LOCAL RESOURCES

"LOCAL RESOURCES"

Substance Use and Recovery Supports

Find your Local Mental Health or Behavioral Health Authority

https://hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-useresources/find-your-local-mental-health-or-behavioral-health-authority

Find your Local Mental Health Authority Crisis Numbers

https://hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services

HHSC - Substance Use Service Locations

https://txdshsea.maps.arcgis.com/apps/webappviewer/index.html?id=f2fb359d9a4249f289cd8d241c3b78de

Region 7 - Substance Use Intensive Outpatient Treatment Providers

Austin Travis County Integral Care (ATCIC)

Oak-Springs Intensive Outpatient Treatment (TRA)

Address: 3000 Oak Springs Drive Building A, Austin, TX, 78702 Phone: 512-804-3526 | Intake Line: 512-804-3526 ext. 0

https://integralcare.org/program/oak-springs-treatment-program/

Bee Cave Recovery (Offering Virtual Outpatient Treatment)

Address: 1114 Lost Creek Blvd Suite G-40, Austin, TX 78746 Phone: 737-222-5155 | https://www.beecaverecovery.org/

Bluebonnet Trails Community Services | Bluebonnet-Trails-Recovery | SUD Program IOP

*Please let admin know on the phone that you are looking for an outpatient intake appointment.

LOCATIONS: Bastrop | Cedar Park | Lockhart | Marble Falls | Round Rock | Seguin

Intake and Appointment Line: 1-844-309-6385 | https://bbtrails.org/substance-use-services/

BVCASA: Brazos Valley Council on Alcohol and Substance Abuse

Tricare/Military Insurance, Payment Assistance, Medicare, Medicaid, State Financed, Access to Recovery Voucher

Address: 4001 E 29th Street, Bryan, TX 77802

Phone: (979) 846-3560 | http://bvcasa.org/

Care Counseling Services a Program of Cenikor Foundation

(Locations for Adult IOP: Amarillo, Corpus Christi, Houston, Killeen, and Tyler)

Access Line: 1-888-236-4567 | https://www.cenikor.org/locations/

Clean Investments Inc. | Intensive Outpatient (IOP)

Address: 1212 E Anderson Ln # 300 and #500, Austin, TX 78752 Phone: 512-477-6690 | http://www.cleaninvestmentsinc.com/

Employment Services

Goodwill Community Center 1015 Norwood Park Blvd Austin, TX 78753 512-637-7100

https://www.goodwillcentraltexas.org/education-job-training/find-a-job

Workforce Solutions Capital Area

https://www.wfscapitalarea.com/

"LOCAL RESOURCES"

Substance Use and Recovery Supports

https://www.wfscapitalarea.com/our-services/job-search-training/

North Center: 6505 Airport Blvd, Ste 101 Austin, TX 78752 | Phone: 512-454-9675 East Center: 3401 Webberville Rd, Bldg 1000 Austin, TX 78702 | Phone: 512-223-5400

South Center: 6505 Burleson Road Austin, TX 78744 | Phone: 512-381-4200

Austin Day Labor: https://www.austintexas.gov/department/day-labor

4916 N. IH 35 Service Road Austin, TX 78751

Dewitty Job Training & Employment Center

2209 Rosewood Avenue, Ste 210 Austin, TX 78702 | Phone: 512-472-5718

Educational Assistance

Capital Idea

https://www.capitalidea.org/

Childcare Services

Workforce Solutions Childcare & Early Learning COVID-19 Information:

https://www.wfscapitalarea.com/our-services/childcare/#covid https://www.wfscapitalarea.com/our-services/childcare/#resources

Potential Local Parenting Classes

Any Baby Can

Address: 6207 Sheridan Ave, Austin, TX 78723

Phone: (512) 454-3743

Strong Start

Address: 4800 Manor Rd A, Austin, TX 78723

Phone: (512) 267-7233

Partners in Parenting

Address: 4300 Speedway, Austin, TX 78765

Phone: (512) 829-1704

Putting Kids First Parenting Class

Email: customerservice@puttingkidsfirst.org

Phone: 888-777-2298

https://puttingkidsfirst.org/parenting-class.html

Bluebonnet Trails Community Services

PADRES: Parenting Awareness Drug Risk Education Services Available to residents of the 30-county Region 7 area.

Appointments or Services: 1-844-309-6385 https://bbtrails.org/substance-use-services/

Medical Resources

HIV - ASA Moody Medical Clinic

Offering HIV & Primary Care, PrEP/PEP, Sexual Wellness, and Behavioral Health.

Phone: 512-648-2273 | Testing: § 512-600-8378

https://viventhealth.org/

Shelters and Supportive Housing

https://www.shelterlistings.org/city/austin-tx.html

"LOCAL RESOURCES"

Substance Use and Recovery Supports

Clothing

Austin Baptist Chapel

908 E. Cesar Chavez, Austin, TX 78702

Phone: (512) 474 2666

Men's clothing Saturday at 9:00 am

Heaven's Harvest

1734 Rutland Dr, Austin, TX 78758

Phone: 512-836-3282 Provides clothing Mondays

6:30 pm to 8:00PM

HOPE Chest

3110 A. Manor Rd, Austin, TX 78723

Phone: 512-457-0999

Hours: Tuesday/Thursday 4:30-7:00 pm

Olivet Baptist Church Helping Hands Center

1161 San Bernard St, Austin, TX 78702

Phone: 512-472-2298

Provides clothing during center hours: Tues 9AM-12PM | Thurs 3PM-6PM

Saturday 9:00 am - 12:00 pm

Legal Services

The Family Helpline

Chat with a TLSC Attorney about parenting legal issues like visitations, custody, and modifications to those types of court orders.

https://www.tlsc.org/family

Austin Recovery Network: Peer Support and University High School

Peer Support Group | Phone: 281-380-2443

Our peer support group aims to help adolescents and their families to recover from the harm caused by substance use and addiction. This program serves adolescents and young adults ages 13-21.

University High School | Phone: 512-382-0072

University High School is a sober high school in Austin, Texas, for students in grades 9-12 in recovery from a substance use disorder who are committed to remaining abstinent from alcohol and other drugs.

Email: info@austinrecovery.org | Website: www.austinrecovery.org

Communities For Recovery

At Communities for Recovery, we believe there are millions of tiny moments which make up a life in recovery.

Located in: Austin State Hospital | Address: 4110 Guadalupe St #635, Austin, TX 78751

Phone: (512) 758-7686 | https://communitiesforrecovery.org/

Housing, Utilities, Glasses, Bus Tickets, and More!

Integral Care - East 2nd Street

Address: 1631 E 2nd St, Austin, TX 78702

Hours: Open · Closes 5 PM

Boxing Day might affect these hours

Phone: (512) 472-4357

First United Methodist Church of Austin Address: 1201 Lavaca St, Austin, TX 78701

Hours: Open · Closes 2:30 PM
Boxing Day might affect these hours

Phone: (512) 478-5684

Lifeworks Austin

Address: 3700 S 1st St, Austin, TX 78704

Hours: Open · Closes 8 PM

Boxing Day might affect these hours

Phone: (512) 735-2400

Basic Needs Assistance by St. Austin Catholic Parish Services this program provides: help pay for utilities emergency food help pay for housing bus passes Call 512-477-1589 to apply.

SUNRISE HOMELESS NAVIGATION CENTER



(512) 522-1097

The <u>Sunrise Homeless Navigation Center</u> is changing the narrative on homelessness in Travis County by challenging the status quo in both the public and private sector.

Services Offered to the Homeless from 9-1 Weekdays:

- Address for Receiving Mail
- Food XChange & Clothes XChange (Filled through Community Partners & Individual Donations)
- Case Management & Housing Navigation
- Meals
- Coordinated Housing Assessments
- Document Storage
- ID Help

Weekly Services Offered by Sunrise or In-House Partners:

- Showers (Wednesdays & Sundays)
- Free Clinic (Thursdays)
- MAP Signups (Thursdays)
- VA Consultations (Wednesdays)
- SOAR Assistance with Social Security Disability (Thursdays/Fridays)
- Integral Care Consultations (Mondays & Thursdays)
- STD Testing (as needed)
- Drug & Alcohol Treatment Referrals (as needed)

Partner Organizations:

- Austin ISD
- Austin-Travis County Community EMS
- Austin Police Department
- Caritas
- CD Doyle Clinic
- City of Austin

- CommUnity Care
- ECHO (Ending Community Homelessness)
- Father Joe's
- Front Steps
- House the Homeless
- Integral Care
- Lifeworks
- Mary Catholic Worker House
- Mobile Loaves & Fishes
- Religious Coalition to Assist the Homeless
- Saint Vincent DePaul
- Texas State University
- Travis County Sheriff
- Travis County Constables (All precincts)
- Trinity Center
- UT Med School
- VA

CONTACT US

Want to get ahold of us or ask us a question? Try these:

Main Location:

4430 Manchaca Road

Austin, TX 78745

Navigation Center @ Care Connections Clinic:

3706 S. First St. Austin, TX 78704

Bus Routes: #3, #105, #315, #484 (Overnight)

Main Phone: (512) 444-4673 SNYP Phone: (512) 444-3326 Navigation Center: (512) 522-1097

Fax: (737) 212-0336

Email: sunrise@sunriseaustin.org



BUBBL TRANSPORTATION

Bubbl Investments, LLC was founded, and is owned and operated, by a group of Dallas-based individuals, including the former Dallas Deputy Chief of Police. Our rides are driven by off-duty or retired police officers who have been thoroughly vetted. They drive vehicles owned, insured, and maintained by the company. By blending the ease of technology and the best in transportation service, you can be confident knowing that your children, your family, and your friends are going to be completely safe when they are wrapped in a Bubbl.

All of our officers are either currently active peace officers or honorably retired peace officers. As such they are all licensed (retired/LTC, formerly CHL) to carry a weapon. Because all of our officers are off-duty they are not required by Bubbl to carry a weapon on them while driving.

What to Do/Send:

- Client must verbally or sign an acknowledgement form
- Send an Email to Ashley Kendrick and Lisette Mayoral
 - o Name
 - o ID#
 - Verified Address and Gate Code If Applicable:
 - O Verified Phone Number:
 - How many passengers:
 - o Round Trip:
 - o Car seat or boaster needed:
 - O Date of Appointment and appointment time:

FAQ:

- For BBT Youth Clients-parents should ride with their kids to appointments.
- Monday-Friday 7am-10pm
- They will send text or calls to remind of BUBBL transportation for appointments.
- All rides are video tapped and are on file for a few days.
- Drivers may conceal carry.
- Drivers use company cars not personal cars



Bubbl Transportation Acknowledgement

About Bubbl

Bluebonnet Trails Community Services (BTCS) now contracts with Bubbl, a transportation company operated by retired and off-duty police officers. Please note the interior and exterior of the vehicle is video recorded, and as a licensed peace officer, the driver may be carrying a concealed handgun. Both measures are purely for the safety of the passenger and the driver and serve no other purpose.

For more information about the company, visit: https://www.bubbl-dallas.com/ or download the Bubbl IOS App.

Riding with Bubbl

All rides are scheduled in advance through the BTCS clinic. BTCS authorizes payment of rides for eligible persons at its sole discretion.

Please notify Bluebonnet Trails Community Services at least <u>48 hours in advance</u> if you need to cancel your ride. Please also notify the clinic during scheduling if you will need room for additional passengers (i.e. parent, guardian, children) or if you need a car seat.

Riders who fail to cancel 48 hours in advance may no longer be eligible for rides.

Acknowledgment

By accepting the ride and signing below, I consent to th above.	e ride and acknowledge the inform	ation
Signature (Passenger or Legal Guardian)	Date	
Printed Name of Passenger		

Printed Name of Legal Guardian (if applicable)

A&D EVALS & PARENTING CLASSES

Drug Evaluations | Drug Assessments for Court Purposes

This is not an endorsement of any particular entity. If you feel concerned about practices or a licensed professional, please contact HHSC: Complaint Hotline: 1-800-458-9858, Option 5 | Email: hfc.complaints@hhs.texas.gov



Rose Counseling Center

Provides evaluations for courts, attorneys, probation, out of state, truck drivers and most areas of need. Also provide treatment services which include IOP, SOP, Relapse IOP, DWII (32 hr.) DOEP (15 hr.) Call to make an appointment or for more information!

The cost for assessments ranges from \$150 to \$250 in state vs out of state.

Located in: Fort View Office Center

Address: 1825 Fort View Rd #106, Austin, TX 78704

Phone: (512) 768-9112



NEW DIRECTIONS ASSESSMENTS

Fast, Reliable Court-Ordered Alcohol Assessments and More | Pflugerville, TX Address: 15301 N. IH 35 Suite C2 Pflugerville, Austin TX 78722 | CALL NOW: (512) 872-5221

Working Hours: Tue – Sat 10:00 – 7:00 | Sun-Mon CLOSED

Complete your alcohol assessment at our convenient kiosk location.

The tablets at our kiosk locations allow you to register, pay, and complete an assessment. https://www.ndsbs.com/locations/tx/pflugerville/15301-n-ih-35-suite-c2-115



Travis County Counseling and Education Services (TCCES)

Intake and Assessment: 1010 Lavaca, 2nd floor, Austin, TX 78701

Phone: (512) 854-9540 | Fax: (512) 854-9146

The Alcohol and other Drug (AOD) Assessments are conducted Virtually. CALL (512) 854-9540 to begin the assessment process. NO APPOINTMENT necessary to complete the assessment process. Upon completion of paperwork, a VIRTUAL assessment appointment will be scheduled with a licensed counselor to complete the assessment. The VIRTUAL assessments can take approximately 2 to 3 hours to complete. CES needs a CES Referral Form (en Español) from the referring agency/defense attorney. The cost of AOD is \$55.00, due at the time of assessment. Fee payable only by Credit Card (3% Processing Fee), Money Order or Cashier's Check, no cash or checks are accepted.

https://www.traviscountytx.gov/counseling-education/alcohol-assessment



A Better Life Treatment Centers

The primary purpose of an Alcohol and Drug Evaluation (sometimes referred to as a Substance Abuse Evaluation for Non-DUI clients is to comprehensively assess the symptoms present in the individual and consequently determine whether these constitute an addictive disease and/or co-occurring psychiatric disorder. Alcohol and Drug Evaluation are often court-ordered and/or recommended by a criminal defense attorney or probation officer for alcohol or drug-related charges. We conduct the following Evaluations, \$130 – Regular Rate, \$89 – When Pre-Paying (Non-DUI)

https://abetterlifetreatment.org/alcohol-and-drug-evaluations/



Alcohol & Drug Awareness Institute

Alcohol and Drug Assessments | Return to Duty SAP Assessments 512.459.3940 | 9415 BURNET ROAD SUITE 204, AUSTIN, TEXAS 78758 DWI Education Program \$70 | Drug Offender Program \$90 | Alcohol Program for Minors \$50 https://alcoholanddrugawareness.com/



Austin Changes Counseling and Education Services

Austin Location: 5555 North Lamar Blvd Ste. E-119, Austin, Texas 78751

Office Phone: 512-257-0066 | After Hours Phone (Text Messaging Available): 512-888-4903 DWI Education Programs Available (Those with a DWI Offense), DWI Intervention Programs

Available (Those with more than one DWI/DUI/OWI/DWAI)

DOEP- Drug Offender Education Program (Those with Possession Offenses), CDL Drivers

Needing an Substance Abuse Professional, Safety Sensitive Persons SAP Services (Assessment), DOT Drug Test (Return-to-Duty)

Call Today 512-257-0066 or Text Changes Counseling 512-888-4903

http://www.changescounseling.com/

Other -Parenting -Class -Resources:	ıry Park E	713-530-6868	livingchanged@aol.com
RAVIS COUNTY			
Any Baby Can Address: 6207 Sheridan Ave, Austin, TX 78723 Phone: (512) 454-3743 Strong Start Address: 4800 Manor Rd A, Austin, TX 78723	Aware Central Texas Address: 212 W Adams Ave, Temple, TX 76501 Phone: (254) 939-7582		
Phone: (512) 267-7233	y Park Bh <mark>SAN MARCOS, TEXAS</mark>	512-554-7609	gleigh@rocketmail.com
Partners in Parenting Address: 4300 Speedway, Austin, TX 78765 Phone: (512) 829-1704	Greater San Marcos Youth Council Address: 1402 N Interstate 35, San Marcos, TX 78666 Creek Sidphone: (512) 754-0500	573-795-7658	Rojodavis831@gmail.com
WACO, TEXAS	SAN ANTONIO, TEXAS	512-988-0727	Vthall.vh@gmail.com
ACH Family Outreach Address: 524 W Waco Dr, Waco, TX 76701 Phone: (254) 750-1263	gress AviGuardian House	512-914-4579	Pastordnixon@hotmail.com
	Address: 1818 San Pedro Ave, San Antonio, TX 78212 y Hill Rd Phone: (210) 733-3349	512-359-2718	Anthony.herrera2@g.austincc.edu
Care Net: Pregnancy Center of Central Texas ZOOM) Address: 7110 Sanger Ave., Waco, TX 76712	Parents' Academy Address: 1135 Mission Rd, San Antonio, TX 78210 Phone: (210) 532-0894	217-597-3044	FCohhlifein focus@gmail.com
Phone: 254-772-6175	SA Hope Center Located in: Oak Hills Church - Westside Address: 321 N General McMullen Dr, San Antonio, TX 78237 Phone: (210) 732-3776 BURNET COUNTY Cari G. Foote, MA Address: 606 Ave J, Marble Falls, TX 78654 Phone: (830) 693-0530 Phoenix Center Address: 3340 State Hwy 71 W, Horseshoe Bay, TX 78657 Phone: (830) 637-784	830-200-6678	Livingfocused@yahoo.com

HOW TO CONTACT INSURANCE

Verbiage on Contacting Insurance

Contains Protected Health Information: Contacting-Insurance

Please contact your insurance company to seek out providers for treatment covered on your plan.

The absolute fastest way to find providers would be to contact your insurance directly!

- 1. Ask for substance use benefits
- 2. Ask for a list of providers for substance use treatment
- 3. Call each provider/facility for more information, payment options, and your insurance plan benefits
- 4. Request a list of treatment providers covered on your plan to be sent to you via email
- 5. If your insurance plan does not cover ANY substance use treatment (inpatient, outpatient, detox, or MAT services), please get written proof of that to be used for the Financial Eligibility through OSAR.

BCBS Medicaid - Important Contact Info

Behavioral Health Services Hotline

For the Behavioral Health Services Hotline, call Magellan Health Services at 1-800-327-7390 (TTY 1-800-735-2988). You can call 24 hours a day, 7 days a week.

