

PADRES



Parenting Awareness Drug Risk Education Services



Program Overview

WHAT IS PADRES?

Bluebonnet Trails Community Services Parenting Awareness Drug Risk Education Services (PADRES) program delivers substance use intervention services to help decrease the effects of substance use within the family while increasing access to community resources and education.

WHO CAN PADRES HELP?

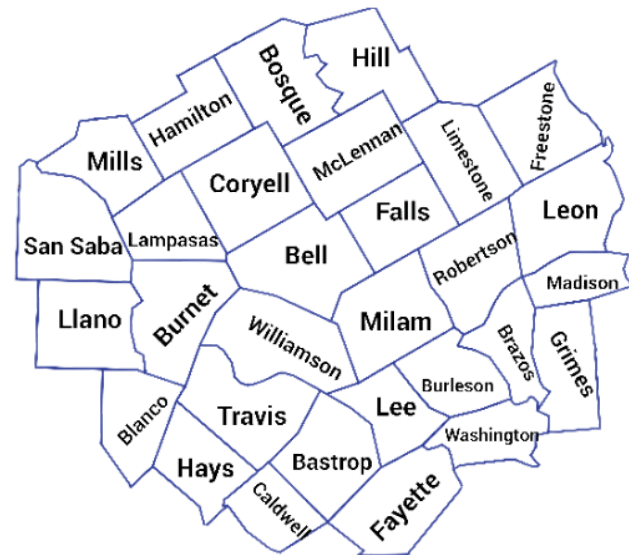
PADRES is available to parents of children under the age of 6 or expectant parents who meet the eligibility criteria below, regardless of gender or age. Participants must reside in the 30 counties that make up Region 7 (pictured at right).

WHAT IS THE ELIGIBILITY CRITERIA?

Participants will be accepted into the program upon meeting one or more of the following risk factors:

- Current/past involvement with Child Protective Services
- Current/past use or dependence on alcohol or other drugs
- Current/history of domestic violence
- Current/history of mental health challenges
- Current/past experience with physical, sexual, or emotional abuse
- Living in a household with drug use
- Current/past drug-related criminal offense
- Financial distress

PADRES is available to residents of 30 Central Texas counties in Region 7



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WHAT SERVICES ARE OFFERED?

Our person-centered, trauma-informed, and culturally competent services are offered in-person and virtually based on preference and availability. We will work with each individual to develop a personalized care plan that meets their unique needs. PADRES services include the following:

- Supportive case management
- Parenting classes and peer support groups
- Pregnancy and reproductive health education
- Family bonding and healthy lifestyle activities
- Referrals to intervention/treatment services
- HIV, STD, and substance use harm reduction education and resource distribution
- Referrals to community programs and resources
- Utility, housing, or financial planning/resources
- Family violence resources and safety planning
- Education on substance use and its effects on the family
- Wellness and self-care tools

WHAT IS THE REFERRAL PROCESS?



Call our Appointment and Information Line to request a screening:

844-309-6385



For questions about PADRES, or to make a referral, email us at SUD_Admin@bbtrails.org or visit

bbtrails.org/substance-use-services/



A case manager will make contact within 3 business days of receiving a referral



Appointments and Information Line: **844-309-6385**

24/7 Crisis Line: **800-841-1255**

www.bbtrails.org

Bluebonnet  Trails
Community Services