

# Community Resources for Older Adults:

## AGE of Central Texas

512-451-4611  
www.AGEofCentralTX.org

**Information & Resource Center:**  
512-600-9275  
Email: ResourceCenter@AGEofCentralTX.org

**Health Equipment Lending Program:**  
512-600-9288  
Email: Equipment@AGEofCentralTX.org



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## Alzheimer's Association - Capital of Texas

(512) 592-0990

Master's-level clinicians are available around the clock to provide in-depth care consultations, a free-of-charge care navigation service offered to families at any stage of the disease.

**24/7 Helpline:**  
800-272-3900  
www.ALZ.org



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## Area Agency on Aging of the Capital Area

**Aging Services Information, Referrals, and Assistance:**  
512-916-6062 or 888-622-9111

**Capital Area Aging & Disability Resource Center:**  
855-937-2372

- Resources Navigation
- Housing Navigation & Support
- Lifespan Respite Grant Program
- Austin Energy Plus 1 Program
- Benefits Counseling
- Long-term Care Ombudsman Program