You can speak with someone in English or Spanish. You may also request interpreter services.

Mental Health/Substance Abuse services do not need an OK from your PCP when you are not in the hospital, but you do have to see a Magellan provider.

Magellan also offers emergency and crisis support. If you or your child is having a mental health emergency, call Magellan. You may call at any time of day or night, and on any day of the week.

Provider Services Hotline

If your provider needs to contact us, they may call the Provider Services Hotline at 1-877-784-6802 from 8:00 a.m. to 8:00 p.m. Central Time, Monday through Friday.

Your provider can contact us with questions about eligibility, benefits, provider network referrals or claim statuses. They can also contact us about appeals and complaints.

MENTAL HEALTH RESOURCES

We are looking for the **Right People** who are knowledgeable
in these disciplines and more:

- Psychiatrists
- Psychologists
- OT/PT/SLP Therapists
- Licensed Professional Counselors
- Case Managers
- Early Intervention Specialists
- Accounting Staff
- Clerical Support Staff
- Direct Care Services
- And many other administrative positions

Benefits

At Central Counties Services, you will be a part of a diverse, driven team of people whose experiences and success are real. We offer comprehensive benefit plans including an attractive Paid Time Off (PTO) and Retirement Plan. We also offer health and dental care, life insurance, and continuing education benefits.

Contact Us

Find out more about how you can become part of the Central Counties Services Team at central countiesservices.org.



Apply Now

(254) 298-7044

centralcountiesservices.org



Who We Are, Who We Serve

Meeting Behavioral and Developmental Needs



Mission:

"Improving the Lives of the People We Serve."

Serving the residents of Bell, Coryell, Hamilton, Lampasas, and Milam Counties since 1967.

Human Resources
Temple Main Office & Clinic
304 South 22nd Street
Temple, TX 76501
(254) 298-7000

Our Vision

A community where all people grow and develop in a healthy and vigorous way.

Inspire + Empower + Support = Hope and Recovery



Your Journey Begins Here

At Central Counties Services, you will find employees who are on more than a career path, they are on a journey.

A Great Place to Work

Central Counties Services seeks people with a desire to take their careers to new heights through the wealth of experiences and development opportunities available here.



About Us

Central Counties Services has served over 70,000 people with mental disabilities since 1967. The Center's services have fluctuated over time depending on funding available. The changing state and federal rules that accompany the Center's funding have also played a role in determining what services are provided for specified populations in the Center's five-county catchment area. The activities at the Center tell a story of how the Center was started and continues to meet the complex challenges of the times. Much has been accomplished toward moving the Center from its early caretaker role to being a high quality sophisticated treatment agency that proudly serves the citizens in Bell, Coryell, Hamilton, Lampasas, and Milam counties.





Services We Provide

- Adult Behavioral Health Services
- Children & Adolescent Behavioral Health Services
- Early Childhood Intervention Services
- Intellectual & Developmental Disabilities
 Services



Hill Country MHDD Centers

Outpatient Substance Use Services

Providing an array of person-centered treatment [face-to-face & virtual options]

All services are provided by Licensed Chemical Dependency Counselors & Certified Recovery Peer Specialists





Structured Outpatient Program - Adult 18+ yo

The 16 week Adult OP Program begins with initial screening & comprehensive clinical assessment to determine eligibility. Participants attend weekly educational & counseling groups and Individual counseling sessions. Participants collaborate with counselors on person-centered treatment plans, with focus on short-term and long-term goals for continued recovery. Commitment to 1-3 hrs. each week.

Contact:

Kim Williamson M.A. LCDC Outpatient Program 830-496-3865 ext: 3291

kwilliamson@hillcountry.org

Structured Outpatient Program - Youth 13-17 yo

Outpatient Youth

This program allows youth to live at home and attend school while in treatment. Includes individual and group counseling, early recovery & relapse prevention education using evidence-based curriculums, person-centered treatment plan with short-term and long-term goals for continued recovery. Also includes family counseling, parent education. Length of program varies based on individual needs.

Contact:

Kim Williamson M.A. LCDC Outpatient Program 830-496-3865 ext: 3291 kwilliamson@hillcountry.org

Medication Assisted Treatment



An evidenced-based approach for Opioid & Alcohol Use Disorders designed to sustain long-term recovery & prevent overdose with harm reduction counseling & FDA approved medication

Assessments

Management of Withdrawal Symptoms
Individual and Group Counseling
Chronic Disease Education & Skills Training
Service Coordination and Planning
Linkage and Referrals

Contact:

Dana Cardwell LPC LCDC MAT Director Ph: 512-558-2000

Email: MAT@hillcountry.org

Recovery Peer Support



Providing Recovery Peer Support to increase long-term recovery Recovery Peer Specialists help initiate services such as counseling, sober housing, transportation, & medications. Recovery Peer Specialists provide recovery support before, during, and after treatment. Enrollment is scheduled by Recovery Peer Support Specialists. Sessions may be held on a weekly/monthly basis depending on need.

Contact:

Layna Weber-Daugherty RSPS, MHPS 830-496-3883 ext. 3255 lweber@hillcountry.org

Co-Occurring Psychiatric & Substance Use Disorders



COPSD Outpatient Services are offered at HC Mental Health Clinics. Licensed Chemical Dependency Counselors provide education & skills development for coping with the challenges of substance use and mental illness. Evidence-based curriculums focus on harm reduction, early recovery and relapse prevention. Length of services is based on Treatment Goals & Objectives.

Contact:

Mary Beth Roper M.A. LCDC Scheib MH Clinic (512) 392-7151

Cary English B.A. LCDC New Braunfels MH Clinic (830) 620-6221

LOCATIONS

In addition to services by appointment, Integral Care provides walk-in services at the following locations.

Mental Health Urgent Care - Adults & Children

1 Psychiatric Emergency Services (PES)

1165 Airport Boulevard (2nd floor), Austin, TX 78702

Monday-Friday 8am to 10pm Saturday, Sunday & Holidays 10am to 8pm

Child & Family Clinics

2 Riverside Clinic – Central Austin

2410 E. Riverside Dr., Suite G-3, Austin, TX 78741

Monday-Friday 8am to 5pm

3 Dove Springs Clinic – South Austin

5015 South IH-35, Ste. 200, Austin, TX 78744

Monday-Friday 8am to 5pm

Adult Integrated Care Clinics

3 Dove Springs Clinic – South Austin

5015 South IH-35, Ste. 200, Austin, TX 78744

Monday-Friday 8am to 5pm

4 Rundberg Clinic - North Austin

825 E. Rundberg Lane, E-2 Austin, TX 78753

Monday-Friday 8am to 5pm

5 East 2nd Street Clinic - Central Austin

1631 E. 2nd Street, Austin, TX 78702

Monday-Friday 8am to 5pm

ADOLESCENT RESOURCES

Adolescent Residential Treatment Facilities:

Females:

Selena Center, located in San Antonio 210-270-8575 (CBMHS # 122618, Association for the Advancement of Mexican-Americans)

Nexus, located in Dallas 214.321.0156 (CMBHS # 112643)

Phoenix House, located in Austin and surrounding cities 512.440.0613

Cenikor, located in Houston 888.236.4567

Males:

Phoenix House, located in Austin and surrounding cities 512.440.0613

Cenikor, located in Houston 888.236.4567

Adam's House, located in Beaumont 409.833.6184 (CMBHS # 103226)

Azleway, located in Big Sandy (east Texas), 903.636.9800

Central Plains Center, located in Plainview 806.923.2636

Unlimited Visions Aftercare, located in Baytown/Houston 713.921.2276 (CMBHS # 103682)

Association for the Advancement of Mexican Americans, located in Houston 713.926.9491

Other Referrals:

Palmer Drug Abuse Program 512.927.0422

Services Offered: 12 step support meetings for young people and parents, Individual & Family sessions, Supervised social activities

Teen & Family Services 512502.5874

This program offers peer groups, individual/family counseling, parent program, life skills, after school program, meetings

Adolescent Outpatient Treatment Programs:

Bluebonnet Trails Community Services: Offered to males and females in La Grange, Lockhart, Giddings, Taylor, Cedar Park, Round Rock, Burnet, Georgetown, Bastrop, and Marble Falls

512.255.1720

Hays Caldwell Council on Drugs & Alcohol, Offered to males and females in San Marcos

512.396.7695

Clean Investments, offered to males and females in North Austin

512.477.6690

Austin Travis Integral Care, offered to males and females in North, Central, and South Austin

512.804.3000

Phoenix House, offered to males and females in Round Rock and South Austin

512.440.0613

Other Referrals:

Palmer Drug Abuse Program 512.927.0422

Services Offered: 12 step support meetings for young people and parents, Individual & Family sessions, Supervised social activities

Teen & Family Services 512.502.5874

This program offers peer groups, individual/family counseling, parent program, life skills, after school program, meetings

ADOLESCENT HEALTH A Guide for Providers Updated August 2016







Guidelines on health and health-related legal issues for professionals who provide services, information, and support to young people

HOW TO USE THIS GUIDE

The Adolescent Health Guide is designed for healthcare providers, social workers, counselors, teachers, and other professionals who provide services, information, and support to young people. It offers guidelines on health and health-related legal issues pertinent to the adolescent years. For specific concerns or questions regarding state or federal law, it is recommended that you seek advice from legal counsel, your licensing board, the local school district, or other applicable state agencies.

Please visit Texas Health Steps for the most current version. (www.dshs.texas.gov/thsteps/providers.shtm)

Many legal requirements regarding health-related issues apply to minors. In Texas, a minor is a person under 18 years of age who has never been married and never been declared an adult by a court (emancipated).

Texas Family Code §§101.003; 31.001-31.007; 32.003-004; 32.202; Texas Civil Practices & Remedies Code §129.001

Information in this guide is current as of January 2016.

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Adolescence is not "one size fits all." There are three recognized developmental stages. Keep in mind that an adolescent's physical, intellectual, and social maturity may not be synchronized at all stages.

STAGES OF ADOLESCENCE:

EARLY ADOLESCENCE

- Growth spurt
- Signs of sexual maturation
- Concrete thinking but without consistent ability to process consequences of actions
- · Initial development of abstract thought

MID-ADOLESCENCE

- Physical pubertal changes stabilizing
- Growing sense of identity
- Progress in developing reflective thought
- · Peer relationships and risk- taking more prominent

LATE ADOLESCENCE

- Physically adult form
- Set sense of identity
- More mature relationships
- Transition to living away from family

In the transition from childhood to adulthood, adolescents develop new health care needs and concerns at the same time they are gaining autonomy from their parents. They progress from gradually becoming active participants in their health care to being the primary partner in medical decision-making. Building a strong therapeutic alliance with young people can help them become responsible health care decision-makers. Parents do not suddenly relinquish medical decision-making to their children. They are a vital part of this process. The process itself must be construed within the framework of consent and confidentiality laws.

DECISION-MAKING / TRANSITION FROM CHILDHOOD TO ADULTHOOD

Parent / Doctor (early adolescence)

Parent / Patient / Doctor (mid-adolescence)

Patient / Doctor (late adolescence)

PARENTAL CONSENT TO MEDICAL CARE

Parents have the right to consent to their minor child's medical and dental care. (Texas Family Code §151.001)

WHEN PARENTS ARE DIVORCED

- Either parent can give consent for any emergency health care, including surgical procedures.
- Sole managing conservator parents may give consent for a minor's non-emergency surgical procedure.
- Joint custodial parents may have all rights associated with a managing conservator, unless specifically limited by the divorce decree.
- Non-custodial parents usually have the right to consent for medical/ dental care not involving a surgical procedure, except in an emergency.

Non-parent sole managing conservators and legal guardians have essentially the same rights and duties as parent sole-managing conservators.

Note: For emergency treatment to preserve life and limb, a provider does not need the consent of a parent or conservator. (Texas Family Code §33.001 and Texas Health and Safety Code §171.002)

A parent must consent to immunizations of a minor. A child may consent to the child's own immunization for a disease if the child is 1) pregnant or is the parent of a child and has actual custody of that child; and 2) the Centers for Disease Control and Prevention recommends or authorizes the initial dose of an immunization for that disease to be administered before seven years of age. (Texas Family Code §§32.003; 32.101; and Health and Safety Code §773.008)

Consent and access to information by divorced parents are covered by Texas Family Code §§153.073–.074; 153.132; Texas Occupations Code §159.005.

For more information about consent issues, see the Texas Health Steps Online Provider Education module *Teen Consent and Confidentiality*. www.txhealthsteps.com

A minor parent can consent to immunizations for his or her own child. (Texas Family Code §§32.101; 32.003; and Health and Safety Code §773.008)

WHEN MINORS CAN CONSENT

MINORS CAN CONSENT TO TREATMENT BY A PHYSICIAN OR DENTIST WHEN THE MINOR IS:

- On active duty with armed services.
- 16 years old or older and residing apart from parents, managing conservator or guardian and managing his or her own financial affairs.
- Unmarried and pregnant and consenting to treatment related to pregnancy other than abortion.
- Unmarried and the parent of a child and has actual custody of that child and consents for treatment of the child.
- Consenting to diagnosis or treatment of an infectious, contagious, or communicable disease that is reportable to the Texas Department of State Health Services.
- Consenting to examination or treatment for chemical addiction, dependency, or any other condition directly related to chemical use.
- Consenting for counseling for suicide prevention, chemical addiction or dependency, or for sexual, physical, or emotional abuse.

(Texas Family Code §§32.003—.004)

Notes: For inpatient mental health treatment: A person age 16 or older, or a person younger than 16 who is or has been married, may give consent when requesting admission to an inpatient mental health facility by filing a request with the administrator of the facility. (Texas Health and Safety Code §572.001)

Instances in which a minor may consent to emergency shelter or care are covered in Texas Family Code §32.202 and Texas Health and Safety Code §773.008. Notification requirements are found in Texas Family Code §33.0022.

CONSENT BY A NON-PARENT

THE FOLLOWING INDIVIDUALS MAY CONSENT to health care treatment of a minor (other than immunization) when a parent or conservator cannot be contacted and that person has not given express notice to the contrary:

- Grandparent, adult brother or sister, or adult aunt or uncle of the minor.
- Adult who has actual care, control, and possession of the minor and has written authorization to consent from a person having the right to consent.
- Adult responsible for the actual care, control, and possession of a minor under the jurisdiction of a juvenile court or committed by a juvenile court to the care of an agency of the State or County.
- Court having jurisdiction over a suit affecting the parent-child relationship of which the minor is the subject.
- Educational institution in which the child is enrolled that has received written authorization to consent from a person having the right to consent.
- Peace officer in lawful custody of a minor if the peace officer has reasonable grounds to believe the minor is in need of immediate medical treatment.
- The Texas Juvenile Justice Department (TJJD) facility in which the minor is committed when the person having the right to consent has been notified and that person has not given actual notice to the contrary; or, the person having the right to consent cannot be contacted and the youth's health care need constitutes a medical emergency for a lifethreatening condition. When the provider determines a youth needs a diagnostic or treatment procedure or treatment for a serious injury or illness that requires parental or guardian consent, the parent or guardian will be contacted to provide written or verbal consent directly to the medical provider. If the parent or guardian cannot be contacted, the facility administrator has the authority to consent for treatment of the youth under certain conditions pursuant to Texas Family Code §32.001. If a parent or guardian objects to TJJD having medical consent authority, the parent or guardian will provide written consent for routine physical, dental, mental health, and chemical dependency examinations or evaluations and certain immunizations required by law. When a youth is temporarily admitted to a facility of the Texas Department of State Health Services, the TJJD medical director may consent to the specific care outlined in §380.9183 of the TJJD General Administrative Policy Manual if the parent or guardian cannot be contacted directly for consent. (Texas Family Code §32.001; TJJD General Administrative Policy Manual §§380 and 9181)

Note: For state law on consent to immunization for minors and non-parents, see Texas Family Code §§32.101–.102.

CONFIDENTIALITY

Sensitive communication and assurance of confidentiality are critical to ensuring access to care for teens. Without such assurance, teens can be reluctant or unwilling to seek health care or refuse services. Except as permitted by law, a doctor is legally required to maintain the confidentiality of care provided to a minor. If a provider has agreed to treat a minor confidentially based on the minor's own consent, the doctor should not write or call the parent or guardian to discuss any related issues.

Transmission of medical records to the minor should be marked "confidential." (Texas Occupations Code §159)

Limitations: Confidential care cannot be provided when the law requires parental notification or consent or when the law requires the provider to report health information. A licensed physician, dentist, or psychologist may, with or without the consent of a child who is a patient, advise the parents, managing conservator, or guardian of the child of the treatment given to or needed by the child. (Texas Family Code §32.003) Note: Providers must have a responsible adult, a parent, guardian, or other authorized adult present during any Texas Health Steps medical or dental checkup for patients younger than 15 years old. The responsible adult must come with the patient and stay throughout the checkup. School health clinics are exempt if the clinic has received consent from the parent or guardian within the year prior to the visit. (Human Resources Code §§32.024(s)-(s-1) and 25 Texas Administrative Code §33.6)

For more information about confidentiality issues, see the Texas Health Steps Online Provider Education module titled *Teen Consent and Confidentiality*. www.txhealthsteps.com

HIPAA PRIVACY RULE

The Health Insurance Portability and Accountability Act (HIPAA) requires a covered entity to treat a "personal representative" the same as the individual with respect to the use and disclosure of the individual's protected health information. Generally, parents are the personal representatives for their minor children and can exercise individual rights, such as access to medical records, on behalf of their minor children.

EXCEPTIONS: MINORS ARE TREATED AS "INDIVIDUALS" UNDER HIPAA WHEN:

- The minor obtains care without parental consent and the minor, a court, or someone else has consented:
- The minor has the right to consent and has consented; or,
- A parent consents to a confidentiality agreement between the minor and the healthcare provider.

(45 Code of Federal Regulations §164.504)

For more information about the HIPAA privacy rule, see the Texas Health Steps Online Provider Education module titled Teen Consent and Confidentiality. www.txhealthsteps.com

NUTRITION

During medical checkups:

- Assess dietary practices to identify eating habits or possible eating disorders.
- Make a qualitative/quantitative determination about the adolescent's diet.
- Provide health education and anticipatory guidance.

DISORDERED EATING

With disordered eating, physical hunger and satiety are often ignored. It encompasses a range of abnormal eating, including behavior seen in eating disorders, such as: Anorexia, Chronic restrained eating, Bulimia, Habitual dieting, Compulsive eating, Irregular, chaotic eating patterns

Disordered eating negatively affects overall health – emotional, social, and physical. It may cause tiredness, depression, and decreased mental functioning and concentration. Disordered eating may also lead to malnutrition, with risk to bone health, physical growth, and brain development.

