

OUR MISSION:

Continuously improve the health and independence of the persons we serve.

IMPACT FOR OUR COMMUNITIES:

Bluebonnet Trails has been serving communities in Central Texas since 1997, providing beneficial healthcare services for individuals in their home communities. Over 1,123,000 persons reside in our eight counties, spanning over 6,900 square miles. During Fiscal Year 2024, our dedicated teams served over 39,000 Central Texans. Our goal is to continue to positively impact the health of our communities through easy access to our expanding array of meaningful services.



SERVING CENTRAL TEXANS

Bastrop • Burnet • Caldwell • Fayette • Gonzales
Guadalupe • Lee • Williamson Counties

Autism Treatment

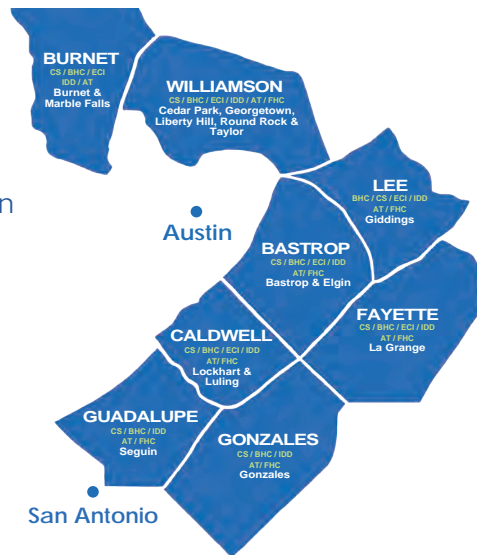
also offered in Travis and Hays Counties.

OSAR

offered in 30 counties in Central Texas.
Please call for details.

Phone: 844-309-6385
www.bbtrails.org

Follow us on:



24/7 Crisis Line: 800-841-1255

Appointments or Information: 844-309-6385

www.bbtrails.org



Healthy & Fulfilled Lives

OUR SERVICES



FOR APPOINTMENTS OR INFORMATION ABOUT SERVICES: For families seeking access to services, Bluebonnet Trails offers a central call center assisting with questions, appointments, and navigating through local options for healthcare. To speak with an informed specialist, call: **844-309-6385** from **7:30 a.m. - 5:30 p.m.**

CRISIS SERVICES (CS): Our well trained staff are dedicated to assisting persons experiencing a psychiatric crisis, regardless of diagnosis. Short-term stabilization stays are available for intensive levels of care through our Extended Observation Unit and adult and youth respite units. Our professional staff are available to talk with you 24 hours a day, 7 days a week through our Crisis Hotline at 800-841-1255.

AUTISM TREATMENT (AT): Our Autism program provides a family centered approach to teaching individual skills needed to succeed at home, school, and in the community. Our Board Certified Behavior Analysts offer research-based strategies to address compliance, speech, language and life skills, academics, social skills and more within the individual's home and community. You can find our Autism program offered in 10 Central Texas counties.

FAMILY HEALTH CARE (FHC): Our Family Health Care Centers provide a combination of preventative medical care, dental services, behavioral healthcare, developmental services, and substance use services. Our collaborative healthcare team provides care for the whole person to reach a healthy and fulfilled lifestyle.

MENTAL HEALTH AND SUBSTANCE USE SERVICES (BHC): Our behavioral health care (BHC) team of psychiatrists, counselors, peers, and other skilled clinicians provides medication management, individual, family and group therapy and coping skills training to assist individuals in reaching their desired wellness goals. We also offer substance use Outreach, Screening, Assessment and Referral services through our OSAR Program, covering a 30-County area of Central Texas to provide the best options for inpatient and outpatient treatment. Our licensed substance use counselors work collaboratively with individuals to create a recovery plan based on meaningful goals and interventions that promote long-term recovery. One of the keys to our success is our peer specialists' unique insight into the recovery journey.

EARLY CHILDHOOD INTERVENTION (ECI): For babies and infants from birth to 3 years of age, our Early Childhood Intervention program helps children reach their greatest potential in achieving developmental milestones. Our team focuses on working with families and children in their natural home settings, offering support where children live, learn, and play.

INTELLECTUAL AND DEVELOPMENTAL COORDINATION AND SUPPORT SERVICES (IDD): Our professional staff provides service coordination, diagnostic and evaluation services, community living supports, respite and employment services, and counseling. Our team works with families to support the growth of loved ones, focusing our approach on enriching the individual's life within their community.

Outpatient Clinic Locations:

Bastrop	275 Jackson Street, Bastrop 1602 Hill Street, Bastrop 711 West 10th Street, Elgin
Burnet	4606 Innovation Loop, Marble Falls
Caldwell	2060 South Colorado Street, Lockhart
Gonzales	228 Saint George Street, Gonzales
Fayette	750 West Travis Street, La Grange
Guadalupe	1104 Jefferson Street, Seguin
Lee	849 East Industry Street, Giddings
Williamson	1009 North Georgetown Street, Round Rock 404 Carlos G. Parker Blvd. NW, Taylor 1401 Medical Pkwy, Bldg C #300, Cedar Park 155 Hillcrest Lane, Liberty Hill

School-based services are offered in **Bastrop, Burnet, Elgin, Georgetown, La Grange, Lockhart, Marble Falls, Seguin, and Taylor Independent School Districts.** Please visit www.bbtrails.org for details.

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