

TTC

Technology Transfer Centers

Funded by Substance Abuse and Mental Health Services Administration

Overview

This compilation includes suicide prevention resources available at each TTC Network website, as well as other resources from each TTC Network.

This material is for your information only, its use is not required, and our dissemination of this material does not represent an endorsement of the content by SAMHSA.



ALL KEYWORD RESULTS

Products & Resources:

- [Dialogue eNewsletter 2019.06-June](#)
- [The Fatal Fentanyl: From China to American Small Town](#)
- [Substance Use Disorders and the Child Protective Services Family: Broadening Perspectives to Facilitate Change \(Family Curriculum\)](#)

Suicide

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- [The Dialogue: The Central East eNewsletter, June 2019](#)

Training & Events:

- [Webinar: The Intersection of Substance Use Disorders, Opioid Misuse, Overdose, and Suicide: Understanding the Connection, Part 1](#)

- [Mental Health First Aid-Adult](#)
- [Webinar: The Intersection of Substance Use Disorders, Opioid Misuse, Overdose, and Suicide, Part 2](#)
- [Opioid Overdoses and Suicides-Two Overlapping Public Health Crises](#)

Suicide

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MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

ALL KEYWORD RESULTS

Products & Resources:

- [Trauma-Informed Suicide Prevention for Educators: Stories, Science, and Strategies](#)
- [Suicide Prevention in School Part 1: The Role of Schools in Suicide Prevention](#)
- [Webinar: Meeting the Behavioral Health Needs of Sexual Minorities - Part 2](#)
- [Webinar: Meeting the Behavioral Health Needs of Sexual Minorities - Part 1](#)
- [Adverse Childhood Experiences \(ACEs\): A Conversation with Dr. Donald Warne](#)
- [Webinar: Overview of Clinical Suicidology: Theories, Assessment, Interventions, and Treatments](#)
- [All Patients Safe: Suicide Prevention for Medical Professionals in Alaska](#)
- [Great Lakes MHTTC Suicide Prevention Guide](#)
- [Mental Health Bytes: Suicide Prevention for Young Latinas](#)
- [Preventing Youth Suicide in Region 6](#)
- [After a School Tragedy...Readiness, Response, Recovery, & Resources](#)
- [Support Resources After a School Shooting or Suicide](#)
- [Suicide Prevention Addendum](#)

Training & Events:

- [Launch of All Patients Safe: Suicide Prevention for Medical Professionals in Alaska](#)
- [Suicide Prevention in Schools Part 3: Implementing the Signs of Suicide \(SOS\) program in Middle and High Schools. Elyssa's Mission, a Local Perspective](#)
- [Suicide Risk Assessment Training - Mississippi](#)
- [Hispanic and Latino Behavioral Health Care Needs in the 21st Century](#)
- [Suicide Risk Assessment Training - Raleigh, NC](#)
- [Overview of the K-12 Toolkit for Mental Health Promotion and Suicide Prevention](#)

- [Youth Suicide: Early Detection of Warning Signs and Identifying Risk Factors](#)
- [World Suicide Prevention Conference](#)

Suicide

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ADDITIONAL RESOURCES FROM MHTTC

Resources from National American Indian and Alaska Native MHTTC:

Name of Resource	Type	Location
Suicide and Response in Indian Country – NAIAN ATTC	Webinar	https://www.youtube.com/watch?v=ZTOJn-_nMWs
Suicide Prevention in Indian Country	Document	https://store.samhsa.gov/system/files/sma16-4995.pdf
Pragmatic Considerations of Culture in Preventing Suicide	Document	https://www.counseling.org/resources/library/Selected%20Topics/Suicide/Pragmatic2004.pdf
To Live To See the Great Day That Dawns: Preventing Suicide by American Indian and Alaska Native Youth and Young Adults	Publication	https://www.sprc.org/sites/default/files/migrate/library/Suicide_Prevention_Guide.pdf
Preventing and Responding to Suicide Clusters in American Indian and Alaska Native Communities	Report	https://store.samhsa.gov/system/files/sma16-4969.pdf
Tips for Disaster Responders: Cultural Awareness When Working in Indian Country Post Disaster	Document	https://store.samhsa.gov/system/files/sma14-4867.pdf
Suicide Prevention Resource Center – American Indians and Alaska Natives	Online Resource Database	http://www.sprc.org/populations/aian
Parent Tips for Helping Infants and Toddlers after Disasters	Document	https://rems.ed.gov/docs/SAMHSA_ParentTipsInfantsToddlersDisasters.pdf
Parent Tips for Helping Preschool-Age Children after Disasters	Document	https://rems.ed.gov/docs/samhsa_parenttipspreschoolchildrenDisasters.pdf
Parent Tips for Helping School-Age Children after Disasters	Document	https://rems.ed.gov/docs/SAMHSA_ParentTipsSchoolChildrenDisasters.pdf
Parent Tips for Helping Adolescents after Disasters	Document	https://www.nctsn.org/sites/default/files/resources//pfa_parent_tips_for_helping_adolescents_after_disasters.pdf
National Child Traumatic Stress Network - Resources	Online Resource Database	https://www.nctsn.org/what-is-child-trauma/trauma-types/traumatic-grief/nctsn-resources
Healing After Trauma Skills – A Manual for Professionals, Teachers, and Families Working with Children After Trauma/Disaster	Document	https://www.cpeip.fsu.edu/storm/StormresourcesFiles/resourceFile_59.pdf