For information on nutrition and disordered eating, see the Texas Health Steps Online Provider Education modules titled *Nutrition* and *Management of Overweight and Obesity in Children and Adolescents*. www.txhealthsteps.com

ORAL HEALTH

Tooth decay is the most common chronic childhood disease. Focusing on oral health during adolescence is important, as many childhood risk factors persist and new oral health risk factors may emerge. An oral examination should be a part of all routine medical checkups and physical examinations. At this time, providers have the opportunity to educate their patients about good oral health practices and provide information about oral health risks due to smoking, poor eating habits, and other behaviors.

AN ORAL EXAMINATION SHOULD INCLUDE:

- Inspection of teeth for signs of caries.
- Inspection of the oral soft tissues for any abnormalities.
- Referral to a dentist if problems exist.
- · Anticipatory guidance to include:
- The need for thorough daily oral hygiene practices.
- Potential gingival manifestations for patients with diabetes and those under long-term medications therapy.

For more information on oral health, see the Texas Health Steps Online Provider Education module titled *Oral Health for Primary Care Providers*. www.txhealthsteps.com

HIGH-RISK BEHAVIORS

Adolescence can bring an increased participation in high-risk behaviors. The leading causes of adolescent mortality are accidents, homicide, and suicide. Healthcare providers and other professionals should communicate openly that they have a suspicion or concern about a young person's behavior. Young people engaging in high-risk behaviors need to get help as soon as possible.

HIGH-RISK BEHAVIORS PREVALENT IN ADOLESCENTS

- Reckless driving
- · Distracted driving
- Violence
- Suicidal and self-injurious behaviors
- Sexual behaviors
- Substance use
- · Disordered eating
- Poor nutrition
- Inadequate physical activity

For more information about adolescent high-risk behaviors, see the Texas Health Steps Online Provider Education modules titled *Adolescent Health Screening*, *Interpersonal Youth Violence*, and *Identifying and Treating Young People with High-Risk Behaviors* as well as *Motivational Interviewing*. www.txhealthsteps.com

ALCOHOL AND SUBSTANCE ABUSE

The CRAFFT questionnaire was designed specifically to screen adolescents for substance abuse. A positive answer to two or more of the questions indicates the need for intervention.

THE CRAFFT QUESTIONNAIRE:

C Have you ever been in a **Car** driven by someone, including yourself, who was high or had been using alcohol or drugs?

R Do you ever use alcohol or drugs to Relax, feel better about yourself, or fit in?

A Do you use alcohol or drugs while you are by yourself, Alone?

F Do you ever Forget things you did while using alcohol or drugs?

F Do your family members or **Friends** ever tell you that you should cut down on your drinking or drug use?

T Have you ever been in **Trouble** while using alcohol or drugs?

MINOR CONSENT FOR CHEMICAL ADDICTION

Minors of any age may consent to examination or treatment for chemical addiction, dependency, or any other condition directly related to chemical use. Minors may consent to counseling for chemical addiction or dependency. (Texas Family Code §§32.003-.004)

Note: Outreach, Screening, Assessment, and Referral (OSAR) is a free service funded by DSHS. All Texas residents seeking substance abuse services and information may qualify.

- Statewide online locator for OSAR providers: http://www.dshs.texas.gov/sa/OSAR/
- Statewide hotline: (877) 9-NO DRUG or (877) 966 -3784.

For more information on screening adolescents for substance abuse, see the Texas Health Steps Online Provider Education modules titled *Teen Consent and Confidentiality, Identifying and Treating Young People with High-Risk Behaviors, Adolescent Substance Use, Adolescent Health Screening* and *Introduction to Screening: Brief Intervention and Referral to Treatment (SBIRT).*www.txhealthsteps.com

SMOKING

Medical and non-medical staff can support patients who choose to quit by providing information, referral to telephone counseling services, and behavioral counseling using motivational interviewing techniques, where resources permit. Drug therapy to manage nicotine dependence can significantly improve patients' chances of quitting successfully and is recommended for people who smoke 10 or more cigarettes per day. All interventions should be tailored to the individual's circumstances and attitudes.

ADOLESCENTS AND SMOKING

- A person must be at least 18 years old to smoke tobacco legally.
- Counseling adolescents to not smoke or to quit smoking for health-related reasons is an important component of health education and anticipatory guidance.
- All young people need access to smoking cessation programs, especially medically fragile teens, who are at higher risk than their peers for smoking-related complications.

Caution youth about the dangers of e-cigarettes. (Texas Health & Safety Code §161.252)

International Primary Care Respiratory Group (IPCRG)(2008) Consensus statement: Tackling the smoking epidemic-practical guidance for primary care. Primary Care Respiratory Journal, 17(3): 185-193.

Visit http://www.cdc.gov/media/release/2016/p0425-ecigarette-ads.html for more information about e-cigarettes.

SEXUAL ACTIVITY

Research* has found that more than 41 percent of young people engage in sexual activity with no indication they had any discussion with their parents about sexually transmitted infections (STIs), condom use, or birth control.

REPORTABLE COMMUNICABLE DISEASES

Minor Consent

Minors may consent to diagnosis and treatment of STIs, which are required to be reported to the local health officer or DSHS. (Texas Family Code §32.003)

Reporting Requirements

Providers must report diagnoses of STIs, in addition to other communicable diseases, to the appropriate health authorities. (Texas Administrative Code §97.133; Texas Health and Safety Code §§81.41; 81.046)

Note: For more information on sexual activity-related issues, see the Texas Health Steps Online Provider Education modules titled *Adolescent Health Screening*, *Identifying and Treating Young People with High-Risk Behaviors*, and *Teen Consent and Confidentiality*. www.txhealthsteps.com

FAMILY PLANNING / CONTRACEPTION

Parental consent is not required for minors to purchase nonprescription contraceptives (e.g., condoms) or to receive information about family planning. Minors must get a parent's permission to receive prescription contraception*.

EXCEPTIONS

- Under federal law, minors may give their own consent and receive confidential family planning services on request if the funding source is Medicaid or a Title X Family Planning Program.
- Under state law, minors may consent for prescription contraceptives if they are legally emancipated or 16 years old and living on their own. This does not include abortion.

Notes: Several state and federally funded programs provide family planning services. A locator for family planning providers in Texas is available online at www.healthytexaswomen.org. For more information on minor consent related to family planning, see the Texas Health Steps Online Provider Education module titled *Teen Consent and Confidentiality*. www.txhealthsteps.com

*For state-funded programs, providers may provide family planning services, including prescription drugs, without the consent of the minor's parent, managing conservator, or guardian only as authorized by Chapter 32 of the Texas Family Code or by federal law or regulations. When parental consent is required, the parent must sign both the general consent for treatment and the method-specific consent for a prescription method of contraception. Whenever the method is changed to another prescription method, the parent must sign that method-specific consent. Other than the exceptions noted above, no state funds may be used to dispense prescription drugs to minors without parental consent.

^{*} Sexual Risk Behaviors: HIV, STD, & Teen Pregnancy Prevention http://www.cdc.gov/HealthyYouth/sexualbehaviors/

RIGHTS WHEN PREGNANT

Minors can consent to medical treatment related to pregnancy, other than abortion. Eligible young women can receive prenatal care from Medicaid or CHIP. Pregnant young women have the right to refuse prenatal care. (Texas Family Code §32.003)

TITLE IX RIGHTS TO EDUCATION

Pregnant and parenting students have the same rights to access school activities and special services that temporarily disabled students have a right to access. These include the right to:

- Continue going to school, take regular classes, and participate in school activities. This also applies to individuals who have given birth or had an abortion.
- Choose to attend a special program for pregnant or parenting students. Such a program must offer the same opportunities available at their regular school.
- Decline to attend a special program for pregnant or parenting students.
- Be excused for medically necessary absences due to pregnancy or childbirth.
- Not need a doctor's note to continue going to school or engaging in activities, unless all students must have one.

(Title IX, Education Amendments of 1972 (Title 20 U.S.C. §§1681-1688))

Note: Private schools that do not receive federal funds do not have to follow Title IX.

For more information on teen pregnancy, see the Texas Health Steps Online Provider Education modules titled *High Risk Behaviors* and *Preconception and Prenatal Health: Identifying and Intervening in High-Risk Behaviors* (all modules within the Preconception and Prenatal Health "suite" offer helpful information regarding women's health prior to becoming pregnant and during pregnancy). www.txhealthsteps.com

MINORS' RIGHTS AS PARENTS

Minors may consent to health and dental care for their children. Pregnant minors and minor parents may receive health services. Minor parents may also receive public assistance for their children.

HEALTHCARE/SOCIAL SERVICE PUBLIC ASSISTANCE PROGRAMS:

See page 22 for eligibility requirements for these programs.

- •<u>Texas Health Steps (THSteps)</u> Comprehensive child preventive health services for children from birth through age 20
- •<u>Medicaid Children's Services (CCP)</u> Medically necessary diagnostic and treatment services
- •Case Management for Children and Pregnant Women Case management services for Medicaid-eligible children and youth who have a health condition or health risk and Medicaid-eligible, high-risk pregnant women of any age
- •<u>Medical Transportation Program (MTP)</u> Free transportation to the doctor, dentist, and other covered Medicaid or Children with Special Health Care Needs (CSHCN) Program services (such as to the drug store for medications)
- •<u>Children's Health Insurance Program (CHIP)</u> Health-care coverage for low-income children of low-income families without private insurance and ineligible for Medicaid
- •<u>Supplemental Nutrition Assistance Program (SNAP)</u> Food assistance (formerly food stamp program)
- •<u>Title V Maternal & Child Health (MCH) Services</u> Title V MCH provides prenatal care, preventive and primary child health care, case management for children from birth to one year and high-risk pregnant women, as well as dental care for children and adolescents and services to children with special needs
- •Women, Infants and Children (WIC) Nutrition education and counseling, nutritious foods, and assistance accessing health care

PARENTAL NOTIFICATION OF ABORTION

A physician may not perform an abortion on an un-emancipated minor unless one of the two situations described below exists (Texas Family Code §33.002):

>The physician gives at least 48 hours' actual notice, in person or by telephone, of his or her intent to perform the abortion to a parent of the minor, a court-appointed managing conservator, her guardian or receives an order issued by a court under Texas Family Code §§33.003 or 33.004.

>THE PHYSICIAN PERFORMING THE ABORTION:

- Concludes that, on the basis of his or her good faith clinical judgment, a condition exists that complicates the medical condition a "medical emergency" as defined in Texas Family Code §171.002 of the pregnant minor and necessitates the immediate abortion of her pregnancy to avert her death, or to avoid a serious risk of substantial and irreversible impairment of a major bodily function: **and**
- Certifies in writing to the Department of State Health Services, provides notices as required by Texas Family Code §33.0022 and certifies in the patient's medical record that the medical indications supporting the physician's judgment exist.

Exception: A minor can have an abortion without notification to or consent of one of her parents, managing conservator, or guardian if she obtains judicial approval (also known as a "judicial bypass"). More information on judicial bypass is in the Glossary on page

See information in the publication "So You're Pregnant. Now What?" regarding the laws on abortion and judicial bypass. For more information on notification and consent related to abortion, see the Texas Health Steps Online Provider Education modules titled *Teen Consent and Confidentiality* and *Adolescent Health Screening*. www.txhealthsteps.com

TIPS FOR EFFECTIVE COMMUNICATION WITH ADOLESCENT PATIENTS:

- Spend time talking with the young person and his or her parent individually.
- Make time also to visit with the parent and young person together.
- Encourage teens to discuss confidential issues with their parents.
- Use the HEEADDSSS* psychosocial interview format: Home, Education, Employment, Activities, Depression, Drugs, Safety, Sexuality, and Suicidality.
- Ask patients about their friends' involvements in risky behavior: For example, "Do any of your friends smoke or drink alcohol?"
- Encourage adolescents to share their knowledge about a proposed treatment with you before giving them information.
- Ask open-ended questions.

For more information on effective communication with adolescents, see the Texas Health Steps Online Provider Education modules titled *Teen Consent and Confidentiality*, *Culturally Effective Health Care* and *Motivational Interviewing*.

www.txhealthsteps.com

*HEEADDSSS: Stephens, M.B. (2006). Preventive Health Counseling for Adolescents; *American Family Physician* 74(7): 1151-1156.

MENTAL HEALTH CRISIS

When a provider suspects a mental health crisis, he or she must make every effort to obtain a prompt mental health evaluation and any medically necessary information.

Emergency Referrals:

- · Suicidal thoughts, threats, or behaviors
- Homicidal thoughts, threats, or behaviors

Resources:

- Local police/sheriff or other law enforcement officials or 9-1-1
- Local emergency room or psychiatric hospital
- Local Mental Health and Substance Abuse Center / hotline or Mental Health Crisis Center / hotline. Local information can be found by dialing 2-1-1 or searching online at www.211texas.org
- Local Mental Health Authorities (LMHAs) provide outpatient services.
 Statewide online locator for LMHAs can be found at http://www.dshs.texas.gov/mhservices-search/
 (Texas Health and Safety Code §572.001; Texas Family Code §32.004)

Minor Consent:

- Youths age 16 or older, or one younger than 16 who is/has been married, may give consent when requesting admission to an inpatient mental health facility by filing a request with the administrator of the facility.
- Minors may consent for counseling for suicide prevention.

VIOLENCE

Professionals must immediately report abuse if the victim is under 18 years of age. Professionals should also encourage the young person to seek help, and they should share information about victim service providers. See below for "Requirements for Reporting Abuse and Neglect".

DEFINITIONS:

Dating Violence:

- An act by one person against another person with whom there is a dating relationship, and the act is intended to result in physical harm, bodily injury, assault, or sexual assault.
- A threat that reasonably places the individual in fear of imminent physical harm, bodily injury, assault, or sexual assault.

Family Violence:

- An act by a member of a family or household against another family or household member that is meant to result in physical harm, bodily injury, assault, or sexual assault.
- A threat that reasonably places a family member in fear of imminent physical harm, bodily injury, assault, or sexual assault.

(Texas Family Code §71.0021)

For more information on reporting abuse, see the Texas Health Steps Online Provider Education module titled *Teen Consent and Confidentiality*. Also available is the *Interpersonal Youth Violence* module. www.txhealthsteps.com

REQUIREMENTS FOR REPORTING ABUSE & NEGLECT

A professional who has reason to believe a minor's health and safety may be affected by abuse or neglect must report the case to a local law enforcement agency or to the Child Protective Services (CPS) Division of the Texas Department of Family and Protective Services within 48 hours of when he or she first suspects that the child has been or may be abused or neglected. A professional may not delegate to or rely on another person to make the report. (Texas Family Code §261.101)

EXAMINATION OF ABUSE OR NEGLECT WITHOUT CONSENT

A physician, dentist, or psychologist having reasonable grounds to believe that a minor's physical or mental condition has been adversely affected by abuse or neglect may examine the minor without the consent of the patient, the patient's parents, or other person authorized to consent to treatment. (Texas Family Code §32.005)

Exception: Unless consent is obtained as otherwise allowed by law, a physician, dentist, or psychologist may not examine a child 16 years old or older who refuses to consent or for whom consent is prohibited by a court order.

REPORTING TO CPS

Phone: 800-252-5400; Fax: 800-647-7410; Website: www.txabusehotline.org Reports made through the website take up to 24 hours to process.

Note: HHSC and DSHS have established policies for child abuse screening, documenting, and reporting policy for Medicaid contractors or providers. Refer to the current Texas Medicaid Provider Procedures Manual, *Provider Enrollment and Responsibilities Handbook* for additional information on reporting child abuse and neglect. The manual is updated monthly and available online at the Texas Medicaid Healthcare Partnership (TMHP) website. www.tmhp.com

STATUTORY DEFINITIONS FOR ABUSE & NEGLECT

Abuse is defined by Texas law as:

- Mental or emotional injury to a child.
- Causing or permitting a child to be in a situation in which the child sustains mental or emotional injury.
- Physical injury that results in substantial harm to the child or the genuine threat of substantial harm from physical injury to the child. This excludes an accident or reasonable discipline by a parent or quardian.
- Failure to make a reasonable effort to prevent an action by another that results in physical injury and substantial harm to the child.
- Sexual conduct harmful to a child's mental, emotional, or physical welfare, including continuous sexual abuse of a young child, indecency with a child, sexual assault, or aggravated sexual assault as defined by the Texas Penal Code.
- Failure to make a reasonable effort to prevent sexual conduct harmful to a child.
- Compelling or encouraging a child to engage in sexual conduct as defined by the Penal Code.
- Causing, permitting, encouraging, engaging in, or allowing the photographing, filming, or depicting of the child in obscene or pornographic material.
- Current use of a controlled substance in a way or to the extent that it results in physical, mental, or emotional injury to a child.
- Causing, expressly permitting, or encouraging a child to use a controlled substance.
- Causing, permitting, encouraging, engaging in, or allowing a sexual performance by a child.

Neglect includes the following acts or omissions:

- Leaving a minor in a situation where he or she would be exposed to substantial risk of physical or mental harm without arranging for necessary care for the minor and a demonstration of an intent not to return by a parent, guardian, or managing or possessory conservator.
- Placing the minor in or failing to remove him or her from a situation that a reasonable person would realize requires judgment or actions beyond the minor's level of maturity, physical condition, or mental ability and that results in bodily injury or a substantial risk of immediate harm to the minor.
- Failing to seek, obtain, or follow through with medical care for the minor, with the failure resulting in or presenting a substantial risk of death, disfigurement, or bodily injury or with the failure resulting in an observable and material impairment to the growth, development, or functioning of the minor.
- Failing to provide the minor with food, clothing, or shelter necessary to sustain the minor's life or health, excluding failure caused primarily by financial inability unless relief services had been offered and refused.
- Placing the minor in or failing to remove the minor from a situation in which he or she would be exposed to a substantial risk of sexual conduct harmful to the minor.
- Failure by the person responsible for a minor's care, custody, or welfare to permit the minor to return to his or her home without arranging for the necessary care after the minor has been absent from the home for any reason. (Texas Family Code §261.001)

REQUIREMENTS FOR REPORTING UNLAWFUL SEXUAL CONTACT

A professional must report nonconsensual sexual contact with an unmarried minor under the age of 17 within 48 hours to CPS or local law enforcement. Texas Penal Code §21.11 states that a person commits an offense if, with a child younger than 17 years and not the person's spouse, whether of the same or opposite sex, the person:

- Engages in sexual contact with the child or causes the child to engage in sexual contact; or
- With intent to arouse or gratify the sexual desire of any person, the actor exposes the person's anus or any part of the person's genitals, knowing the child is present, or causes the child to expose the child's anus or any part of the child's genitals.

