

March 2020

BLUEBONNET TRAILS COMMUNITY SERVICES

AUTISM SERVICES

NEWSLETTER



WELCOME!

The Bluebonnet Trails Autism Services team welcomes you to our weekly newsletter! Our newsletter will provide amazing activities, tips, and resources to help you while having your child/ren at home during the rest of the school year! We know you will do an amazing job and we are here to support you along the way!

Together we are stronger!

Reach out to BTCS for more info about the Autism Team or for other services and intakes at 1-844-309-6385



ACTIVITY:

Here is an activity to try with you child/ren at home with minimal cost! Try this taste safe slime for some gooey fun!

What you will need:

1/4 cup chia seeds

1 + 3/4 cup of water

- Food coloring

3-4 cups of corn starch

Mix the chia seeds, food coloring and water. Cover and refrigerate over night. Uncover and add the corn starch a little at a time. About a cup at a time. Mix until you reach a desired consistency. Should be like regular slime. Enjoy!