Name of Activity	Type	Description	Additional Info
Crisis and Resiliency Team TA Project NAI/AN MHTTC	TA	This collaborative technical assistance project is focused on helping communities create their own crisis and trauma resiliency teams. The following topics are addressed: identifying key stakeholders, asset mapping, identifying traumas affecting community, engaging local schools and districts, cultural considerations, community engagement	https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/crisis-trauma-resiliency-team-pilot-0

		opportunities, utilization of media, etc.	
GONA – Gathering of Native Americans Tribal Technical Assistance Center	TA	Community-based AI/AN trainers (adults, youth, and elders) and expert consultants facilitate the GONA by following its guiding principles. Skilled facilitators can safely and effectively lead a group through each day of the GONA by working to understand the community's issues and concerns in terms of their strengths. This process involves examining skills, abilities, knowledge, resources, and desires that can be used in some way to help meet the community's overall vision and goals for prevention.	https://store.samhsa.gov/system/files/sma16-4994.pdf

Resources from Region 8 Mountain Plains MHTTC

Resource Name	Format	Access
Healthy Indian Country Initiative Promising Prevention Practices Resource Guide	Guide	http://www.nihb.org/docs/04072010/2398_NIHB%20HICI%20Book_web.pdf
SAMHSA TIP 61: Behavioral health services for American Indians and Alaska Natives for behavioral health service providers, administrators and supervisors	Document	https://www.sprc.org/resources-programs/behavioral-health-services-american-indians-alaska-natives-behavioral-health
Walking Softly to Heal: The Importance of Community Readiness	Document	https://www.sprc.org/sites/default/files/CRM_NextSteps%20Final%2011-29-2016.pdf
Suicide Prevention: Resources for American Indian/Alaska Native Communities	Resource Guide	https://www.sprc.org/sites/default/files/resource-program/NCAI%20PRC%20Suicide%20Prevention%20Resource%20Sheet.pdf
Assisting Government Leaders in Risk Communication: Psychosocial Impacts of Disaster	Presentation	Will be available on the Mountain Plains MHTTC Resources website by 8/2/2019
University of North Dakota Department of Public Health Department Director – Dr. Donald Warne Enrolled Member of the Ogallala Sioux Nation	Consultant Surrounding Community Engagement	Dr. Donald Warne is an enrolled member of the Ogallala Sioux Nation, and a national expert on American Indian and Alaska Native Suicide Intervention and Prevention. Dr. Donald Warne is an M.D. M.P.H, and has served in the past as a consultant with the Mountain Plains MHTTC. A recording of Dr. Donald Warne's previous work with the Mountain Plains MHTTC can be viewed here: https://mhttcnetwork.org/centers/mountain-plains-mhttc/adverse-childhood-experiences-aces-conversation-dr-donald-warne
CDC recommendations for a Community Plan for the prevention and Containment of Suicide Clusters	CDC guideline product	https://www.cdc.gov/mmwr/preview/mmwrhtml/00001755.htm

Suicide Prevention Toolkit for Primary Care	Toolkit	https://mhttcnetwork.org/centers/mountain-plains-mhttc/other-products
To Live to See the Great Day That Dawns: Preventing Suicide by American Indian and Alaska Native Youth and Young Adults	Guide	https://www.sprc.org/sites/default/files/migrate/library/Suicide_Prevention_Guide.pdf
Suicide Reporting Recommendations: Media as a Partner in Suicide Prevention (American Association of Suicidology)	Media Toolkit	https://aas.dream.press/wp-content/uploads/2018/12/Suicide-Media-Reporting-Extended-4-merged-1.pdf
Suicide Prevention Resource Center Resources and Programs listings	Product listing web page	https://www.sprc.org/resources-programs
Suicide Rates for Females and Males by Race and Ethnicity: United States, 1999 and 2017	Severity of Problem	https://www.cdc.gov/nchs/data/hestat/suicide/rates_1999_2017.pdf

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OTHER Resources:

- Model School District Policy on Suicide Prevention: Comprehensive guide on suicide prevention that covers language, resources, and actionable steps
https://afsp.org/wp-content/uploads/2016/01/Model-Policy_FINAL.pdf
- More than Sad: Curriculum to help Teachers and Parents prevent teen suicide.
<https://afsp.org/our-work/education/more-than-sad/>
- Know the Signs: A program to help educate the public on the signs of potential suicide.
<https://www.suicideispreventable.org/>
- Working Together to Prevent Suicide:
https://www.youtube.com/watch?v=MicvRxT_Msw
- Better Ways to Prevent Suicide:
<http://www.apamonitordigital.org/apamonitor/20190708/MobilePagedReplica.action?pm=1&folio=39#pg42>
- Resources from C4 Innovations (Subcontractor of New England MHTTC):
https://center4si.sharepoint.com/:f:/s/MHTTC%20of%20New%20England/Eh1a1XkopntMtHx4C_5J5wBfFZ2NQ-FGz5dEMv3ytqL7A?e=3lys4o
- Guam conducts a suicide prevention program that their evaluation data shows was quite effective. They drew on some material developed for Native Americans and adapted them for use with Native Pacific Islander populations (GONA for instance). They reference a number of curricula on their website (www.peaceguam.org) with specific resources listed at <https://www.peaceguam.org/training-descriptions>. The first several

trainings referenced are directly about suicide prevention. They also posted their state plan for suicide prevention and early intervention at:

<https://www.peaceguam.org/community-action/state-plans-and-reports>

- Recovery Stakeholders Learning Community suicide prevention presentation (May 2019)
- Elizabeth Makulec, Kids Under Twenty One <http://www.kuto.org/>
- Suicide Safer Care webinar recording
<https://umkc.app.box.com/s/lav94cl6yhsfjy033xctfpkowm6sixtk>
- SAMHSA currently active tribal suicide prevention programs funded through Garrett Lee Smith grants:
 - The Healing of the Canoe project has worked with the THRIVE project <http://www.npaihb.org/thrive> which is a suicide prevention program funded with a Garrett Lee Smith grant to the Northwest Portland Area Health Board.