STATUTORY DEFINITION OF SEXUAL CONTACT

Per Texas Penal Code §21.011, "sexual contact" means the following acts, if committed with the intent to arouse or gratify the sexual desire of any person:

- Any touching by a person, including touching through clothing, of the anus, breast, or any part of the genitals of a child.
- Any touching of any part of the body of a child, including touching through clothing, with the anus, breast, or any part of the genitals of a person.

Under §21.011 of the Penal Code, an "affirmative defense to prosecution" related to minor sexual contact may apply if the offender:

- Was not more than three years older than the victim and of the opposite sex.
- Did not use duress, force, or a threat against the victim at the time of the offense.
- Has no history of being a sex offender at the time of the offense.

Sexual activity with a child under the age of 14 years is against the law and has no defense.

Note: Professionals are not expected to know all of the facts of an incident or make a legal determination on whether it is a crime or there is a defense to the crime before reporting possible abuse. For more information on reporting unlawful sexual contact, see the Texas Health Steps Online Provider Education module titled *Teen Consent and Confidentiality*. www.txhealthsteps.com

Resources:

ELIGIBILITY REQUIREMENTS FOR HEALTHCARE/SOCIAL SERVICE PROGRAMS

Case Management for Children and Pregnant Women:

- Medicaid-eligible children from birth through age 20 with a health condition/health risk
- Medicaid-eligible women of any age with a high-risk pregnancy

Children's Health Insurance Program (CHIP):

- Children from birth through age 18
- Texas resident and U.S. citizen or permanent resident
- Age-based family income qualifications
- Income too high to qualify for Medicaid

Family Planning Services:

Provided to women and men:

- Health assessment including medical history and physical exam
- Follow-up for routine, problem, and/or birth control supplies
- Lab testing—Pap smears, STIs, HIV, diabetes, anemia, etc.
- STI and urinary infection treatment
- Pre-conception, genetic, infertility counseling and referral
- Pregnancy testing, counseling, and referral
- Postpartum evaluation
- Prenatal and other medical referrals
- · Community and individual education
- Social services referrals—jobs, housing, mental health, etc.
- Partner violence screening and referral
- Natural family planning

Eligibility is based on client income, family size, and residency.

Medicaid:

- Children from birth through age 18 (Once enrolled, child is eligible through age 20)
- Texas resident and U.S. citizen or permanent resident
- Family income qualifications

Medicaid Children's Services (CCP):

• Children eligible for Texas Health Steps with an illness or condition that requires medically necessary diagnostic and treatment services

Medical Transportation Program (MTP):

- Be enrolled in Medicaid or Children with Special Health Care Needs Services Program
- Have no other means of transportation to a medically needed service or benefit

Supplemental Nutrition Assistance Program (SNAP):

- Families with gross income at or below 130 percent of Federal Poverty Level (per family size)
- Categorical Eligibility: If all household members receive or are authorized to receive Supplemental Social Security Income (SSI) or Temporary Assistance for Needy Families (TANF), the household is eligible for SNAP, if qualified under special conditions

Texas Health Steps (THSteps):

Medical and dental services and case management for children from birth through age
 who have Medicaid

Title V Maternal and Child Health Services:

- Prenatal care, preventive and primary child health-care, case management for children from birth to one year and high-risk pregnant women, and dental care for children and adolescents
- Eligibility: Texas residents with family incomes less than 185 percent of the federal poverty level who are not eligible for Medicaid or covered by CHIP

Women, Infants and Children (WIC):

- Pregnant women of any age
- · Women who are breastfeeding a baby under one year of age
- Women who have had a baby in the past six months

Parents, stepparents, guardians, and foster parents of infants and children under the age of five can apply for their child

HEEADDSSS INTERVIEW SCREENING TOOL:

H - Home

- Who lives with the young person? Where?
- Do they have their own room?
- What are relationships like at home?
- Ever institutionalized? Incarcerated?
- New people in home environment?
- Recent moves? Running away?
- What do parents and relatives do for a living?

E – Education and Employment

- School or grade performance—any recent changes? Any dramatic past changes?
- Favorite subjects—worst subjects? (include grades)
- Future education plans?
- Any current or past employment?
- Future employment plans?
- Relationships with teachers—school attendance?
- Any years repeated or classes failed?
- Suspension, termination, dropping out?
- Relationships with employers—work attendance?

E – Eating and Exercise

- Body image?
- Has youth experienced over/under eating when stressed?
- In general, what is the diet like?
- Use of laxatives, diuretics?
- Induced vomiting?
- Dietary restrictions to control weight?
- Excessive exercise?

A - Activities

- On own, with peers—what do you do for fun? Where? When?
- · With family?
- Sports—regular exercise?
- Church attendance, clubs, projects?

- Does young person have a car, use seat belts?
- · Hobbies—their activities?
- Reading for fun—what?
- TV—how much weekly? Favorite shows?
- Favorite music?
- History of arrests / acting out / crime?

D – Drugs

- Use by peers? Use by young person? (talk about alcohol, tobacco, and other drugs)
- Use by family members?
- Amounts, frequency, patterns of use or abuse, and car use while intoxicated?
- Source—how paid for?

D – Depression

- Sleep disorders? (usually induction problems, also early or frequent waking or greatly increased sleep and complaints of increasing fatigue)
- Appetite or eating behavior changes?
- Feelings of boredom?
- Emotional outbursts and highly impulsive behavior?
- History of withdrawal or isolation?
- Hopeless or helpless feelings?

S – Safety

- Domestic violence?
- Relationship violence?
- Gun availability?
- Seat belt use?

S – Sexuality

- Degree and types of sexual experience and acts?
- History of pregnancy or abortion?
- Sexually transmitted diseases knowledge and prevention?
- Contraception? Frequency of use?
- Need for barrier contraceptive use?
- History of sexual or physical abuse?
- Number of partners?
- Masturbation? (normalize)
- · Orientation?
- Comfort with sexual activity, enjoyment or pleasure obtained?

S - Suicidality

- Hopeless or helpless feelings?
- History of past suicide attempts, depression, psychological counseling?
- History of suicide attempts by family or peers?
- Decreased affect on interview, avoidance of eye contact, depression posturing?
- History of recurrent serious accidents?
- Psychosomatic symptomology?
- Suicidal ideation? (including significant current and past losses)
- Preoccupation with death? (clothing, media, music, art)

GLOSSARY

<u>Confidentiality:</u> Confidentiality is the obligation of the health-care provider not to disclose information. Except as permitted by law, a provider is legally required to maintain the confidentiality of care provided to a minor. Confidential care cannot be assured when the law requires parental notification or consent or when the law requires the provider to report health information, such as in the cases of contagious disease or abuse.

<u>Consent:</u> The legal doctrine of informed consent for health care is an agreement to a recommended treatment when the consenting person is in possession of all of the facts relevant to the decision and potential consequences. Consent must be voluntary and not just represent acquiescence. Consent must also be rational, that is, given by an intellectually competent individual with the sufficient cognitive ability to make a decision. <u>Emancipation:</u> A minor may obtain legal emancipation when a judge is convinced that the minor can take care of himself or herself and be treated as an adult.

<u>HIPAA:</u> The Health Insurance Portability and Accountability Act (HIPAA) requires the establishment of national standards for electronic healthcare transactions and national identifiers for providers, health insurance plans, and employers. It also contains provisions that address the security and privacy of health data.

Judicial Bypass: A minor can have an abortion without notification to and consent of one of her parents, managing conservator, or guardian if she obtains judicial approval (also known as a "judicial bypass"). To receive a bypass, a minor must file an application for a court order authorizing her consent to an abortion without notification in the minor's county of residence. The application must 1) be made under oath; 2) include statements that the minor is pregnant, unmarried, under 18 years of age, not had her disabilities removed, wishes to have an abortion without notification and consent of a parent, the minor has or has not retained an attorney, the minor's current residence, and include a sworn statement from the minor's attorney. The court enters an order authorizing the minor's consent if the hearing judge determines that she meets at least one of the required grounds for approval. The process and requirements for obtaining judicial approval are detailed in Texas Family Code §33.003. The pregnant minor must appear before the court in person and may not appear using video-conferencing, telephone, or other remote electronic means. The court shall enter an order authorizing the minor's consent if the hearing judge determines, by clear and convincing evidence (described in Texas Family Code §101.007) that she meets at least one of the following grounds:

- She is mature and sufficiently well-informed about her pregnancy options to make the decision without notification and consent of a parent or legal guardian.
- The notification and attempt to obtain consent is not in the best interest of the minor.
- The Court may consider all relevant factors including if the notification and consent of her parent or guardian could lead to physical, sexual, or emotional abuse. The law stipulates that the court shall rule on the minor's application by 5 p.m. on the fifth (5) business day after the date the application is filed with the court, unless the

minor requests an extension. In this case, the ruling must be made by 5 p.m. on the fifth (5) business day after the date the minor states she is ready to proceed to a hearing.

If the court determines that judicial approval should not be granted, the minor may re-submit an application to the same court if the minor shows there has been a material change in circumstances since the denial was issued. (Texas Family Code §33.003) For specific guidance, please refer to the Judicial Bypass process; *So You're Pregnant. Now What?* in References.

<u>Legal Guardian:</u> Guardianship is a legal designation that places the rights, safety, well-being, and legal choices of a person into the hands of another. Guardianship is conferred on a relative, friend, guardianship program, or private professional guardian by a judge's decision that a person is deemed incapacitated. The definition of an "incapacitated person" under the Texas Probate Code includes minors.

Managing Conservators:

- A court-appointed, non-parental, sole managing conservator must be a competent adult, an authorized agency, or a licensed child-placing agency.
- A parental sole managing conservator (custodial parent) is court-appointed when the parents are or will be separated or divorced.
- If a managing conservator is appointed, the court may appoint one or more possessory conservators (non- custodial parent and/or person).

<u>Minor:</u> In Texas, the legal definition of a minor is a person under 18 years of age who has never been married and never been declared an adult by a court.

<u>Title V:</u> As applicable in this guidebook, the general goal of Title V of the Social Security Act — Maternal and Child Health Services Block Grant — is to provide and to assure mothers and children (in particular those with low income or with limited availability of health services) access to quality maternal and child health services.

<u>Title IX:</u> Title IX forbids that any person, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance. The legislation covers all educational activities and complaints under Title IX alleging sex discrimination in fields, such as science or math education, or in other aspects of academic life, such as access to health care and non-sport activities, such as school band and clubs. It applies to an entire school or institution if any part of that school receives federal funds.

<u>Title X</u>: Title X is the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services. The Title X program is designed to provide access to contraceptive services, supplies, and information to all who want and need them. The law gives priority to persons from low-income families.

<u>Title XX:</u> The Social Services Block Grant, or Title XX of the Social Security Act, consolidated federal assistance to states into a single grant. Each state determines how its Title XX funds will be used. While Texas uses no state funding streams to provide for family planning services, it does allocate a portion of its Title XX funds to pay for family planning services to low-income individuals.

REFERENCES

- American Academy of Pediatrics, Committee on Bioethics (1995; 2007) Informed consent, parental permission, and assent in pediatric practice (Pediatrics, 116, 1238-1244)
- American Academy of Pediatrics, Committee on Pediatric Emergency Medicine (2003; 2007); Consent for emergency medical services for children and adolescents (Pediatrics, 111 (3), 703-706)
- HEEADDSSS Interview Screen: Stephens, M. B. (2006); Preventive Health Counseling for Adolescents (American Family Physician 74(7): 1151-1156)
- Texas Behavioral Health Clearinghouse https://sites.utexas.edu/tiemh/2015/07/10/texas-behavioral-health-clearinghouse/
- Social Security Online www.socialsecurity.gov
- "So You're Pregnant, Now What?" a DSHS publication for young people to understand the laws associated with abortion and the judicial bypass process. It is a legislatively mandated document and available for order from the DSHS http://hhsc.pinnaclecart.com/dshs/
- Society for Adolescent Health and Medicine http://www.adolescenthealth.org/Clinical-care-Resources.aspx
- Texas Family Code
- Texas Health and Human Services Commission, Your Texas Benefits website: https://www.yourtexasbenefits.com/ssp/SSPHome/ssphome.jsp
- Texas Health & Safety Code
- Texas Health Steps Provider Education Modules at www.txhealthsteps.com:
 - Adolescent Health Screening
 - Adolescent Substance Use
 - Culturally Effective Health Care
 - Identifying and Treating Young People with High-Risk Behaviors
 - Interpersonal Youth Violence
 - Mental Health Screening
 - Teen Consent and Confidentiality
- Texas Occupation Code
- Texas Penal Code

MINOR CONSENT LEGAL REFERENCE CHART

TOPIC TEXA	AS LAW CITATION
	S LAW CITATION
	S Civil Practice & Remedies Code §129.001; S Family Code §101.03
	xas Administrative Code §§ 97.3, 97.133;
	s Family Code §32.003
Consent and Access to Information Texas	Family Code §§151.001; 153.073; 153.074;
by Divorced Parents 153.1	32;
	Occupations Code §159.005
	Family Code §32.003
	s Family Code §32.001
Consent for Chemical Addiction, Texas	s Family Code §32.003
Dependency, or other condition	
related to chemical use	
	Family Code §§32.101102
	s Family Code §32.001;
	General Administrative Policy Manual §91.83
	Family Code §32.004
	Family Code §32.202
Care by Minor	
·	Health and Safety Code §572.001
Treatment	
	s Family Code §§32.003–.004
Related to Treatment	
·	s Family Code §§31.001–31.007; 32.003–
	32.202
	s Health and Safety Code §773.008
Judicial Approval for Abortion on a Texas Minor	s Family Code § 33.003
	s Health & Safety Code §§161.041; 81.041
	Family Code §101.003
	Family Code §151.001
	Family Code §33.002
	Occupations Code §159
Communication	, , , , , , , , , , , , , , , , , , ,
Pregnant Minor Texas	Family Code §32.003
	X of the Education Act of 1972
Reporting of Abuse and Neglect Texas	Health and Safety Code §261.001
	Health and Safety Code §§81.041; .046;
Diseases Texas	Administrative Code §97.133
	Penal Code §21.11
Unlawful Sexual Contact	

Free Online Continuing Education - www.txhealthsteps.com Publication number 03-13584 06/2013 Last updated: August 2016

CRISIS RESOURCES

The Lifeline is **FREE**, confidential, and always available.

HELP

a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration www.samhsa.gov

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1-800-273-TALK (8255)

suicidepreventionlifeline.org

Learn the Warning Signs.

Suicide Warning Signs

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.

- Increasing the use of alcohol or drugs.
- Acting anxious or agitated; behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable.

Call the Lifeline at 1-800-273-TALK (8255).

With Help Comes Hope





THE FAMILY HELPLINE

(844) 888-6565

Monday - Friday

9 a.m. to 6 p.m., CST

Free answers to your Texas CPS legal questions

Ask a lawyer with Child Protective Services experience your questions about CPS issues and the legal system. Ask for legal information about topics such as, but not limited to:

- **▶** CPS investigation process
- **►** Kinship Care
- ▶ What to expect at Court

- ► Family Based Services
- ► Whether you need an attorney

The call is anonymous. Lawyers offer legal information and education, not legal advice.

Visit http://texaslawhelp.org/ for information.

Be Informed. Make the Call.



Funded by the Children's Commission of the Texas Supreme Court, Children's Justice Act, and Texas Access to Justice Foundation.



MOBILE CRISIS OUTREACH TEAM (MCOT)

PROGRAM DESCRIPTION

The Bluebonnet Trails Community Services (BTCS) Mobile Crisis Outreach Team provides person-centered, trauma-informed, and recovery-oriented interventions for persons experiencing a behavioral health crisis 24/7. The MCOT is a mobile team of clinicians trained to provides crisis assessment, crisis intervention services, crisis follow-up, and relapse prevention services for children and adults in the community 24 hours per day, 365 days per year. This includes immediate crisis screening, urgent and emergent face-to-face, in-person or televideo assessments in the community, coordination of behavioral health treatment or crisis prevention services in the least restrictive environment, and linkage to appropriate services and supports to avoid future crisis episodes. The MCOT is also responsible for providing immediate assessments when a person walks in to a BTCS crisis facility during business hours. The MCOT provides transitional support services to individuals for up to 90 days following an acute behavioral health crisis. MCOT may also coordinate follow up for non-crisis needs as appropriate with care coordinators or through other referrals as appropriate.

Initial requests for MCOT services are generally made through the Crisis Hotline and often come from:

- 1. Law Enforcement
- 2. Hospital Emergency Rooms in our service area
- 3. A family member
- 4. A person in services
- 5. Social service and other community agencies
- 6. BTCS staff members and other community members

ACCESS

24/7 Crisis Line (General Public): 800-841-1255

Law Enforcement: 512-701-1982

COUNTIES

Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, Williamson

CONTACT

Camille Prinz, MCOT Supervisor, 512-318-4573

Andrea Hoppock, Asst Director of Crisis Services, 512-374-0164

Austin Travis County Integral Care is the local authority for behavioral health and developmental disabilities. We provide community-based behavioral health and developmental disabilities services in Travis County, administering an annual budget of \$57 million of local, state and federal funding at 44 physical facilities.

In the last year, Integral Care served more than 22,000 individuals and families, through numerous services and programs year-round. Individuals receiving services at Integral Care, many of whom are immigrants, are often in dire need of care and have a single or combined diagnosis of developmental disabilities, persistent mental illnesses, and chemical dependency. Integral Care's programs are administered through the following service areas:

- Adult Behavioral Health
- Child and Family
- Intellectual and Developmental Disabilities
- Psychiatric Crisis Services and Jail Diversion

Services can include psychiatric evaluations, 24-hour crisis interventions, medication treatment, inpatient treatment, employment and vocational services, service coordination, family support and respite care, housing, information and referral, supported living and residential services. Integral Care also provides community services in homes, on the streets or at other sites as needed.

Integral Care was known as the Austin Travis County Mental Health Mental Retardation Center until September 2009, when its name was changed to reflect evolving attitudes and terminology and to honor the dignity of people who seek our services.

