 903-957-4700 Crisis Hotline: 1-877-277-2226
Counties: Cooke, Fannin and Grayson

Long-Term Residential:
Population Served: Adults 18+ years of age
Address: 102 (A) Memorial Dr., Denison, TX 75020
Phone: 903-957-4700
Crisis Hotline: 1-877-277-2226

Crisis Respite Facility:
Population Served: Adults 18+ years of age
Address: 102 (B) Memorial Dr., Denison, TX 75020
Phone: 903-957-4700
Crisis Hotline: 1-877-277-2226

NorthSTAR/Value Options
www.valueoptions.com/northstar
1199 S. Beltline Rd., Ste. 100, Coppell, TX 95019
Main Phone: 1-888-800-6799 Crisis Hotline: 1-866-260-8000
Counties: Collin, Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 233 W. 10th St., Dallas TX 75208
Phone: 214-941-3500
Crisis Hotline: 1-866-260-8000

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Counties: Dallas
Phone: 214-653-3535

Athletes for Change-RTC Placement:
Population Served: Ages 13-17
Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154
Phone: 972-223-2011

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 888-800-6799
Website: www.dshs.state.tx.us/mhsa/yes
## Resources Available in the Eastern/Central Regions of Texas

### ACCESS (LMHA)

**Website:** [www.accessmhmr.org](http://www.accessmhmr.org)

913 N. Jackson St., Jacksonville, TX 75766  
**Main Phone:** 903-586-5507  
**Crisis Hotline:** 1-800-621-1693  
**Counties:** Anderson and Cherokee

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

### Andrews Center Behavioral Healthcare System (LMHA)

**Website:** [www.andrewscenter.com](http://www.andrewscenter.com)

2323 West Front St., Tyler, TX 75702  
**Main Phone:** 903-597-1351  
**Crisis Hotline:** 1-877-934-2131  
**Counties:** Henderson, Rains, Smith, Van Zandt and Wood

**Crisis Respite and Psychiatric Service Emergency Center:**  
**Population Served:** Adults 18+ years of age  
**Address:** 959 Farm Rd., Tyler, TX 75705  
**Phone:** 903-566-6410  
or 1-800-374-6058

**Outpatient Competency Restoration (OCR) Program:**  
**Population Served:** Adults 18+ years of age deemed incompetent to stand trial  
**Address:** 2323 West Front St., Tyler, TX 75702-7747  
**Phone:** 903-597-1351

### Austin Travis County Integral Care (LMHA)

**Website:** [www.integralcare.org](http://www.integralcare.org)

1430 Collier St. Austin, TX 78704  
**Main Phone:** 512-447-4141  
**24/7 Hotline:** 512-472-HELP (4357)  
**Crisis Hotline:** 844-398-8252  
**TTY:** 512-703-1395  
**Counties:** Travis

**24/7 Walk-in Psychiatric Emergency Services Clinic:**  
**Population Served:** Children, adolescents, and adults  
**Address:** 56 East Ave., Austin, TX 78701  
**Phone:** 512-472-HELP (4357)  
**Website:** [www.integralcare.org/content/psychiatric-emergency-services-pes](http://www.integralcare.org/content/psychiatric-emergency-services-pes)

**Crisis Respite and Rapid Crisis Stabilization Beds:** Next Step provides short-term psychiatric respite services for adults residing in Travis County who are recovering from a psychiatric crisis. The Inn provides short-term community-based residential crisis treatment. The Inn offers residential services, medication
stabilization, around-the-clock nursing services, psychosocial rehabilitative skills training, case management and group treatment.

