

NA Virtual Meetings

- <https://virtual-na.org/meetings/>
- <http://meetings.nabyphone.com/>

AA Virtual Meetings

- <http://www.aameetingonline.com/> (Mon, Wed, Fri 7:30am, 10pm EST)
- <http://aa-intergroup.org/directory.php> (Online Intergroup, list of online meetings)

MAT Virtual Meetings

- For those in MAT services, Medication-Assisted Recovery Anonymous is having Tues/Thurs meetings at 11am via Zoom from March 24 until at least May 28
 - <https://zoom.us/j/602750376>
 - Meeting ID 602 750 376
 - Dial by location, Houston, 1-346-248-7799

Multi-Meeting Site:

- <https://www.12step-online.com/> (AA, NA, Christian, Al-Anon, Nar-Anon)
- SMART Recovery <https://www.smartrecovery.org/community/calendar.php>
- In The Rooms <https://www.intherooms.com/home/live-meetings/>
- Multiple 12-step program resources online: <https://www.12step.org/social/online-meetings/>
- AA groups and discussion forums: <http://aa-intergroup.org/directory.php>
- NA: <https://www.na.org:443/meetingsearch/text-results.php?country=Web&state&city&zip&street&within=5&day=0&lang&orderby=distance> and <https://www.neveraloneclub.org/>

NEVER ALONE IN AUSTIN
Phone and Online Video Meeting of Narcotics Anonymous

Monday-Friday, 5:30pm-6:30pm Central Time

Stay connected with recovering addicts in Central Texas who cannot attend in-person meetings during the COVID-19 outbreak.

Open to all addicts everywhere!

Call into the meeting by phone: **(346) 248-7799**
Enter the Meeting ID: **916-338-0135#** (Press # again when it asks for your participant number)

Link to connect to the meeting from a computer or smartphone using Zoom:
<https://zoom.us/j/9163380135>

To get a clickable link to the meeting, or for technical support, send a text message or email to Lisa M:
626-848-2185 / lisatheprofessional@gmail.com

****Virtual meetings are meant to supplement, not replace face-to-face meetings! Please continue to make face-to-face meetings whenever possible.****