24/7 Crisis Hotline 512-472-HELP (4357)

Individuals seeking help or services should start by calling the 24/7 Crisis Hotline, a uniform telecommunications system that links all of ATCIC's services. Hotline clinicians offer support to anyone seeking help, identifying how they can best be served and quickly linking them with the most appropriate resources and ensuring they receive the best care possible

Some outreach efforts to benefit the immigrant community:

- 1. Expansion of Peer Support/Promotora role through Dove Springs new clinic
- 2. MHFA in Spanish
- 3. Streamlining translation/interperation services (lead to more effective clinical outcomes)
- 4. Staff and provider recruitment and training
- 5. Targeted outreach to communities through Univision and radio

We have specific clinics that serve the Spanish speaking community and run all the EMERGE clinics at Community Care where the staff are all fully bilingual.

This Commission can support us best by helping to promote public awareness of mental health in general MHFA, continuing to support our inter-local agreement with the City to provide our services, and helping to link individuals to the services they deserve through referrals to us.

Austin, TX

Domestic Violence Programs

There are currently 3 domestic violence and abuse shelters and programs in Austin, TX with 3 offering a hotline and 3 offering emergency shelter. Outside of this city and still nearby, you can also find help at these 8 domestic violence and abuse <u>shelters and programs</u> in places like Round Rock, Lockhart, and Bastrop. If you have questions, consider reading these <u>domestic violence facts and statistics</u>, our archive of 666 <u>domestic violence articles</u>, <u>recommended books on domestic violence</u>, or these insightful <u>stories about domestic violence</u> survivors.

Texas Advocacy Project

Emergency Shelter

Score based on number of services offered by a program and the amount of information they share with this website to improve your experience. Max score is 100.

Hotline

800-374-4673 <u>hours</u>

Business

512-476-5377 hours

• SAFE (a merger of SafePlace and Austin Children's Shelter)

Emergency Shelter

Program reports that it is solely focused on providing services for victims of domestic violence.

Score based on number of services offered by a program and the amount of information they share with this website to improve your experience. Max score is 100.

Hotline

512-267-7233 hours

Business

512-267-7233 hours

Asian Family Support Services of Austin

Emergency Shelter Hotline

512-651-3743 hours

Business

512-358-6318 hours

NALOXONE HUB

OVERDOSE PREVENTION & RESPONSE TRAINING

Be aware, be prepared - save a life



WHAT WE OFFER

- In-person and virtual overdose response trainings in both English and Spanish.
- Join one of our recurring weekly sessions or email to schedule a training for your group; we'll come to you!
- Training of the Trainer

 opportunities for those looking to
 educate others in their
 community.
- Access to Naloxone

TRAINING OBJECTIVES:

- Describe current trends driving increased overdose mortality
- Understand drivers of overdose
 & evidence-based treatment for substance use
- Describe actions for reducing overdose risks
- Recognize and respond to an opioid overdose

Saving lives through overdose prevention and education. Run by a team with lived experience, we're here to equip you, your family, and your community with life-saving tools.

HUB@CFORR.ORG

HTTPS://LINKTR.EE/C4RNALOXONEHUB



Scan to connect and register for training.

HOUSING RESOURCES

HOUSING CHOICES – FINDING A PLACE TO LIVE

People dealing with mental health issues or other disabilities, who need a place to live might find what they need from the choices below. Individuals living with a mental health disability may want to inquire with their **Local Mental Health Authority (LMHA)** about the housing programs/options referenced below.

Homeless Shelters

Homeless Shelters provide temporary shelter (usually three days to two weeks) for people without permanent housing.

- Search for <u>Homeless Shelters</u> in the 2-1-1 database.
- Please note that when searching the 2-1-1 database, you must enter a zip code to find resources in your area. After clicking one of the above links to search the 2-1-1 database, scroll down and enter your zip code below the map and select "apply filters."

Affordable Housing / Transitional Housing

Affordable housing is available all across Texas for people with low income. Affordable housing units have rent costs that are lower than anywhere else in the area. The Texas Department of Housing and Community Affairs (TDHCA) provides the funding that supports affordable housing in Texas. Some of these housing units are only available to older adults or people with disabilities. In most cases, affordable housing is considered to be "transitional housing," or housing that can be used until the renter can find a more permanent home.

- Visit the TDHCA <u>Vacancy Clearinghouse</u> to search for affordable housing in your area.
- Visit the <u>U.S. Department of Housing and Urban Development</u> website to search for Housing Counseling Agencies in Texas.
- Visit the <u>Volunteers of America</u> website to find affordable housing options in Texas.
- Or search Transitional Housing in the 2-1-1 database.

Boarding Homes:

In many cities and towns in Texas, small business owners operate boarding homes, which are places where people can rent a room and share the use of common areas of the house, such as the kitchen and laundry room. A boarding home often includes other services for its renters, such as group meals, help getting around town, or laundry services. Texas does not license or regulate boarding homes, but some cities do regulate these businesses. Also, there is not a complete listing of these homes or a search feature for boarding homes. For an overview of items to think about when looking for a boarding home, see the list below.

Questions To Ask When Looking At A Boarding Home:

- How much does it cost each month? How do you get out of a lease?
- What is included in the cost? Does it include meals, help getting around town or other services?
- What is a normal day like? (Can you visit before moving in?)
- How many people live in each room?
- What are the rules about guests?
- Are pets allowed?
- Are there any staff on site?
- How are conflicts among residents handled?
- What are the rules about drinking and smoking?
- Does the building meet city code?
- Does it have working fire detectors, extinguishers, emergency exits, and other safety features?
- Is the home near the public bus or train route?
- See Texas Boarding House Model Standards.

Assisted Living:

Assisted living homes provide health services and help with personal care in a homelike setting. There is an emphasis on personal dignity, independence, and privacy. Assisted living homes can be in apartment-like buildings or private homes. Services include meals and help with taking medicines, bathing, dressing, and toileting. Assisted living homes are licensed by the Texas Health and Human Services Commission (HHSC).

- Visit this website to learn about assisted living facilities.
- Search <u>Assisted Living Facilities</u> on the HHSC website.

Adult Residential Care:

Some adults need 24-hour care but do not need nursing services. Some residential care and treatment facilities provide this kind of 24-hour, non-nursing care. This includes crisis residential and respite resources. Residential care and treatment facilities are licensed by the Texas Health and Human Services Commission (HHSC). Most adult residential facilities offer personal care, home management, escorting, 24-hour supervision, social and recreational activities, and help getting around town.

- Visit the HHSC website to learn about residential care.
- Search Residential Care Facilities on the HHSC website.
- Or search Adult Residential Treatment Facilities in the 2-1-1 database.

Residential Care For Children And Teenagers:

Sometimes a child needs full-time treatment outside of their home. Residential care centers provide that kind of live-in care. Residential treatment or care centers are licensed by the Texas Department of Family and Protective Services (DFPS).

• Search Residential Care Facilities for Children / Teenagers on the DFPS website.

Other Supportive Housing:

- Use the links below to search for other Supportive Housing through the HHSC website and in the 2-1-1 database:
- Adult Foster Care
- Adult Residential Care Homes
- Homeless Permanent Supportive Housing
- Family Permanent Supportive Housing
- Semi-Independent Living Residences for Adults with Disabilities
- Please note that when searching the 2-1-1 database, you must enter a zip code to find resources in your area. After clicking one of the above links to search the 2-1-1 database, scroll down and enter your zip code below the map and select "apply filters."

Help Paying For Housing And Utilities:

Some Local Mental Health Authorities (LMHAs) around the state offer help paying for rent and utilities such as electricity, gas, and water service. This help is for people who are homeless and have severe and ongoing mental illness, who get mental health services through the LMHA. To find out if you qualify this kind of help, call the <u>LMHA</u> in your area.

Adult Protective Services

Adult Protective Services (APS) investigates abuse, neglect, and exploitation of adults who are elderly or have disabilities and who live in the community. Any adult who has a disability or who is age 65 or older that is in a state of abuse, neglect, or exploitation may be eligible to receive adult protective services. Victims of abuse, neglect, or exploitation may get short-term help with shelter, home repairs, food, transportation, managing money, medical care, home healthcare services, and mental health services. All cases of reported abuse are evaluated on a case-by-case basis.

If an individual with a mental health disability believes they are a victim of abuse, neglect, and/or exploitation, they are encouraged to call the APS Abuse Hotline toll-free at 1-800-252-5400. It is available 24 hours a day, 7 days a week.

Learn About Housing For People With Mental Illness:

Article on housing for people with serious mental illness, Hogg Foundation, 2012

LIFETSGO.MOBI

Texas Homeless Shelters

180 House Inc. 325-673-0180 2101 Amy Lynn Abilene, TX 79603 Temporary Shelter Men's and Women's Wings Abilene Shelters

Abilene Hope Haven, Inc. 325-677-4673
801 S. Treadaway Blvd. Abilene, TX 79602
Abilene Hope Haven is a transitional housing program for individuals and families who have experienced homelessness. We operate two residential facilities with a bed capacity of 76.
Abilene Shelters

Alamo Area Resource Center 210-358-9995 527 N. Leona San Antonio, TX 78207 Permanent Housing for Persons with HIV/AIDS Students San Antonio Shelters

All Church Home For Children 817-335-4673 1424 Summit Ave Fort Worth, TX Emergency Youth Shelter. No ID/TB card required. Fort Worth Shelters

Annunciation House 915-545-4509 1003 E. San Antonio El Paso, TX 79901 Housing Meals Clothing for people falls under poverty injustice and oppression El Paso Shelters

Another Chance House (806)372-3344 209 S. Jackson Amarillo, TX 79101 Homeless shelter for men fighting alcoholism and drug addiction. Amarillo Shelters

Arlington Life Shelter 817-548-9885 325 W. Division Street Arlington, TX 76011 Shepherds homeless men women and children Arlington Shelters Arlington Life Shelter 817-548-9885
325 W Division St Arlington, TX
The Arlington Life Shelter shepherds homeless men, women and children towards a lifestyle of self-sufficiency.
Arlington Shelters

Arlington Women's Shelter 817-460-5566 PO Box 1207 Arlington, TX 76004 Transitional Housing for Victims of Domestic Violence Arlington Shelters

Austin Resource Center for the Homeless - ARCH 512.305.4100 500 E. 7th Austin, TX 78701 We would like to update our posting: Austin Resource Center for the Homeless - ARCH 500 E. 7th Austin, TX 78701 PHONE NUMBER: 512.305.4100 Website: www.frontsteps.org Front Steps is th Austin Shelters

Austin Shelter for Women and Children 512-933-0600 4523 Tannehill Lane Austin, TX 78721 Provides shelter to Homeless Women and Children Katrina Evacuees Austin Shelters

Austin Street Centre 214-428-4242 2929 Hickory Street Dallas, TX 75226 Provide emergency shelter and related services to the homeless person Dallas Shelters

Baptist Children Home 830-875-5210 S Hwy 183 Luling, TX 78648 Residential programs for children and single-mother families Luling Shelters

Bay Area Homeless Services 281-837-1654
3406 Wisconsin Street Baytown, TX 77520
Emergency - Families Shelter - Provide shelter to Homeless Families Victims of Domestic Violence General Population
Baytown Shelters

Bay Area Turning Point 281-286-2525 210 S. Walnut Webster, TX 77598 Emergency DV Women and Children Shelter - Provide shelter to Homeless Families Victims of Domestic Violence Webster Shelters

Bay Area Women's Center 281-424-3300 5307 Decker Baytown, TX 77520 Established in 1981 The Bay Area Women's Co

Established in 1981 The Bay Area Women's Center offers 24 hour emergency shelter and counseling for survivors of domestic violence and sexual assault. Baytown Shelters

Bethel Home for Women (Renewed Innovations Inc.) 281-354-4432 1721 Ronson Road Houston, TX 77055

Emergency Shelter / Transitional Housing for women who are homeless or faced with a crisis situation.

Houston Shelters

Betty's Haven 281 457 6775 Channelview, TX 77530

We are an emergency shelter that provides victims of abuse and domestic violence shelter for 30-60 days. We are a 14 bed facility.

Channelview Shelters

Bridge Over Troubled Water Inc 713-472-0753 213 W Southmore Ave Pasadena, TX 77502 Suite 302 - Emergency DV Women and Children Shelter. Pasadena Shelters

Buckner Baptist Children's Home 806-795-7151 129 Brentwood Ave. Lubbock, TX 79416 Dedicated to the restoration and healing of individuals and the family. Lubbock Shelters

Buckner Youth Shelter 956-585-4847 5425 N McColl McAllen, TX 78504

Temporary emergency shelter for the victims of sexual abuse and domestic violence (Children).

McAllen Shelters

Caring Place 512-869-4735

2001 Railroad Avenue Georgetown, TX 78626

The Caring Place provides services and shelter for victims of domestic violence. We provide food clothing household items and school supplies to those in need.

Georgetown Shelters

Casa Marianella 512-385-5571 821 Gunter Austin, TX 78702

Provide emergency shelter and support to homeless immigrant women and their children.

Austin Shelters

Casey Family Program of S.A. 210-616-0813 2840 Babock Rd. San Antonio, TX 78229 We serve children youth and families in the child welfare system since 1966. San Antonio Shelters

Catholic Charities 817-534-0814 2701 Birchill Road North Ft. Worth, TX 76105

Emergency shelter and diagnostic facility for children between ages 0 and 13 who have been removed from their homes by Child Protective Services due to an experience of abuse and/or neglect by their c

Ft. Worth Shelters

Catholic Charities of Dallas 214-520-6590 3725 Blackburn St. Dallas, TX 75219 Welcome strangers supporting the weak serving those in need and celebrating the gifts of every individual and family. Dallas Shelters

Center For Empowerment (281)449-0994 5609 Mount Houston Houston, TX 77051 Emergency - Families Shelter Houston Shelters

Central Texas Youth Service Bureau 817-634-2085 601 Parmer Ave Killeen, TX 76541-5355 Safe shelter for victims of domestic violence and sexual assault. A self-help program for parents troubled by teenage behavior. Killeen Shelters

Centro San Vicente Homeless Clinic 915-351-8972 1208 Myrtle Avenue El Paso, TX 79901 Provides temporary shelter and health services to homeless and poor. El Paso Shelters Chamber of Commerce 432-263-7641 215 W 3rd St Big Spring, TX 79720 Provides emergency shelter for the victims of hurricane. Big Spring Shelters

Charlie Taylor Recreation Center 972-264-6890 326 W. Main St. Grand Prairie, TX 75050 Shelter G79for dependent neglected and abused teenagers 10 to 17. Caters to homeless teens runaways and at-risk teens. Grand Prairie Shelters

Children's Aid Society of West Texas Inc. 940-322-7671 1101 30th St. Wichita Falls, TX 76302 Provides emergency shelter to teens. Teen Emergency Shelter Wichita Falls Shelters

Christ UMC 979-229-9411
4203 State Highway 6 S College Station, TX 77845
Strives to provide a safe nurturing Christian atmosphere in which children can

grow socially emotionally physically intellectually and spiritually. Enrollment is open to children without regard t
College Station Shelters

Christian Community Action 972-436-4357 200 S Mill Street Lewisville, TX 75057 Provides shelter and support to individuals

Provides shelter and support to individuals and families struggling with homelessness crisis concerns and/or mental illness as they move toward self-sufficiency.

Lewisville Shelters

Christian Youth Foundation (903) 675-3692 3693 State Hwy. 31 Athens, TX 75752 Shelters and help strangers orphans widows and all people in need and survivors of hurricane. Athens Shelters

Church of the Nazarene 817-274-7762
1516 W. Pioneer Pkwy Arlington, TX 76013
Provide shelter and services to build strong loving families within a caring Christian community.
Arlington Shelters

City House 972-424-4626

902 E. 16th Street Plano, TX 75074

CITY House has been providing a safe environment for 10 to 17 year olds in the only teen homeless shelter.

Plano Shelters

City of Refuge (day refuge - sack lunches and clothing) 806-331-1891

613 S. Adams Amarillo, TX 79101

We welcome people who come from all aspects of society especially those who have felt shut out isolated and alone.

Amarillo Shelters

Coastal Bend Alcohol and Drug Rehab 361-882-9302 24 N. Country Club Place Corpus Christi, TX 78407 Shelter and abuse treatment.
Corpus Christi Shelters

Collin Intervention to Youth 972-424-4626 1947 Avenue K #100 Plano, TX 75074 Teen shelter counseling center. Plano Shelters

Comfort House 956-687-7367 617 W Dallas McAllen, TX 78501

Home for those ill with AIDS who are homeless or whose families cannot care for them at home.

McAllen Shelters

Compassion Ministries of Waco 254-755-7640

1421 Austin Ave. Waco, TX 76701

Provides transitional housing from 90 to 180 days for homeless single women and families. Outreach services of food clothing and hygiene are offered to those who do not reside in the facility.

Waco Shelters

Cooke County Evacuee Shelter (site of former hospital) 940-665-1745 1016 Ritchie St. Gainesville, TX 76240 Emergany shelter for the victims of hurricane. Gainesville Shelters

Cornerstone Assistance Network 817-810-9941 1415 Lancster Ave. Fort Worth, TX 76102

Cornerstone is committed to helping poor to get sustainable employment. Fort Worth Shelters

Cornerstone Baptist Church 409-769-7273 145 Evangeline Drive Vidor, TX 77662 Shelters to teens provide counselling with parents. Vidor Shelters

Covenant House Texas (713)523-2231 1111 Lovett Blvd Houston, TX 77006 Emergency - Youth Shelter Houston Shelters

Crossroads 972-254-4003 928 Bluebird Drive Irving, TX 75061

Temporary housing for homeless families survival skills training like employment budgeting and living skills. Assistance provided for medical needs clothing transportation holidays and counseling. Services provided to Crossroads residents ONLY.

Irving Shelters

Dallas Life Foundation 214-421-1380

1100 Cadiz Dallas, TX 75215

Dallas Life Foundation strives to provide those in need with adequate shelter We operate a 100 000 square foot facility capable of housing up to 500 men women and children per day. Men and women are on separate floors in dormitory style housing.

