ONLINE COMMUNITY RECOVERY RESOURCES

NA Virtual Meetings
- https://virtual-na.org/meetings/
- http://meetings.nabyphone.com/

AA Virtual Meetings
- http://www.aameetingonline.com/ (Mon, Wed, Fri 7:30am, 10pm EST)
- http://aa-intergroup.org/directory.php (Online Intergroup, list of online meetings)

MAT Virtual Meetings
- For those in MAT services, Medication-Assisted Recovery Anonymous is having Tues/Thurs meetings at 11am via Zoom from March 24 until at least May 28
  - https://zoom.us/j/602750376
  - Meeting ID 602 750 376
  - Dial by location, Houston, 1-346-248-7799

Multi-Meeting Site:
- SMART Recovery https://www.smartrecovery.org/community/calendar.php
- In The Rooms https://www.intherooms.com/home/live-meetings/
- Multiple 12-step program resources online: https://www.12step.org/social/online-meetings/
- AA groups and discussion forums: http://aa-intergroup.org/directory.php

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**NEVER ALONE IN AUSTIN**
Phone and Online Video Meeting of Narcotics Anonymous

Monday-Friday, 5:30pm-6:30pm Central Time

Stay connected with recovering addicts in Central Texas who cannot attend in-person meetings during the COVID-19 outbreak.

Open to all addicts everywhere!

Call into the meeting by phone: (346) 248-7799
Enter the Meeting ID: 916-338-0135# (Press # again when it asks for your participant number)

Link to connect to the meeting from a computer or smartphone using Zoom:
https://zoom.us/j/9163380135

To get a clickable link to the meeting, or for technical support, send a text message or email to Lisa M:
626-848-2185 / lisatheprofessional@gmail.com

**Virtual meetings are meant to supplement, not replace face-to-face meetings! Please continue to make face-to-face meetings whenever possible.**