Population Served: Adults 18+ years of age
Rapid Crisis Stabilization Beds – Address: 56 East Ave., Austin TX 78701
Phone: 512-472-HELP (4357)
Crisis Respite – Address: 6222 N. Lamar, Austin, TX 78752
Phone: 512-472-HELP (4357)

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Phone: 512-472-HELP (4357)

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years of age
Phone: 512-255-1720
Website: www.dshs.state.tx.us/mhsa/yes

Bluebonnet Trails Community Services (LMHA)
www.bbtrails.org

1009 N. Georgetown St., Round Rock, TX 78664
Main Phone: 512-255-1720 Crisis Hotline: 1-800-841-1255
Counties: Bastrop, Burnet, Caldwell, Fayette, Guadalupe Lee and Williamson

Crisis Respite & Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 711 North College St., Georgetown, TX 78626
Phone: 1-800-841-1255

Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 2713 E. Court, Seguin, TX 78155
Phone: 1-800-841-1255

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years of age
Counties: Burnet and Williamson
Phone: 512-255-1720
Website: www.dshs.state.tx.us/mhsa/yes

MHMR Authority of Brazos Valley (LMHA)
www.mhmrabv.org/

804 S. Texas Ave., Bryan, TX 77802
Main Phone: 979-822-6467 Crisis Hotline: 1-888-522-8262
Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 804 S. Texas Ave., Bryan, TX 77802
Phone: 1-888-522-8262
Everyday Life, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 6955 Broach Rd., Bryan, TX 77808
Phone: 979-589-1885
Website: www.everydaylifertc.com/Home.html

Helping Hand Home for Children – RTC Placement:
Population Served: Ages 13-17
Address: 3804 Avenue B, Austin, TX 78751
Phone: 512-459-3353
Website: www.helpinghandhome.org/

Pegasus Schools, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 896 Robin Ranch Road, Lockhart, TX 78644
Phone: 512-376-2101
Website: www.pegasusschool.net/

Burke (LMHA)
www.myburke.org/
2001 S Medford Dr., Lufkin, TX 75901
Main Phone: 936-639-1141 Crisis Hotline: 1-800-392-8343
Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Mental Health Emergency Center (MHEC): MHEC provides assessment and/or brief treatment to individuals that are experiencing a mental health crisis. MHEC is comprised of two programs – extended observation unit and crisis residential unit.
Population Served: Adults 18+ years of age
Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343
Extended Observation Unit – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343

Central Counties Services (LMHA)
www.cccmhmr.org
304 S. 22nd St., Temple, TX 76501
Main Phone: 254-298-7000 Crisis Hotline: 1-800-888-4036
Counties: Bell, Coryell, Hamilton, Lampasas and Milam

Crisis Respite: Designed to give individuals brief care to prevent a state of crisis that requires hospitalization.
Population Served: Adults 18+ years of age
Address: 207 N. Lutterloh, Gatesville, TX 76528
Phone: 254-217-1856
Community Healthcore (LMHA)
www.communityhealthcore.com
107 Woodbine Pl., Longview, TX 75601
**Main Phone:** 903-758-2471 **Crisis Hotline:** 1-800-832-1009
**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:
Population Served: Adults 18+ years of age
Address: 7470 State Hwy 154, Marshall, TX 75670
Phone: 903-927-1466

Outpatient Competency Restoration Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 950 N. 4th St., Longview, TX 75601
Phone: 903-758-2471

Gulf Coast Center (LMHA)
www.gulfcoastcenter.org
123 Rosenberg, Ste. 6, Galveston, TX 77550
**Main Phone:** 409-763-2373 **Crisis Hotline:** 1-866-729-3848
**Counties:** Brazoria and Galveston

Crisis Respite (Galveston County):
Population Served: Adults 18+ years of age
Address: 5825 Emmet Lowry, Texas City, TX 77591
Phone: 409-763-2373

Crisis Respite (Brazoria County):
Population Served: Adults 18+ years of age
Address: 2320 East Mulberry, Angleton, TX 77515
Phone: 409-763-2373

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 409-763-2373
Website: www.dshs.state.tx.us/mhsa/yes

MHMR Authority of Harris County (LMHA)
www.mhmraharris.org
7011 Southwest Freeway, Houston, TX 77074
**Main Phone:** 713-970-7000 **Crisis Hotline:** 1-866-970-4770
**Counties:** Harris

