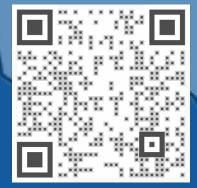
# FREE CLASSES in Texas

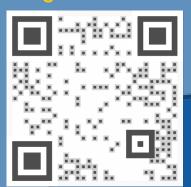
# Support and Empowerment Program for Persons with IDD and their Caregiver

Classes focusing on aging with an intellectual/developmental disability (IDD) in the areas of health, finances, spirituality, caregiver care, nutrition, and physical fitness.

### Program Information



### Class Registration



## For Registration and Additional Information Contact:

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