

Caregiving Webinar Series

Caregiving in Texas

The Texas Health and Human Services (HHS) Aging Services Coordination office is hosting a caregiver webinar series beginning in August with monthly lunchtime webinars and ending with a series of weekly webinars during National Family Caregivers Month in November. The webinar series is for caregivers, people who work with caregivers and anyone interested in caregiving.

Click the links below to register to learn about a range of different caregiving topics.

- [Aug. 16, noon, Strengthening the Care You Give](#)
Presenters: Holly Riley, Camden Frost and Claire Irwin, HHS Aging Services Coordination
- [Sept. 20, noon, The Importance of Self-Care while Caregiving](#)
Presenter: Lillian Nguyen, MA, HHS Office of Mental Health Coordination
- [Oct. 18, noon, Caregivers in the Workplace](#)
Presenter: Tina Smith, CADDCT, CDP, WellMed Charitable Foundation
- **November Series:**
 - [Nov. 1, noon, Trauma-Informed Care and Caregiving](#)
Presenter: Holly Fullmer, MS, CDCORP, CTCM, HHS Office of Mental Health Coordination
 - [Nov. 8, noon, Caregiving and Veterans](#)
Presenter: Kimberly Oakman, MSN, RN, South Texas Veterans Health Care System
 - [Nov. 15, noon, Cultivating Community and Support for the Lifespan: Caregiving for Children with Disabilities](#)
Presenters: Navigate Life Texas and Parent to Parent
 - [Nov. 29, noon, Overview of Supports for Caregivers and Care Recipients](#)
Presenters: Yvette M. Lugo, LMSW, Rio Grande Area Agency on Aging, and Melanie Wright, HHS Office of Aging and Disability Resource Center



Questions? [Email the Age Well Live Well inbox.](#)