Crisis Respite: Provides respite care. This facility has nine apartments with capacity for 16 residents.
Population Served: Adults 18+ years of age
Address: 612 Branard St., Houston, TX 77006
Phone: 713-970-7070
Crisis Residential Unit: There are 18 beds at this facility.
Population Served: Adults 18+ years of age
Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor
Phone: 713-970-7070

Critical Time Intervention Program: This program assists homeless individuals with mental illness in their transition from the streets, shelters, psychiatric hospitals, or criminal justice system into the community.
Population Served: Adults 18+ years of age
Address: 9401 Southwest Freeway, 8th Floor, Houston, TX 77074
Phone: 713-970-7070

The Neuropsychiatric Center – Crisis Stabilization Unit: This inpatient stabilization unit is for people experiencing a mental health crisis. It is open 24/7, 365 days per year; the average stay is three-five days; and a doctor must refer clients.
Population Served: Adults 18+ years of age
Address: 1502 Taub Loop (2nd Floor), Houston, TX 77030
Phone: 713-970-7070

Psychiatric Emergency Services: The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each person treated receives an individualized clinical service plans that can include medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings and determination of appropriate community supports.
Population Served: Screening available for individuals at any age
Address: 1502 Taub Loop (1st Floor), Houston, TX 77030
Phone: 713-970-7070

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 713-970-7212
Website: www.dshs.state.tx.us/mhsa/yes

Heart of Texas Region MHMR Center (LMHA)
www.hotrmhmr.org

110 S 12th St. Waco, TX 76701
Main Phone: 254-752-3451 Crisis Hotline: 1-866-752-3451
Counties: Bosque, Falls, Freestone, Hill, Limestone and McLennan

Crisis Respite
Population Served: Adults 18+ years of age
Address: 301 Londonderry, Waco, TX 76712
Phone: 1-866-752-3451

Psychiatric Emergency Service Center:
Population Served: Adults 18+ years of age
Address: 1200 Clifton St., Waco, TX 76704
Phone: 1-866-752-3451 (after hours and weekends)
Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 110 S 12th St., Waco, TX 76703
Phone: 1-866-752-3451

Lakes Regional Community Center (LMHA)
www.lrmhmrc.org

400 Airport Rd., Terrell, TX 75160
Main Phone: 972-524-4159 Crisis Hotline: 1-877-466-0660
Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Spindletop Center (LMHA)
www.stmhmr.org

655 S 8th St., Beaumont, TX 77701
Main Phone: 409-784-5400 Crisis Hotline: 409-838-1818
Counties: Chambers, Hardin, Jefferson and Orange

Crisis Respite:
Population Served: Adolescents 13-17 years of age and adults 18+ years of age (separately)
Address: 2750 South 8th Street, Building C, Beaumont, TX 77701
Phone: 1-800-937-8097

Crisis Residential:
Population Served: Adults 18+ years of age
Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
Phone: 1-800-937-8097

Extended Observation Units:
Population Served: Adults 18+ years of age
Location 1 – Address: 3080 College St., Beaumont, TX 77701
Phone: 1-800-937-8097
Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
Phone: 1-800-937-8097

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 655 S. 8th St., Beaumont, TX 77701
Phone: 409-784-5400
Crisis Center: Access is available only via MCOT screenings (not a walk-in center).
Population Served: Adults 18+ years of age
Crisis Hotline: 1-800-633-5686

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Counties: Fort Bend
Phone: 281-239-1485
Website: www.dshs.state.tx.us/mhsa/yes

Crisis Stabilization Unit (Psychiatric Emergency Treatment Center), and Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 706 FM 2854, Conroe TX 77301
Phone: 1-800-659-6994

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 1020 Riverwood Ct., Conroe, TX 77304
Phone: 936-521-6100

Guardian Angels – RTC Placement:
Population Served: Ages 9-17
Address: 9530 W. Montgomery Rd., Houston, TX 77088
Phone: 281-447-1812