Dallas Shelters

Dame La Mano 915-546-4040 1014 S, virginia st. el paso , TX 79901

el paso Shelters

Day Resource Center 817-810-9797 1415 E. Lancaster Fort Worth, TX

Provides assistance with ID Scan cars, laundry, showers, phone, internet, mail and specific client services and referrals. Hours Mon - Saturday 7:30am to 4:30pm (closed 12 - 1pm), Sunday: 12:30pm - 4:30pm. Fort Worth Shelters

Depriest Outreach Mission 281-449-0994

5609 East Mount Houston Houston, TX 77093 Shelter for Women and children. Houston Shelters

Door of Hope Mission (432) 337 8294
First and Lee Odessa, TX 79760
Separate shelters for men and for women/children.
Odessa Shelters

Downtown Women's Center 806-372-3625 409 S. Monroe St. Amarillo, TX 79101

The mission of the Downtown Women's Center is to provide structured and safe residential housing and counseling for homeless women with addictions and their children while offering screening and Amarillo Shelters

East Texas Open Door Inc. 903-935-0051 410 W Grand Marshall, TX 75670 Shelters for the victims of storm are available. Marshall Shelters

Emergency Operation Center (EOC - Police Command Center) 817-459-5770 620 West Division Arlington, TX 76011 Operational for 24 hours to accommodate the victims of hurricane. Arlington Shelters

Faith City Inc. 806-373-6402 401 E. 2nd Street Amarillo, TX 79101 The Family Lighthouse is a safe haven for homeless families and single women. It can accommodate a maximum of 72 guests in 16 rooms. Amarillo Shelters

Faith Mission 940-723-5663
1300 Travis Wichita Falls, TX 76301
Temporary and Long Term Emergency shelter for the victims of abuse. It has 4 family rooms.
Wichita Falls Shelters

Faith Mission and Help Center (Storm Service Center) 979-830-1488 500 E. Academy Brenham, TX 77833 Transitional long term temporary housing for homeless families victims of

domestic violence runaway or homeless youth.

Brenham Shelters

Family Crisis Center Inc 956-423-9304
1602 W. Harrison Suite C Harlingen, TX 78550
The Family Crisis Center is a corporation organized to provide temporary shelter and sustenance for women and their children in times of domestic crisis; to provide educational and counseling services
Harlingen Shelters

Family Gateway Inc. 214-741-6515 2910 Swiss Avenue Dallas, TX 75204 Transitional housing for homeless families. Dallas Shelters

Family Support Services 806-342-2500 1001 S. Polk Amarillo, TX 79101 Temporary shelter for individuals and families face crises such as family violence sexual assault divorce abuse stress. Amarillo Shelters

Family Violence Prevention Services Inc. 210-930-3669
7911 Broadway San Antonio, TX 78209
Transitional long term temporary emergency housing for victims of domestic violence katrina evacuees. Other services include Legal advocacy educational resources counseling medical assistance.
San Antonio Shelters

FamilyTime Crisis and Counseling Cemter (281)446-2615 undisclosed location Humble, TX 77347 Emergency DV Women and Children Humble Shelters

Fellowship Baptist 409-735-9511 1965 Miller Dr. Bridge City, TX 77611 Temporary emergency shelter for all those who are poor and needy. Bridge City Shelters

First Baptist Church 817-441-8885 124 Oak St. Aledo, TX 76008 Temporary emergency shelter for homeless children. Aledo Shelters First Methodist Church 936 564-8308 201 E. Hospital St. Nacogdoches, TX 75961 Temporary housing for women and child care. Nacogdoches Shelters

Fort Bend County Women's Center (281)342-4351 undisclosed location Richmond, TX 77406 Emergency DV Women and Children - undisclosed location Richmond Shelters

Fort Worth YWCA 817-332-6191 512 W. 4th St. Fort Worth, TX 76102 Temporary emergency shelter for single female only. Fort Worth Shelters

Franklin House Women & Children Facility 409-896-5911 5670 Concord Rd. Beaumont, TX 77708 Long term transitional housing for women and children. Beaumont Shelters

Freedom House 817-596-7543
PO Box 1626 Weatherford, TX 76087
Temporary emergency shelter for female and child victims of sexual abuse and domestic violence.
Weatherford Shelters

Friends of the Family 940-387-5131 PO Box 640 Denton, TX 76202 Provides shelter to womean who are victims of domestic violence. Denton Shelters

Friendship of Women 956-544-7412 PO Box 3112 Brownsville, TX 78523 Long term emergency housing for womens who are victims of domestic violence.

Front Steps 512-305-4100
500 E. 7th Stree (Austin, TX 78701)

Brownsville Shelters

Front Steps based on the belief that all people deserve the dignity of a safe place to call home seeks to end homelessness by providing shelter affordable housing and community education.

Austin Shelters

Genesis Women's Shelter 214-559-2050

4411 Lemmon Ave Ste 201 Dallas, TX 75219

Temporary and long term emergency shelters for victims of domestic violence and katrina evacuees.

Dallas Shelters

Gideon House 214-668-3044

2431 Crest Ridge Dallas, TX 75228

Gideon House is all male Christian facility. It is our desire at Gideon House to maintain a peaceful environment in our homes for men to be able to regroup, refocus & reestablish their lives as a true man of God. For more information please do not hesitate to call Pastor Rod at 214.668.3044.

Dallas Shelters

Godtel Ministries 936-637-2520

323 Moody Street Lufkin, TX 75901

We are dedicated to provide housing and healthcare services to mentally handicapped people.

Lufkin Shelters

Good Samaritan Mission 512-883-6195

210 South Alameda Corpus Christi, TX 78403

Organization showing compassion and love to the poor and needy by providing emergency assistance with shelter utilities food clothing transportation and health care.

Corpus Christi Shelters

Good Shepard Mission 936-291-8156

1005 MLK Ave. F Huntsville, TX 77320

Transitional housing permanent shelter for homless families victims of domestic violence general population katrina evacuees.

Huntsville Shelters

Grace Street Church 817-274-7762

2100 E. Arkansaw Arlington, TX 76014

Transitional supportive temporary emergency shelter for women and children. Arlington Shelters

Grayson County Homeless Shelter 903-465-6041 331 W. Morton Denison, TX 75020

The Grayson County Shelter offers homeless families, women and single men over 55 a safe, clean, healthy, physical and social environment as they work toward their goals of self sufficiency. The GCS also offers support and encouragement to clients in accessing external social services while seeking employment, housing and self-reliance.

Denison Shelters

Guadalupe Home 210-476-0707
1223 S. Trinity San Antonio, TX 78207
Transitional housing for homeless women pregnant women w/ childern less than 1yr. Old.
San Antonio Shelters

Harmony House Inc. 713-236-0119
602 Girard Houston, TX 77007
Transitional housing for working men parolees medically fragile.
Houston Shelters

Harris County Protective Services for Children and Adults - Chimney Rock Center (713) 664-5701
6425 Chimney Rock Houston, TX 77081
Emergency - Children Shelter
Houston Shelters

Hill Country Crisis Council Inc. 830-257-7088
429 Washington Kerrville, TX 78028
Temporary long term emergency housing for victims of domestic violence

katrina evacuees. Other services are Counseling legal advocacy educational resources and training.

Kerrville Shelters

Home & Hope Shelter 254-634-0110 905 Mimosa Killeen, TX 76540

Temporary long term emergency housing for homeless families katrina evacuees. 14 emergency stay after which a rental fee is required; food clothing hygiene.

Killeen Shelters

Homeward Bound Inc 214-941-3500 233 W. 10th Street Dallas, TX 75208 Temporary emergency shelter for victims of domestic violence persons with HIV/AIDS general population.

Dallas Shelters

Hope Action Care 210-212-8073
132 W Grayson St. San Antonio, TX 78212
Transitional temporary emergency housing for Persons with HIV/AIDS.
San Antonio Shelters

Houston Area Women's Center 713-528-2121 1010 Waugh Houston, TX 77019 Shelter and support services to survivors of domestic and sexual violence. Houston Shelters

Houston Covenant House 713-523-2231
1111 Lovett Blvd. Houston, TX 77006
provides emergency shelter crisis intervention transitional housing and community-based services to homeless runaway throwaway and at-risk youth under the age of 21.
Houston Shelters

Jesus House 432 337-7195
1335 E. 6th Odessa, TX 79761
Morning Breakfast with a sack lunch Sundays 8am, M-F 6am Free Showers, laundry in Jesus House. For men only...ID not required right away.
Odessa Shelters

Johnson County Family Crisis Center 817-558-7171 PO Box 43 Cleburne, TX 76033 Long term emergency shelter for victims of domestic violence. Cleburne Shelters

Kashmere Garden Residential Care 713-697-2300 6112 Crane St. Houston, TX 77026 Temporary shelter for mentally handicapped and persons with HIV/AIDS. Houston Shelters

Kilgore Crisis 903-984-3019 905 Broadway Kilgore, TX 75662 Shelter for homeless families victims of domestic violence. Kilgore Shelters

Kingwood United Methodist Church 281-358-2137 1799 Woodland Hills Dr. Kingwood, TX 77339

Temporary emergency shelter for hurricane evacuees only. Kingwood Shelters

Kinney County Aging Services 830-563-2015 408 S Ann St Brackettville, TX 78832 Emergency Shelter for senior citizen. Brackettville Shelters

La Familia de El Paso 915-532-9434 1511 E. Yandell El Paso, TX 79902 Day center for mentally-ill. El Paso Shelters

La Posada Home Inc 915-544-4595 1020 N. Campbell Street El Paso, TX 79902 Transitional/Permanent long term emergency housing for homeless families victims of domestic violence. El Paso Shelters

Loaves and Fishes of the Rio Grande Valley 956-423-1014 311 W. Harrison Harlingen, TX 78550 Long Term temporary emergency shelter for homeless families runaway or homeless youth general population. Harlingen Shelters

Martha's Home Inc. 806-372-4035
1204 W. 18th Ave. Amarillo, TX 79102
Temporary emergency (90 days) shelter for victims of domestic violence women and children only.
Amarillo Shelters

Matagorda County Women's Crisis Center 979-245-9109 2805 4th St./ PO Box 1820 Bay City, TX 77404 Long term emergency shelters for victims of domestic violence homeless families .

Bay City Shelters

Midland Fair Havens 432-689-3411 2400 Whitmire Blvd. Midland, TX 79705 Transitional housing for the victims of domestic violence. Midland Shelters Mission Arlington 817-277-6620 210 W. South St. Arlington, TX 76010 Temporary shelters for victims of sexual abuse. Arlington Shelters

Mission of Yahweh (713)466-4785 10247 Algiers Rd Houston, TX 77041 Emergency - Women with Children Houston Shelters

Modest Family Health Care Center (713)733-2458 1008 Danube Houston, TX 77051 Emergency - Single Adults Houston Shelters

Montgomery Co. Interfaith Hospitality Network 936-441-8778 10245 Owen Dr Conroe, TX 77304 Emergency - Families Conroe Shelters

Montgomery Co. Women's Center (281) 292-4155 undisclosed location The Woodlands, TX 77387 Emergency Domestic Violence Women and Children The Woodlands Shelters

Mujeres Unidas/Women Together 956-630-4881 420 North 21st St. McAllen, TX 78501 Temporary emergency and transitional housing for victims of domestic violence katrina evacuees . McAllen Shelters

New Beginning Center 972-276-0057
218 N 10th St. Garland, TX 75040
Transitional temporary emergency housing for victims of domestic violence katrina evacuees (women and children only).
Garland Shelters

New Hope Housing Inc. 713-223-1995 320 Hamilton St. Houston, TX 77002 Transitional housing for low income families. Houston Shelters New Horizon Family Center 281-422-2292 313 S. Hwy 146 Baytown, TX 77520 Provides shelters to children who are victims of domestic-violence Baytown Shelters

New Life Christian Fellowship 281-471-2677 2104 Underwood La Porte, TX 77571

Transitiona Permanent Supportive Long-Term Short-Term Emergency housing for homeless runaway or homeless youth victims of domestic violence persons with HIV/AIDS katrina evacuees.

La Porte Shelters

Northwest Assistance Ministries 281-885-4575 15555 Kuykendahl Rd. Houston, TX 77090 Long term emergency (3 months) shelters for homeless families (only). Houston Shelters

PNS/Safe Haven 817-336-1044 1500 E. Presidio Fort Worth, TX 76102 Shelters for mentally handicapped people. Fort Worth Shelters

Panhandle Assesment - Child Protection Services 806-372-3625 4655 S. FM 1258 Amarillo, TX 79118 Temporary emergency housing for homeless children. Amarillo Shelters

Presbyterian Night Shelter 817-632-7400
2400 Cypress Street Fort Worth, TX 76102
Long term emergency shelter for general population. Dinner is served to all overnight guests. 5:00 pm to 6:30 pm daily.
Fort Worth Shelters

Project Vida 915-533-7057 3607 Rivera El Paso, TX 79905

Transitional housing for runaway or homeless youth. Other services include Clinic (primary healthcare) daycare gang prevention.

El Paso Shelters

Promise House 214-941-8578
224 W Page Ave. Dallas, TX 75208
Transitional temporary emergency housing for runaway homeless youth ages

10-17.
Dallas Shelters

Reconciliation Outreach 214-821-9192
4311 Brian Street Dallas, TX 75204
Long term emergency (120 days) shelters for women and men over 21
homeless families runaway or homeless youth katrina evacuees.
Dallas Shelters

Recreation Outreach Center 972-272-1002 3375 Edgewood Garland, TX 75042 Provide shelters and councelling to youth runaway from their homes. Garland Shelters

Reflections of Christ's Kingdom Church (ROCK) 281-331-1212 415 West Adoue Alvin, TX 77511 Short-term long-term emergency shelters for katrina evacuees only. Alvin Shelters

Rescue Mission of El Paso 915-532-2575 1949 W. Paisano El Paso, TX 79922-1616 Provides a wide range of services in addition to food clothing and shelter including counseling. El Paso Shelters

Respite Care of San Antonio 210-737-1212 P.O. Box 12633 San Antonio, TX 78212 Temporary housing for mentally handicapped people. San Antonio Shelters

SAMMinistries Emergency Shelter 210-224-5838 910 W Commerce St. San Antonio, TX 78207 Temporary emergency for single men and women. San Antonio Shelters

SAMMinistries Transitional Living and Learning Center 210-979-6188 5922 Blanco Road San Antonio, TX 78216 Transitional housing for homeless and at-risk families katrina evacuees. San Antonio Shelters

SCAN - Serving Children and Adolescents in Need Inc (956) 724-3177 2387 East Saunders - suite 2 Laredo, TX 78041

Help children and adolescents in need. Laredo Shelters

SafeHaven of Tarrant County - Victims and Their Children 877-701-7233 not provided Fort Worth, TX 24 hour Domestic violence hotline for women and their children. Fort Worth Shelters

SafePlace Inc. 806-935-7585
306 West 7th Street Dumas, TX 79029
Long term emergency shelters counseling clothing for men women children abused dometically & katrina evacuees.
Dumas Shelters

Salvation Army - Conroe Montgomery County (936) 760-2440 304 Avenue E Conroe, TX 77301 Emergency Families Shelter Conroe Shelters

Salvation Army Family Residence (713) 650-6530 1603 McGowen Houston, TX 77004 Emergency - Families Houston Shelters

Salvation Army-Harbor Light Center and Red Shield Lodge (713) 224-9200 2407 North Main St Houston, TX 77009 Emergency - Men Houston Shelters

Samaritan Inn 972-542-5302 1710 N. McDonald McKinney, TX 75069 Transitional temporary and long-term emergency housing for homeless families victims of domestic violence katrina evacuees general population. McKinney Shelters

San Antonio Metropolitan Ministry (SAMM) Ministries 210-340-0302 5254 Blanco Road San Antonio, TX 78216-7017 Transitional housing for homeless families. San Antonio Shelters

San Antonio Rescue Mission 210-222-9736 907 E. Quincy San Antonio, TX 78215 Emergency shelter for men community food pantry prepared meals served. San Antonio Shelters

San Antonio Urban Ministries Fair Weather Lodge 210-208-5700 535 Bandera Rd. San Antonio, TX 78228 Temporary emergency shelters for victims of domestic violence specially youth. San Antonio Shelters

Sanctuary: A Place for the Displaced 512-477-2257 3121 East 12th Street Austin, TX 78702 Shelters for homeless women and children. Austin Shelters

Santa Maria Hostel 713-957-2413 2005 Jacquelyn Houston, TX 77055 It offers individual and group counseling family therapy education in addition to the long-term housing facility. Houston Shelters

Search for Truth Ministry 361-882-4143
709 Waco Street Corpus Christi, TX 78401
Transitional temporary emergency housing for homeless men hurricane evacuees.
Corpus Christi Shelters

Seton Home 210-533-3504
1115 Mission Rd. San Antonio, TX 78210
Long term emergency shelters for homeless single pregnant and parenting teen mothers with their babies.
San Antonio Shelters

Shared Housing 214-821-8510 402 N. Good Latimer Expy. Dallas, TX 75204 Transitional long term emergency housing for homeless families victims of domestic violence. Dallas Shelters

Smith's Anchor Care Home 713-645-5080 7911 Hartford St. Houston, TX 77017 Transitional Permanent housing for senior citizens. Houston Shelters Southside Community Center Homeless Shelter 512-392-6694 ext 0 518 S. Guadalupe St San Marcos, TX 78666

* Opens nightly at 5 pm and closed during the day starting at 8 am * Breakfast and dinner served daily (You do not have to stay overnight to eat a meal at the shelter) * Shower and laundry facilitie
San Marcos Shelters

Star of Hope Homeless Shelter (713) 748-0700 419 Dowling St Houston, TX 77003 Houston Homeless Shelter. Gets great reviews. Houston Shelters

Star of Hope Men's Development Center (713) 227-8900 1811 Ruiz Houston, TX 77002 Emergency - Men Houston Shelters

Star of Hope Women & Family Center 713-222-2220 419 Dowling Houston, TX 77003 Transitional living center for women and families. Apartments for 66 families and apartments for 45 single women are available. Houston Shelters

Sweet Home for the Homeless 713-633-3466 4440 Bennington St. Houston, TX 77016 Transitional permanent housing for parolees. Houston Shelters

T.B.E.S.P. OSNAM Center Inc. 956-831-6331 656 N. Minnesota Brownsville, TX 78521 Temporary emergency shelter for general population. Brownsville Shelters

Tarrant County Samaritan House 817-332-6410 929 Hemphill St. Fort Worth, TX 76104 Transitional & Permanent Temporary & Long Term hosuing for persons w/ HIV/AIDS. Samaritan House provides permanent housing in 60 single-occupancy on-site units. Through our Genesis Program, we provid Fort Worth Shelters

Texas Homeless Network 512-482-8270 200 E. 8th Street Austin, TX 78701-3210

Provides shelter to mentally retarded homeless people. Austin Shelters

The Alcohol/Drug Abuse Women's Center 409-763-5516

201 S. First Street Galveston, TX 77550

ADA Women's Center offers licensed residential substance abuse treatment for indigent women in Galveston and Brazoria Counties along coastal Texas. Galveston Shelters

The Bridge Emergency Youth Services 817-335-4673

115 W. Broadway Fort Worth, TX 76104

Temporary emergency shelters for runaway or homeless youth of the age 10 - 17.