Gulf Winds – RTC Placement:
Population Served: Ages 10-17
Address: 2904 1st St., Bay City, TX 77414
Phone: 979-254-2334

Have Haven – RTC Placement:
Population Served: Ages 10-17
Address: 14054 Ambrose St., Houston, TX 77045
Phone: 713-413-9490
Website: www.havehaven.org/
Krause Children’s Residential – RTC Placement:
Population Served: Ages 12-17
Address: 25752 Kingsland Blvd., Katy, TX 77494
Phone: 281-392-7505
Website: www.krausechildrenscenter.org/

Renewed Strength, Inc. – RTC Placement:
Population Served: Ages 5-18
Address: 110 Hambrick Rd., Houston, TX 77060
Phone: 281-448-7550
Website: www.renewedstrength.net/

Shamar Hope Haven- RTC Placement:
Population Served: Ages 10-17
Address: 2719 Truxillo St., Houston, TX 77004
Phone: 713-942-8822

Unity Children’s Home – RTC Placement:
Population Served: Ages 6-17
Address: 2111 River Valley Dr., Spring, TX 77373
Phone: 281-355-0716
Website: www.unityresidentialtreatmentcenter.org/
Resources Available in the Southern Regions of Texas

Border Region Behavioral Health Center (LMHA)
www.borderregion.org

1500 Pappas St., Laredo, TX 78041
**Main Phone:** 956-794-3000  **Crisis Hotline:** 1-800-643-1102
**Counties:** Jim Hogg, Starr, Webb and Zapata

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Camino Real Community Services (LMHA)
www.caminorealcs.org

19965 FM-3175 N., Lytle, TX 78052
**Main Phone:** 210-261-1000  **Crisis Hotline:** 1-800-543-5750
**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 419 East San Marcos, Pearsall, TX 78061
Phone: 210-357-0300

The Center for Health Care Services (LMHA)
www.chcsbc.org

3031 W I-10, San Antonio, TX 78201
**Main Phone:** 210-261-1000  **Crisis Hotline:** 210-223-7233
**Counties:** Bexar

Crisis Care Center and Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 601 N. Frio, San Antonio, TX 78207
Phone: 210-223-7233 or 1-800-316-9241

Children’s Crisis Unit: The Children’s Crisis Unit provides crisis assessments to children if they are perceived to be a potential danger to themselves or others and they are physically within the boundaries of Bexar County. Crisis assessors also conduct crisis assessments in the field, at schools, residences, and other locations.
Population Served: Ages 3-17
Address: 227 West Drexel, San Antonio, TX 78210
Phone: 210-223-7233 or 1-800-316-9241

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 210-261-1135
Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)
Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3031 IH-10 West, San Antonio, TX 78201 Phone: 210-261-1000

Coastal Plains Community Center (LMHA)
www.coastalplainsctr.org
200 Marriott Dr., Portland, TX 78374
Main Phone: 361-777-3991 Crisis Hotline: 1-800-841-6467
Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 200 Marriott Dr, Portland, TX 78374
Phone: 1-800-841-6467

Gulf Bend Center (LMHA)
www.gulfbend.org
6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178
Main Phone: 361-575-0611 Crisis Hotline: 1-877-723-3422
Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 2701 Hospital Dr., Victoria, TX 77901
Phone: 1-877-723-3422

Hill Country Mental Health & Developmental Disabilities Centers (LMHA)
www.hillcountry.org
819 Water St, Suite 300, Kerrville, TX 78028
Main Phone: 830-792-3300 Crisis Hotline: 1-877-466-0660
Counties: Bandera, Comal, Edwards, Gillespie, Kendall, Kerr, Kinney, Medina, Real, Uvalde and Val Verde

Crisis Stabilization Unit:
Population Served: Adults ages 18+
Address: 643 Sheppard Rees Rd. Kerrville, TX 78028
Phone: 1-877-466-0660

Hector Garza Center – RTC Placement:
Population Served: Ages 10-17
Address: 620 E. Afton Oaks Blvd., San Antonio, TX 78232
Phone: 210-568-8600
Website: www.abraxasyfs.com/facilities/hectorgarza/

Hill Country Youth Ranch – RTC Placement:
Population Served: Ages 5-17
Address: 522 Junction Hwy., Ingram, TX 78025 Phone: 830-367-2131
Website: www.youth-ranch.org/
New Life Children’s Treatment Center - RTC Placement:
Population Served: Ages 11-17
Address: 650 Scarbourough, Canyon Lake, TX 78133
Phone: 830-964-4390
Website: www.newlifechildrenscenter.org/

**Behavioral Health Center of Nueces County (LMHA)**
[www.bhcnc.org](http://www.bhcnc.org)
1630 S. Brownlee Blvd., Corpus Christi, TX 78405
**Main Phone:** 361-886-6970 **Crisis Hotline:** 1-888-767-4493
**Counties:** Nueces

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 1546 S. Brownlee, Corpus Christi, TX 78404
Phone: 1-888-767-4493

**Outpatient Competency Restoration (OCR) Program:**
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 1630 S. Brownlee, Corpus Christi, TX 78404-3178

**Tropical Texas Behavioral Health (LMHA)**
[www.ttbh.org](http://www.ttbh.org)
1901 S. 24 St., Edinburg, TX 78539
**Main Phone:** 956-289-7000 **Crisis Hotline:** 1-877-289-7199
**Counties:** Cameron, Hidalgo and Willacy

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 715 North H St., Harlingen, TX 78550
Phone: 1-877-289-7199

**Rapid Crisis Stabilization Beds:**
Population Served: Adults 18+ years of age
Address: 1901 South 24th Ave., Edinburg, TX 78540
Phone: 1-877-289-7199

**Shoreline, Inc. – RTC Placement:**
Population Served: Ages 13-17
Address: 1220 Gregory St., Taft, TX 78390
Phone: 361-528-3356
Website: [www.shorelinetreatmentcenter.com/](http://www.shorelinetreatmentcenter.com/)

**Youth Empowerment Services (YES):**
Population Served: Ages 3-18 years
Address: 1901 S. 24 St., Edinburg, TX 78540
Phone: 956-289-7000
Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)
Resources Available in the Western Regions of Texas

Emergence Health Network (LMHA)
www.emergencehealthnetwork.org
1600 Montana Ave., El Paso, TX 79902
Main and Crisis Phone: 915-887-3410
Counties: El Paso

Crisis Residential and Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Crisis Respite – Address: 8716 Independence, El Paso, TX 79907
Phone: 915-887-3410
Rapid Crisis Stabilization Beds
Phone: 915-887-3410

Extended Observation Unit:
Population Served: Adults 18+ years of age
Phone: 915-887-3410

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Phone: 915-887-3410

MHMR Services for the Concho Valley (LMHA)
www.mhmrcv.org
1501 W Beauregard St., San Angelo, TX 76901
Main Phone: 325-658-7750 Crisis Hotline: 1-800-375-8965
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903
Phone: 1-800-375-8965

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 1501 W Beauregard, San Angelo, TX 76901
Phone: 1-800-375-8965
Permian Basin Community Centers for MHMR (LMHA)
www.pbmhmr.com
401 E Illinois Ave., Midland, TX 79701
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

West Texas Centers (LMHA)
www.wtcmhmr.org
319 Runnels St., Big Spring, TX 79720
Main Phone: 432-263-0007 Crisis Hotline: 1-800-375-4357
Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 319 Runnels St., Big Spring, TX 79720
Phone: 1-800-375-4357

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 2607 Chanute, Big Spring, TX 79720
Phone: 432-263-0007
Appendix A
Local Mental Health Authorities

ACCESS
www.accessmhmr.org
913 N. Jackson St.
Jacksonville, TX 75766
903-586-5507
Counties: Anderson and Cherokee