Fort Worth Shelters

The Childrens Shelter 210-212-2500

2939 W. Woodlawn Av. San Antonio, TX 78228

Temporary emergency shelter for children in the State of Texas. We specialize in care to infants and young children serving newborn up to the age of twelve years.

San Antonio Shelters

The Christian Home 915-778-1810 7365 Alameda El Paso, TX 79915 Provides temporary shelters for children 90 day program. El Paso Shelters

The Open Door Mission 713-921-7520 5803 Harrisburg Blvd. Houston, TX 77011

A Christ-centered emergency relief and rehabilitation shelter dedicated to meeting the needs of men in our community who are homeless addicted destitute and disabled.

Houston Shelters

The Refuge Corporation 254-547-6753
811-A Martin Luther King Jr. Copperas Cove, TX 76522
Temporary emergency housing for homeless single women and children.
Copperas Cove Shelters

The Salvation Army 817-344-1800 1855 E. Lancaster Fort Worth, TX Day and Night Shelter. Prepared meals provided. Breakfast at 7:30am, Lunch at 12:30pm, and dinner at 5:30pm. Fort Worth Shelters

Turning Point Center 713-957-0099

1701 Jacquelyn Drive Houston, TX 77055

The Turning Point Center offers food, shelter, and other rehabilitative services to meet the physical and emotional needs of a neglected segment of society: underprivileged individuals, aged 50 and older, who are unable to provide safe and adequate living conditions for themselves. Our goal is to return these people to society as self-supporting individuals. Houston Shelters

Turtle Creek Manor 214-522-7930 2707 Routh Street Dallas, TX 75201 Temporary shelter for mentally handicapped and persons with HIV/AIDS. Dallas Shelters

Twin City Mission, Inc. (979) 822-7511 2505 S. College Bryan, TX 77801

The original focus of Twin City Mission was to meet the needs of homeless individuals and families. Through that service, which began in 1963, other areas of need were recognized and new programs were developed to help meet those needs. After 40 years of providing a home for the homeless, being a friend to the friendless and giving hope to the hopeless, Twin City Mission remains the foundation of support for those in need. Whether it is shelter, meals, clothing, household items or whatever, Twin City Mission operates on the premise of not seeing through each other, but rather, seeing each other through.

Bryan Shelters

U.S. Veterans Initiative 832-203-1626 4640 Main St. #213 Houston, TX 77002 Transitional housing for homeless families. Houston Shelters

Union Gospel Mission 214-637-6117 3211 Irving Blvd Dallas, TX 75247 Long term shelter for mothers and children special care for new born. Dallas Shelters

Union Gospel Mission of Fort Worth 817-332-3019 1331 E. Lancaster Avenue Fort Worth, TX 76102 Transitional housing for homeless families. Men call: 817-332-3019. Women call: 817-332-7531, families call: 817-332-6908. Prepared Meals provided Mon - Saturday, 12 pm and 5:30 pm. Sunday 11am and 4p Fort Worth Shelters

United Pentacostal Campground 936-634-6013
Hwy 59 South 75901 Lufkin, TX 75901
Transitional temporary long term emergency housing for victims of domestic

violence katrina evacuees.

Lufkin Shelters

Van Horn Community Christian Shelter 432-283-1631 210 West Broadway Van Horn, TX 79855 Emergency shelter for men women and families. Van Horn Shelters

Visitation House 210-735-6910 945 W. Huisache San Antonio. TX 78201

Transitional housing for single women with children under age 12. Education is free for the children to bring them up as useful citizens.

San Antonio Shelters

Volunteers of America 713-400-3400 5628 Lavender Street Houston, TX 77026

Serves the nutrition housing and emergency services of the most vulnerable indivduals and families.

Houston Shelters

Wichita Falls Faith Mission 940-723-5663 1300 Travis Wichita Falls, TX 76307

Hopmeless shelter for men, women and families. 12 step Christian recovery program 12 mos. feed 3 meals per day family assistance no chare for any services

Wichita Falls Shelters

Women In Need Inc. 903-455-4612 3302 Stonewall St. Greenville, TX 75403

Temporary long term emergency housing for homeless women and children who are victims of domestic violence. Other services include job training and placement domestic violence prevention counseling Greenville Shelters

Women's Shelter of East Texas Inc. 936-569-1018 2723 Durst Street Nacogdoches, TX 75964 Supports women and children who are victims of domestic violence; Also offer food clothing transportation. Nacogdoches Shelters

Youth Alternatives Inc. 210-340-8077 3103 West Avenue San Antonio, TX 78213 Long Term shelter and councelling for children who runaway from their houses or are homeless. San Antonio Shelters

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HOMELESS SHELTER REFERRALS: TEXAS CITIES

A

Abilene

Hope Haven (325)677-4673 - Men, Women & Children

Allen

Family Promise Collin County (972)442-6966 - Families

Amarillo

Martha's Home INC (806)372-4035 - Women

Another Chance House (806)372-3344 - Men

Faith City Mission Emergency Shelter (806)373-6402 - Men, Women & Children

Salvation Army Shelter (409)935-1190 - Men, Women & Children

Arlington

Life Shelter (817)548-9885 - Men, Women & Children

Salvation Army Family Shelter (817)860-1836 - Families

Austin

Resource Center Shelter Arch (512)305-4100 -Men, Women & Children

Foundation For The Homeless (512)305-4100 - Families

Salvation Army - Woman & Children

Azle

Beauty For Ashes (817)709-1197 -Woman

Green Light Ministries Brother to Brother (940)577-1954 -Men

B

Ballinger

ST. Mary Star Of The Sea Benevolence (325)365-2687 -Men, Women & Children

Bay Town

Bay Area Homeless Services Shelter (281)837-1654 -Men, Women & Children

Beaumont

Franklin House (409)896-5911-Woman & Children

Downtown Beaumont Salvation Army (409)896-2361 -Men, Women & Children

Brenham

Faith Mission Shelter and Help Center (979)830-1488 -Men, Women & Children

Brownsville

TBESP Ozanam Center Shelter (956)831-6331 - Men, Women & Children

Bryan

Doug Weedon Shelter For Hope (979)822-7511 -Men, Women & Children

Family Promise (979)268-4309 - Families

Shelter ELM (979)822-1998 -Women

C

Cedar Hill

Bridges Safe House (469)272-4441 -Pregnant Women & Women with Children

Clarksville

Clarksville Shelter (318)655-2297 -Men, Women & Children

Conroe

Family Promise (936)441-8778 -Families

Salvation Army (936)760-2440 -Men, Women & Children

Campus of Hope (936)521-6000 - Men

Copperas Cove

Cove House (254)547-4673 -Men, Women & Children

Corpus Christi

Metro Ministries Shelter (361)887-0151 -Women

Truth Mission Shelter (361)882-4143 -Men

Mother Teresa Shelter (361)883-7372 -Men

Good Samaritan Shelter (361)883-6195 -Men, Women & Children

Hope House (361)852-2273 -Women & Children

D

Dallas

Family Gateway (214)741-6515 -Families with Children

Calvert Place (214)637-6117 -Men

VGM Center Of Hope (214)638-2988 -Women & Children

The Bridge Shelter (214)670-1101 -Men, Women & Children

Dallas Life Foundation (214)421-1380 -Men, Women & Children

Union Gospel Mission Shelter (214)637-6117 -Men, Women & Children

Denison

Grayson County Homeless Shelter (903)465-6041-Men, Women & Children

Denton

Salvation Army Shelter (940)566-3800 -Men, Women & Children

E

El Paso

Opportunity (915)577-0069 -Women

Salvation Army Family Center (915)544-9811 -Families

Reynolds Home (915)274-2598 -Women & Children

Rescue Mission Faith Based Shelter (915)532-2575 - Men, Women & Children

F

Fort Worth

Presbyterian NIGHT Shelter (817)632-7400 - Men, Women & Children

True Worth Place (817)336-1044 - Men, Women & Children

G

Grand Prairie

Lifeline Shelter (972)237-5545-Families with Children enrolled in Grand Prairie School district

H

Houston

Sonrise Shelter (281)449-0994- Men, Women & Children

Star Of Hope (713)7480700 - Men, Women & Children

Open Door (713)921-7520- Men, Women & Children

Humble

Family Promise (281)441-3754_-Families

K

Katy

L.O.T. House Of Restoration (346)715)6346 -Women

Killeen

The Home and Hope Shelter (254)634-0110 -Men, Women & Children

L

League City

Family Promise Of Clear Creek (832)932-3963 -Families

Long View

Rescue Mission Shelter (903)234-2583 -Women & Children

House for Hope (903)295-0904 -Women

Lubbock

REC Homeless Shelter (806)775-0851 Women with Children 12 & Under

Salvation Army Emergency Shelter (806)744-5035-Men, Women & Children

Family Promise (806)744-5035 -Families

M

Marlin

The Samaritan House (254)883-6877 -Men, Women & Children

McKinney

The Samaritan In (972)542-5302 -Men, Women & Children

Midland

Family Promise (432)218-8231 -Women with Children

Fair Havens (432)689-3411 (432)683-3614 -Women with Children

Salvation Army Homeless Shelter (432)683-3614 -Men, Women & Children

Mount Vernon

Madeline House And Grace Shelter (903)717-2317 -Women & Children

0

Odessa

Salvation Army Shelter (432)332-0732 -Men, Women & Children

Family Promise (432)9346693 -Families

Jesus House (432)272-3362 -Men, Women & Children

P

Pasadena

Sarah's House (713)475-1480 -Women & Children

Port Arthur

Port Cities Rescue Mission Shelter (409)982-0202 - Men, Women & Children

S

San Antonio

San Antonio Rescue Mission (210)222-9736 -Men

Haven For Hope (210)220-2100 - Men, Women & Children

Salvation Army Emergency Shelter (210)352-2046 - Men, Women & Children

T

Texarkana

18yrs + Randy Sam's Shelter (903)792-7024 - Men & Women

V

Victoria

Perpetual Help Shelter (361)575-5335 -Women

W

Waco

Salvation Army Shelter (254)753-2648 -Men

My Brother's Keeper Shelter (254)296-9866 -Men

Wichita Falls

Faith Mission Shelter (940)322-4673 -Women & Children

Foundation for the Homeless

If you are seeking services: Foundation for the Homeless accepts client referrals from the Austin/Travis Country Continuum of Care Coordinated Assessment list.

In order to be accepted into Foundation for the Homeless services, individuals must complete the Coordinated Assessment.

Stability

FFH utilizes multiple grants and donations to provide a safe and inviting housing focused shelter for families experiencing homelessness while working with these families to attain their own long-term housing. Our case workers and support staff work closely with each family to address their barriers to housing, to connect them to community resources, and to support then on their unique path to self-sufficiency. Prior to 2018, FFH and our congregational partners housed clients in churches using the IHN/Family Promise model. FFH now houses clients in master leased apartments and houses. Families have averaged less than 80 days in shelter prior to gaining the skills and stability to obtain their own housing spaces. During 2018, Family Stability achieved its 12-month goals assigned through city contracts within the first nine months and continue to add to those totals. Case management and financial support for the housed families continue as needed for up to 24 months.

Phone: 512-453-6570

Mail: PO Box 28006, Austin, TX 78755

email: info@foundationhomeless.org

Project Helping Hand

Phone: (512) 614-0184

Email: northaustinfoundation1@gmail.com

Anyone seeking help entering the recovery community can meet with our staff to discuss their options. Call or walk-in for help.

On weekdays, we are open all day except the hours between 1:00 p.m. - 7:00 p.m.

On weekends, our staff is available after 7:00 p.m.

Address 1000 Prairie Trail Austin, TX 78758

Project Helping Hand (PHH) is a wholly owned subsidiary of the North Austin Foundation. PHH provides, at no charge, safe, clean and stable temporary shelter (up to 30 days) to individuals with the disease of addiction to alcohol and/or other drugs who are awaiting and preparing for admission to residential treatment. Many of our clients are indigent. Anyone wanting help with ending their alcohol or drug abuse can meet with our staff to discuss their options for recovery.

PHH helps residents with referrals to outside services such as Outreach, Screening, Assessment, and Referral (OSAR), the Supplemental Nutrition Assistance Program (SNAP), and the Medical Access Program (MAP). Such services allow the person to obtain a pre-admission clinical assessment, any medication that they may have been prescribed, and testing for tuberculosis (TB) in order to facilitate their timely acceptance and admission for treatment.

Our dormitories include six men's beds and four women's beds. Laundry, kitchen, and bathroom facilities are available to PHH clients. Potential clients must meet set criteria to be admitted and may stay for up to 30 nights. Please contact us by calling (512)614-0184 for more information. A staff member is available weekdays from 7:00 a.m. to 1:00 p.m. and then after 7:00 p.m. On weekends a staff member is available after 1:00 p.m.

There is no cost associated with the services provided by PHH. PHH receives no state of Texas or federal monies; our main sources of income are charitable Bingo and generous donations.

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P	articipating Properties
R	eferral Agents
P	articipating Owner/Agents
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D	ocuments for Execution
R	esource Documents
	DHCA Public Comment enter
•	Language

Free file viewers (To view and print PDF, DOC, XLS, PPT and PPS files)

Section 811 Project Rental Assistance Program

The Section 811 Project Rental Assistance (PRA) program provides project-based rental assistance for extremely low-income persons with disabilities linked with long term services. The program is made possible through a partnership between TDHCA, the Texas Health and Human Services Commission (HHSC) and eligible multifamily properties.

The Section 811 PRA program creates the opportunity for persons with disabilities to live as independently as possible through the coordination of voluntary services and providing a choice of subsidized, integrated rental housing options.

The program is available only in specific metropolitan areas (PDF).

Tenant Participation Eligibility

The program is limited to individuals who are part of the Target Population and receiving services through one of the HHSC Agencies participating in the program. Each eligible household must have a qualified member of the Target Population that will be at least 18 years of age and under the age of 62 at the time of admission. All three Target populations are eligible for community-based, long-term care services as provided through Medicaid waivers, Medicaid state plan options, or state funded services and have been referred to TDHCA through their service provider or coordinator. The State of Texas has committed to making these voluntary services available based on the needs of individual members of each Target Population. Individuals must be referred to the program by a Qualified Referral Agent.

Target Populations:

- People with disabilities living in institutions. People that wish to transition to the community from nursing facilities and intermediate care facilities for persons with intellectual and developmental disabilities may not have access to affordable housing in their community.
- People with serious mental illness. Individuals engaged in services but facing
 challenges due to housing instability. Stable, integrated, affordable housing would
 enable these individuals to have the opportunity to fully engage in rehabilitation and
 treatment, greatly improving their prospects for realizing their full potential in the
 community.
- Youth with disabilities exiting foster care. Youth exiting foster care often become homeless, particularly without the stability of long-term housing and comprehensive support services.

Property Participation Eligibility

Only properties located in the following geographic areas (PDF) are eligible to participate in the program. Properties must be located in one of the following eight Metropolitan Statistical Areas (MSAs):

- Austin-Round Rock
- Brownsville-Harlingen
- Corpus Christi
- Dallas-Fort Worth-Arlington
- El Paso
- · Houston-The Woodlands-Sugar Land
- McAllen-Edinburg-Mission
- San Antonio-New Braunfels

The Texas Section 811 PRA program does not provide funding for construction or rehabilitation.

Interagency Agreement

TDHCA has entered into an Interagency Agreement (PDF) with HHSC to make services available to participants.

The Interagency Agreement outlines the structure of the partnership for the Section 811 PRA Program. The agreement contains a detailed description of the target populations to be served, methods for outreach and referral and a commitment to make appropriate services available for residents in assisted units. HHSC and TDHCA identify the available state

services, describe how such services will be made available to eligible tenants and how the <u>referral process (PDF)</u> works.

Background

The U.S. Department of Housing and Urban Development developed a new option for the Section 811 Supportive Housing for Persons with Disabilities Program (HUD.gov) as authorized by the Frank Melville Supportive Housing Investment Act of 2010. The new Section 811 Project Rental Assistance program was first awarded through a demonstration program in 2012.

Real Choice Systems Grant

TDHCA's application for Section 811 funds was made possible through a partnership between the Texas Department of Aging and Disability Services and funding from the Centers for Medicaid and Medicare Services (CMS) Real Choice Systems Grant: Building Sustainable Partnerships for Housing.

Public Participation

The State of Texas' Section 811 PRA Program design was created through extensive planning sessions and public outreach, while building on existing plans, priorities, and housing and services infrastructure. Starting in fall 2011, the State of Texas created an 811 Team that included all of the HHSC Agencies, persons with disabilities, advocates, housing providers/developers, and TDHCA.

The 811 Team met regularly to analyze data, and discuss the potential target populations; methods of outreach and referral; and how to use the PRA funds with TDHCA multifamily financing programs.

Additionally, once the HUD Notice of Funding Availability was released, the State of Texas held five 811 Public Roundtables for feedback about the program design. The Roundtables were attended by 100 people, throughout the state that provided travel stipends for persons with disabilities to attend. The 811 Public Roundtables were attended by staff of TDHCA, members of the 811 Team, and the Health and Human Services Agencies.

Resources and Background Information

- . HUD Section 811 Portal
- Technical Assistance Collaborative Resource Center on Supportive Housing (tacinc.org)
- FY 12 Award Letter from HUD (PDF)
- FY 13 Award Letter from HUD (PDF)

Site Policies

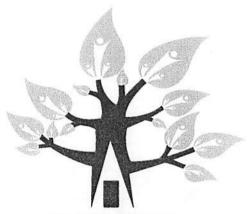


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TREATMENT FLYERS, PACKING LISTS, & INFORMATION

Christian Farms Treehouse

Is now offering Recovery Support Services



CFTH

Christian Farms Treehouse RECOVERY SUPPORT SERVICES

> PROGRAM DIRECTOR CHERYL BARAJAS

3804 RIVERSIDE TRAIL TEMPLE, TX. 76502 254-933-9400 EXT 111 cbarajas@cfth.org

WORK Cell-254-782-5391

Connecting to Resources

RECOVERY SUPPORT SERVICES

Peer Support Specialists help participants with their most pressing early recovery needs, such as locating a safe place to live, getting workplace readiness training and finding a job.

Peer Support Specialists help participants navigate the formal treatment system and gain admittance into a treatment program. They also help with discharge planning, usually working closely with treatment staff.

Facilitating and Coaching Recovery Groups

Groups typically involve the sharing of personal stories and some degree of problem solving as a group.

Some of these groups are structured as support groups, while others have educational purposes. Many have components of both. Typical topics include training in job skills, budgeting and managing credit, preventing relapse, and conflict resolution.