Andrews Center Behavioral Healthcare System
www.andrewscenter.com
2323 West Front St.
Tyler, TX 75702
903-597-1351
Counties: Henderson, Rains, Smith, Van Zandt and Wood

Austin Travis County Integral Care
www.integralcare.org
1430 Collier St.
Austin, TX 78704
512-447-4141
Counties: Travis

Behavioral Health Center of Nueces County
www.bhcnc.org
1630 S Brownlee Blvd.
Corpus Christi, TX 78404
361-886-6900
Counties: Nueces

Betty Hardwick Center
www.bhcmhmr.org
2616 S Clack St.
Abilene, TX 79606
325-690-5100
Counties: Callahan, Jones, Shackelford, Stephens and Taylor

Bluebonnet Trails Community Services
www.bbtrails.org
1009 N. Georgetown St.
Round Rock, TX 78664
512-255-1720
Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson

Border Region Behavioral Health Center
www.borderregion.org
1500 Pappas St.
Laredo, TX 78041
956-794-3000
Counties: Jim Hogg, Starr, Webb, and Zapata

Burke
www.myburke.org
2001 S Medford Dr.
Lufkin, TX 75901
936-639-1141
Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Camino Real Community Services
www.caminorealcs.org
19965 FM-3175 N.
Lytle, TX 78052
210-357-0300
Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

Center for Life Resources
www.cflr.us
408 Mulberry St.
Brownwood, TX 76801
325-646-9574
Counties: Brown, Coleman. Comanche, Eastland, McCulloch, Mills and San Saba
<table>
<thead>
<tr>
<th><strong>Central Counties Services</strong></th>
<th><strong>Central Plains Center</strong></th>
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<tbody>
<tr>
<td><a href="http://www.cccmhmr.org">www.cccmhmr.org</a></td>
<td><a href="http://www.clplains.org">www.clplains.org</a></td>
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<tr>
<td>304 S 22nd St. Temple, TX 76501 254-298-7000</td>
<td>2700 Yonkers St. Plainview, TX 79072 806-293-2636</td>
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<tr>
<td><strong>Counties</strong>: Bell, Coryell, Hamilton, Lampasas and Milam</td>
<td><strong>Counties</strong>: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher</td>
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<th><strong>Coastal Plains Community Center</strong></th>
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<td><a href="http://www.coastalplainsctr.org">www.coastalplainsctr.org</a></td>
<td><a href="http://www.communityhealthcore.com">www.communityhealthcore.com</a></td>
</tr>
<tr>
<td>200 Marriott Dr. Portland, TX 78374 361-777-3991</td>
<td>107 Woodbine Pl. Longview, TX 75601 903-758-2471</td>
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<tr>
<td><strong>Counties</strong>: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio</td>
<td><strong>Counties</strong>: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur</td>
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<th><strong>Denton County MHMR Center</strong></th>
<th><strong>Helen Farabee Centers</strong></th>
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<tbody>
<tr>
<td><a href="http://www.dentonmhmhr.org">www.dentonmhmhr.org</a></td>
<td><a href="http://www.helenfarabee.org">www.helenfarabee.org</a></td>
</tr>
<tr>
<td>2519 Scripture St. Denton, TX 76201 940-381-5000</td>
<td>1000 Brook Wichita Falls, TX 76301 800-669-4166</td>
</tr>
<tr>
<td><strong>Counties</strong>: Denton</td>
<td><strong>Counties</strong>: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Emergence Health Network</strong></th>
<th><strong>Hill Country Mental Health and Developmental Disabilities Centers</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.emergencehealthnetwork.org">www.emergencehealthnetwork.org</a></td>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
</tr>
<tr>
<td>1600 Montana Ave. El Paso, TX 79902 915-887-3410</td>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
</tr>
<tr>
<td><strong>Counties</strong>: El Paso</td>
<td><strong>Counties</strong>: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Gulf Bend Center</strong></th>
<th><strong>Gulf Coast Center</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.gulfbend.org">www.gulfbend.org</a></td>
<td><a href="http://www.gulfcoastcenter.org">www.gulfcoastcenter.org</a></td>
</tr>
<tr>
<td>6502 Nursery Drive, Suite 100 Victoria, TX 77904-1178 361-575-0611</td>
<td>123 Rosenberg, Ste. 6 Galveston, TX 77550 409-763-2373</td>
</tr>
<tr>
<td><strong>Counties</strong>: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria</td>
<td><strong>Counties</strong>: Brazoria and Galveston</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Heart of Texas Region MHMR Center</strong></th>
<th><strong>Hill Country Mental Health and Developmental Disabilities Centers</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.hotrmhmr.org">www.hotrmhmr.org</a></td>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
</tr>
<tr>
<td>110 S 12th St. Waco, TX 76701 254-752-3451</td>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
</tr>
<tr>
<td><strong>Counties</strong>: Bosque, Falls, Freestone, Hill, Limestone and McLennan</td>
<td><strong>Counties</strong>: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde</td>
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</tbody>
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<tr>
<th><strong>Hill Country Mental Health and Developmental Disabilities Centers</strong></th>
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</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
<td><a href="http://www.hillcountry.org">www.hillcountry.org</a></td>
</tr>
<tr>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
<td>819 Water St, Suite 300 Kerrville, TX 78028 830-792-3300</td>
</tr>
</tbody>
</table>
Lakes Regional Community Center  
**www.lrmhmrc.org**  
400 Airport Rd.  
Terrell, TX 75160  
972-524-4159  
**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

MHMR Authority of Brazos Valley  
**www.mhmrabv.org**  
804 S. Texas Ave.  
Bryan, TX 77802  
979-822-6467  
**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

MHMR Authority of Harris County  
**www.mhmraharris.org**  
7011 Southwest Fwy.  
Houston, TX 77074  
713-970-7000  
**Counties:** Harris

MHMR Services for the Concho Valley  
**www.mhmrccv.org**  
1501 W Beauregard St.  
San Angelo, TX 76901  
325-658-7750  
**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

MHMR Tarrant  
**www.mhmrtaarrant.org**  
3840 Hulen St.  
Fort Worth, TX 76107  
817-335-3022, 1-800-866-2465  
**Counties:** Tarrant

Pecan Valley Centers for Behavioral & Developmental HealthCare  
**www.pvmhmr.org**  
2101 W. Pearl  
Granbury, TX 76048  
817-579-4400  
**Counties:** Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Permian Basin Community Centers for MHMR  
**www.pbmhmr.com**  
401 E Illinois Ave.  
Midland, TX 79701  
432-570-3300  
**Counties:** Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

Spindletop Center  
**www.stmhmr.org**  
655 S 8th St.  
Beaumont, TX 77701  
409-784-5400  
**Counties:** Chambers, Hardin, Jefferson and Orange

StarCare Specialty Health System  
**www.StarCareLubbock.org**  
904 Avenue O St.  
Lubbock, TX 79401  
806-766-0310  
**Counties:** Cochran, Crosby, Hockley, Lubbock and Lynn

Texana Center  
**www.texanacenter.com**  
4910 Airport Ave.  
Rosenberg, TX 77471  
281-239-1300  
**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Texas Panhandle Centers  
**www.texaspanhandlecenters.org**  
901 Wallace Blvd.  
Amarillo, TX 79106  
806-358-1681  
**Counties:** Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler
Texoma Community Center  
www.mhmrst.org  
315 W McLain Dr.  
Sherman, TX 75092  
903-957-4700  
**Counties:** Cooke, Fannin and Grayson

The Center for Health Care Services  
www.chcsbc.org  
3031 W I-10  
San Antonio, TX 78201  
210-261-1000  
**Counties:** Bexar

Tri-County Services  
www.tricountyservices.org  
1506 FM-2854  
Conroe, TX 77304  
936-521-6100  
**Counties:** Liberty, Montgomery and Walker

Tropical Texas Behavioral Health  
www.ttbh.org  
1901 S. 24 St.  
Edinburg, TX 78540  
956-289-7000  
**Counties:** Cameron, Hidalgo and Willacy

West Texas Centers  
www.wtcmhmr.org  
319 Runnels St.  
Big Spring, TX 79720  
432-263-0007  
**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum
Appendix B
Outreach, Screening, Assessment and Referral Centers (OSARS)

<table>
<thead>
<tr>
<th>Substance Abuse Intervention and Treatment</th>
</tr>
</thead>
</table>
| **Abilene Regional Council on Alcohol/Drug Abuse**  
104 Pine St., Suite #210, Abilene, TX 79601  
325-673-2242 or 1-800-588-8728 |
| **Permian Basin Regional Council on Alcohol and Drug Abuse**  
120 East 2nd St., Odessa, TX 79761  
432-580-5100 or 1-800-332-2174 |
| **Bay Area Council on Drugs and Alcohol**  
1300-A Bay Area Blvd., #102, Houston, TX 77058  
800-510-3111 |
| **Recovery Resource Council**  
2700 Airport Fwy, Fort Worth, TX 76111  
817-332-6329 or 877-332-6329 |
| **Bluebonnet Trails Community Services**  
1009 N. Georgetown St., Round Rock, TX 78664  
512-244-8444 or 1-800-841-1255 |
| **Rio Grande Valley Council**  
5510 N. Cage Blvd., Suite C, Pharr, TX 78577  
956-787-7111 or 1-800-748-3577  
400 Mann St. #903, Corpus Christi, TX 78401  
361-884-9596 or 1-800-748-3577 |
| **East Texas Council on Alcohol and Drug Abuse**  
708 Glencrest Lane, Longview, TX 75601  
903-753-7633 or 1-800-441-8639 |
| **Southwest Regional Planning Commission**  
4347 Phelan Blvd., Suite 104, Beaumont, TX 77707  
409-833-7774 or 888-833-9077 |
| **El Paso Hospital District**  
5959 Gateway West, Suite 520, El Paso, TX 79925  
915-521-7818 or 866-369-7199 |
| **StarCARE Specialty Health System**  
1950 Aspen Ave., Lubbock, TX 79404  
806-767-1716 or 1-800-687-7581 |
| **Mid Coast Family Services**  
700 S. Zamora St., Suite LL5, San Antonio, TX 787207  
210-271-9452 or 888-575-7842 |
| **The Council on Alcohol and Drugs Houston**  
303 Jackson Hill Street, Houston, TX 77007  
713-942-4100 or 877-777-8829 |
| **ValueOptions – NorthSTAR**  
1199 South Beltline Rd., Ste. 100, Coppell, TX 75019  
888-800-6799 |
Appendix C
Helpful Links

2-1-1 Texas Mental Health Services
www.211texas.org/cms/search-mental-health-services-in-texas

Disability Rights Texas
www.disabilityrightstx.org/

Mental Health America of Texas
www.mhatexas.org

MentalHealthTX.org
www.mentalhealthtx.org/

National Alliance on Mental Illness
www.nami.org/

National Alliance on Mental Illness – Texas
www.namitexas.org/

Speak Your Mind Texas
www.speakyourmindtexas.org/

Substance Abuse and Mental Health Services Administration
www.samhsa.gov/

Texas Council of Community Centers
www.txcouncil.com/

Texas Department of State Health Services
www.dshs.state.tx.us/

Texas Department of State Health Services – Mental Health and Substance Abuse Division
www.dshs.state.tx.us/mhsa/

Texas Health and Human Services Commission
www.hhsc.state.tx.us/

Texas Workforce Commission
www.twc.state.tx.us/

United Ways of Texas
www.uwtexas.org/