Building Community

Peer Support Specialists organize recoveryoriented activities that range from opportunities to participate in team sports to family-centered holiday celebrations and sober get-togethers. These activities provide a sense of acceptance and belonging to a group, as well as the opportunity to practice new skills.

Mentoring and Coaching

Peer Support Specialist assist participants with tasks, sch as setting recovery goals, developing recovery action plans, and solving problems directly related to recovery, including finding sober housing, making new friends, finding new uses of spare time and improving one's job skills.

Peer Support Specialist

- Serves as a recovery coach for thos recovering from opioid use and are addressing Medicated Assisted Treatment (MAT) services.
- Engage participants in the recovery process to increase the chance of their commitment and reduce the likelihood of relapse.
- Provide mentoring, coaching and encouragement
- Connect participants to needed services and community supports
- Help in the process of establishing new social networks supportive of recovery

Peer Support Specialist

Peer Support Specialist use knowledge from their life experiences to encourage participants to be responsible for their own recovery from substance use disorders.

Peers help participants identify barriers to goals and resources, and they empower participants to access the tools and skills needed to break down those barriers.

Through mentoring and role modeling, the peer shows the participant that success through recovery is possible.

Christian Farms Treehouse, Inc.

3804 Riverside Trail, Temple, TX 76502

Contact us (254) 933-9400 cfthinc@cfth.org

What We Believe

- * God of the Bible is our higher power revealing Himself as Father, Son and Holy Spirit.
- * The Bible is the Word of God revealed to mankind by the Holy Spirit.
- * The 12-steps of Alcoholics Anonymous are vital to recovery and are compatible with the teachings of the Bible.
- * Recovery from chemical dependency is based on total abstinence available through the daily maintenance of spiritual well-being.
- * A personal relationship with Jesus Christ and a Christian lifestyle empower continued sobriety.

Our Objectives

Gain an understanding of addiction
Provide alternative sobriety based skills
Minimize relapse by finding alternative behaviors
Implement positive parenting skills
Reunite families when possible
Establish healthy communication habits
Identify and correct self-defeating behaviors
Encourage spiritual growth
Lead to stability and self-sufficiency through aftercare planning
Refer to social services and job training when needed
Improve life skills and lifestyles
Acceptance of personal responsibility
Improve personal health and social functioning

Allowed

Bible
AA Big Book
Spending Money
Toiletries/Hair Dryer
Blanket and Pillow
Laundry Detergent/Fabric Softener
Cosmetics (sealed from the store)

Stationary

Envelopes/Stamps

Jewelry (exclude expensive jewelry)

Sunglasses

Umbrella

Flashlight

Prescription Glasses/Contacts

Contact Solution (sealed)

Prescription Medications with Pharmacy Leaflets and enough to cover your stay

Cigarettes (optional)

NOT Allowed

Cellular Phones/Pagers

Computers/Laptops

PDAs

Camera/Tape Recorder

Televisions

Electronic Items with Video Capability

Any Music Playback Equipment to Include iPods

MP3 and CD Players

Video Tapes or DVDs

Radios

Flammable Items (such as candles, lighter fluid)

Weapons of Any Type

Reading Material or Devices

Food

Energy Drinks

Clothing and Accessories which Promote or Glamorize Alcohol, Drugs, Tobacco, Gambling, Occult or Sex

CLOTHING

Enough for 7-10 Days that Include the Following:

Tops (no tank tops)

Slacks (proper fit)

Shorts or Capris

Dresses or Skirts

Shoes (at least one pair of closed toed shoes)

Socks

Belt

Undergarments

Sleepwear/robe

Admissions

Must be at least18 years of age

Medically and mentally stable

Primary diagnosis of chemical dependency

If pregnant, due date must be a minimum of three months after anticipated discharge date Interview required if not referred by state agency

Appointment required (scheduled, Monday through Thursday, 9a.m. – 2p.m.)

Urinalysis

Documents

Documents

Birth certificate

Social Security card

Driver's license or state issued ID

Notes

Prescription medications must be labeled by a licensed pharmacy

All prescriptions and over the counter medications are secured and made available according to state regulations

Only one earring per earlobe is permitted

Other body piercing rings or studs cannot be worn

Excessive earrings are prohibited

While in treatment, no new body piercing or tattoos

The purchase of energy drinks is not allowed

Cost

Cost

Intensive Treatment: \$6,000 Per Month

Payments Accepted: Cash, Check, Money Order, Visa, MasterCard, Discover Card

Facility

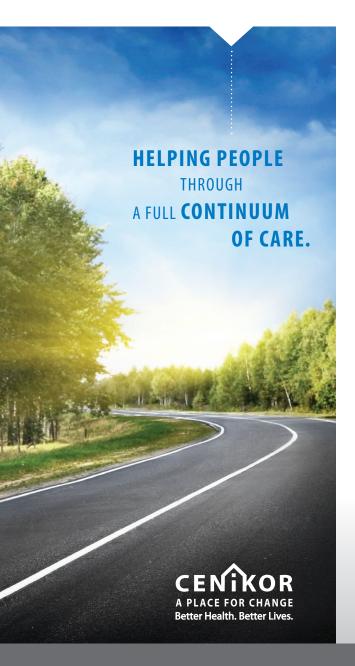
Male and Female Dorms (capacity of 24 each) Close Proximity to Medical and Social Services Located on 13 Country Acres Between Temple and Belton Easy Access to I-35

Staff

Licensed Chemical Dependency Counselors (LCDC)
Counselor Trainees/Interns Working Toward Licensure (CI)
Approved Spiritual Encouragers
Approved Volunteer Staff

SUBSTANCE USE DISORDER

& Behavioral Health TREATMENT



INPATIENT DETOXIFICATION

Austin, Texas | Houston, Texas Tyler, Texas | Waco, Texas

SHORT-TERM INPATIENT

Austin, Texas | Houston, Texas Tyler, Texas | Waco, Texas

LONG-TERM INPATIENT

Baton Rouge, Louisiana Houston, Texas | Fort Worth, Texas

ADOLESCENT INPATIENT

Houston, Texas

AMBULATORY DETOXIFICATION

Baton Rouge, Louisiana | Houston, Texas | Tyler, Texas

OUTPATIENT SERVICES

Anahuac, Texas | Baton Rouge, Louisiana Cleveland, Texas | Houston, Texas Killeen, Texas | Liberty, Texas | Temple, Texas Tyler, Texas 1 Waco, Texas

ADOLESCENT OUTPATIENT

Cameron, Texas | Henderson, Texas Hillsboro, Texas | Marlin, Texas | Marshall, Texas Tyler, Texas | Waco, Texas

SOBER LIVING

Waco, Texas

PREVENTION/PPI

Killeen, Texas | Temple, Texas

CORPORATE OFFICE

Houston, Texas

Cenikor has a robust network of referral partners. Fees for services vary. Most insurance plans accepted. Call to discuss your insurance benefits or private pay options.

All inquiries about admissions and referrals are confidential.



1-888-CENIKOR

(1-888-236-4567)

www.cenikor.org

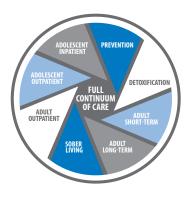






CENIKOR IS A 501(C)(3) NON-PROFIT ORGANIZATION, PROUDLY SERVING MORE THAN 1,000 CLIENTS PER WEEK ACHIEVE BETTER HEALTH AND BETTER LIVES.

IS A MILESTONE, A MEASURE OF SUCCESS.



Cenikor has extensive experience in providing support to treat the client as a whole. We help our clients deal with substance use disorders and behavioral health issues, along with family support, education and career services.

Since 1967, Cenikor has proven to be one of the most successful substance use disorder treatment centers offering high-quality, affordable services to clients and communities throughout Texas and Louisiana.

From the initial call to Cenikor seeking treatment, to the admissions process, into the level of treatment, and on to completion, each step is a milestone geared to help change the attitudes, behaviors and perceptions associated with substance use disorders.

COMPREHENSIVE SERVICES

Provided by licensed clinical and medical staff include:

- Screening Assessment
- Early Intervention
- Issue-specific Classes
- Recovery
- After-care Services

DISCHARGE PLANNING

Cenikor staff are well connected in the recovery community and help patients connect with sponsors, groups and quality support to assist in recovery after treatment.









Cenikor proudly accepts donations of goods and services for our clients. Community support and donations are vital to our mission.

Eighty-two cents of every dollar donated goes toward program costs.

DETOXIFICATION

Cenikor's medically-supported detoxification services help stabilize clients going through the active withdrawal symptoms associated with substance use disorders. Both intensive inpatient and ambulatory detoxification services are available. Professional assistance is especially important in this critical period on the path to long-term recovery and a happy healthy life.

SHORT-TERM

Cenikor's short-term inpatient programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members.

Recovery

Respec

LONG-TERM

Cenikor's long-term inpatient program is designed for people who are physically ready, mentally capable and willing to participate in all

aspects of the recovery program, including education and workforce development. Our therapeutic community (TC) model uses peer influence and clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders.

OUTPATIENT

Cenikor's evidence-based outpatient programs provide substance use disorder and behavioral health recovery services to adults on an individual, group and/or family basis. Licensed clinical staff provide comprehensive services, including screening, assessment, early intervention, recovery after-care services and more.

SOBER LIVING

Cenikor's Sober Living program provides a safe, supportive environment for those in recovery who are ready to reintegrate into their respective communities. We offer both men's and women's Sober Living homes, providing an intermediate phase between the controlled environment of treatment and the challenges of the real world. Sober Living provides those in recovery with essential support, structure, resources and security to take their first steps toward independence.

ADOLESCENT PROGRAMS

INPATIENT

countability

Cenikor's inpatient treatment focuses on recovery for adolescents ages 13-17. Clients learn how to live with structure as behaviors and attitudes are addressed by both peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff at an accredited school on site.



OUTPATIENT

Cenikor's adolescent outpatient program provides treatment for those whose lives are impacted by substance abuse. Licensed clinical counselors conduct evidence-based outpatient group counseling programs for adolescents ages 13-17 and their families. Our outpatient satellite model makes recovery services available in under served communities.

PREVENTION/PPI

Cenikor's Prevention Services provide age appropriate evidenced-based curriculum for all ages. Students are taught the skills necessary to develop good self-esteem, resist peer and media pressure, and explore tobacco, alcohol and drug-free activities. Pregnant and Postpartum Intervention (PPI) is a program to assist pregnant and post-partum women to become and stay drug, alcohol and tobacco free.



Short-term Residential Program

Admissions Information/Packing List

What to bring:

- 30-day supply of prescribed medications.
- Photo Identification Card.
- Social Security Card.
- Proof of income for the last year or proof of unemployment.
- Calling card to make phone calls.
- Money for vending machine (one dollar bills and quarters only).
- Stamps, envelopes and writing materials/art materials.
- Any books must be faith based, recovery based, and positive non-fiction. (Limit 3)
- Cigarettes.
- Hygiene items:
 - o body wash
- Shoes must closed at the toe, sides and heel. Closed toe shoes must be worn in all common areas. Tennis shoes/sneakers are allowed for working out.
- Slippers, flips-flops and/or shower shoes are permitted only in the dorms.
- Clothing (1 weeks' worth)
 - o Must have jeans or pants to wear during the day, no tank tops. Shorts are only allowed outside and at recreation center.
 - Workout clothes.
 - o Sweater, jacket or hoodie.
 - Undergarments, socks, undershirts:
 - □ Undergarments are required at all times and ladies must wear a bra.
 - □ Clothing should fit appropriately nothing too large or tight. Clothing must be free of holes, rips and tears.

Clothing/item not permitted:

- □ clothing/accessories advertising, advocating or displaying:
 - o alcohol
 - o drugs
 - o gambling
 - o tobacco
 - o affiliation with a gang
 - o political messages
 - obscenities
 - profanity
 - racist, sexist and/or sexually suggestive slogans, symbols and/or pictures, halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage or back
- pants with logos across the backside
- sandals "Crocs" (those that do not enclose the entire foot) or high/medium heels

- □ hats are not permitted, except for outdoor activities or when required for religious purposes or cultural tradition (subject to pre-approval by facility manager)
- □ large or expensive jewelry
- □ mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admit

Clothing/Items needed for outdoor activities:

• At or below-the-knee shorts, sweat or track pants (these items are approved only for outdoor activities), T-shirts, and tennis shoes/sneakers.

What not to bring:

- Cell phones.
- Electronic cigarettes.
- Electronics, radios, or MP3 players.
- Hygiene Items:
 - o bar soap
 - o products with alcohol
 - o perfume/cologne or aerosol spray
 - o fingernail polish, remover, or fingernail clippers
 - o tweezers
- Food, gum, or candy, or breath mints.
- Over the counter (OTC) medication.
- Towels, blankets, or pillows; these items supplied by the facility.

Visitation:

• Residential: Sunday – females: 1pm to 2:25pm; males: 2:35pm to 4pm.

Phone Calls:

Residential clients can make phone calls on Saturday afternoon, with phone card only.

*If you need to reschedule, please do so 24 hours before your scheduled appointment time.

Client Dress Code

Appropriate Clothing/Items:

- Jean or pants/Capri pants must be free of holes, rips and tears. Pants must not "sag" and must cover undergarments at all times.
- Men must wear shirts tucked-in and pants must be worn with a belt.
- Dresses are permitted only when required for religious purposes or cultural tradition (subject to pre-approval by facility manager).
- Robe and/or appropriate sleepwear. "Pajama pants" are permitted only for bedtime and may not be worn outside the dorms.
- Once issued, name tags are to be worn at all times. They will be worn on the outside layer of clothing and on the upper, left chest.

Cenikor Austin 2410 West Howard Ln. Austin, TX 78728 888-236-4567

INPATIENT DETOX

Cenikor's Inpatient Detox program stabilizes adult clients who are going through active withdrawal symptoms associated with substance use disorder. Successful detoxification, an important first step, is a critical period of the treatment and recovery process. Medical and clinical involvement are especially important.

Around-the-clock medical support includes individualized treatment, medication protocols and counseling. Care begins with a physical exam and incorporates:

Medication to minimize withdrawal symptoms

Care supervised by a licensed medical director

Counseling by a licensed therapist

At the end of the detox period, each client's thorough discharge plan and referrals may involve short-term residential treatment or outpatient services. Participants connect with a 12-step support group such as Alcoholic Anonymous or Narcotics Anonymous. Cenikor's commitment to long-term recovery begins with safe and successful detox.

ADULT SHORT-TERM RESIDENTIAL TREATMENT

Cenikor's Adult Short-Term Residential (STR) programs provide non-emergency care and treatment for people with substance use and related behavioral health disorders. Beginning with a thorough assessment, our evidence-based treatment is comprehensive and individualized.

Individual and group counseling sessions address specific issues related to substance use and behavioral health, and also include:

Life skills training
Gender-specific education
Multi-family education groups

Participants may take advantage of smoking-cessation classes and other educational opportunities. By completion of Short-Term Residential treatment, clients are introduced to community and social support groups, including 12-step programs such as Alcoholics Anonymous and Narcotics Anonymous. A thorough discharge plan includes referrals to aftercare programs that lead to successful, long-term recovery.



Recovery

ARE YOU...

Expecting a baby or have a baby younger than an months? 6 4606

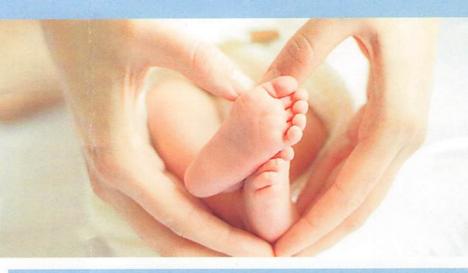
Do you need help finding a doctor for care during your pregnancy or a pediatrician for your baby?

Do you need help getting into a substance use treatment facility or linked to Medication Assisted Treatment/MAT?

Would you like to meet with a counselor or family coach or Recovery Coach shoran help you meet your goals for your family?

CARING FOR TWO

PREGNANT AND POSTPARTUM INTERVENTION PROGRAM



WE CAN HELP YOU!

Using a whole family approach without judgment to build family well-being and resiliency, including support to your physical and emotional health and providing skills and support, to promote strong parent-child attachment and early childhood brain development.

Program Goals:

- · Strengthen parent-child bonding
- Improve early childhood brain development
- Increase knowledge and adoption of healthy behaviors during pregnancy and parenting
- · Improve birth outcomes
- Promote long term wellness and recovery

Program Services:

- · Physical and mental health screenings
- Comprehensive case management and care coordination
- · Parenting education and coaching
- Prenatal needs
- · Individual and group mental health counseling
- Referrals for substance use disorders treatment and MAT as needed
- Transportation and housing assistance
- · Peer recovery support
- · Opportunity to meet other parents
- Parent-Child Advocacy Reunification Goal



CONTACT:

Camille Smith, Parenting Coach 713-336-4264 casmith@santamariahotsel.org 3710 Ceder Street, Austin TX 78705

Kendra Llorentz

Sr. Dir. Prevention and Intervention Services 291-640-2182 ext. 2172 kllorentz@santamariahostel.org







Recovery

CARING FOR TWO

¿ ESTÁS...

esperando bebé o tienes un bebé menor de 18 meses?

¿Necesitas ayuda para encontrar un médico para el cuidado durante tu embarazo ó un pediatra para tu bebé?

¿Necesitas ayuda para ingresar a un centro de rehabilitación por uso de sustancias adictivas?

¿Te gustaria reunirte con un consejero familiar?

i TE PODEMOS AYUDAR!

Aplicando un enfoque en tu familia completa, buscamos construir bienestar y resiliencia familiar, incluyendo apoyos en la salud física y emocional, así como brindando herramientas que favorcen el desarrollo cerebral en la primera infancia y que fomenten un fuerte apego entre padres e hijos.

Objetivos del Programa:

- Disminuir factores de riesgo en el embarazo
- Enfoque en fortalecer los vinculos entre padres e hijos
- Mejorar el desarrollo cerebral durante la primera infancia
- Promover un estilo de vida saludable
- Aumentar el conocimiento y la adopción de buenos hábitos y comportamientos sanos durante el embarazo y la maternidad
- Disminuir los indices de nacimientos derivados de partos con exposición a drogas y alcohol.

Servicios del Programa:

- Evaluaciones médicas y exámenes de salud
- Asesoria integral de servicios y manejo de casos
- · Clases y entrenamiento sobre la maternidad
- Educación sobre seguridad y conceptos básicos de bebés
- Proporcionar apoyo en necesidades prenatales básicas
- · Consejeria individual y de grupo
- Educación sobre trastornos del espectro de alcoholismo fetal (FASD)
- Referencias a especialistas de trastorno por consumo de sustancias y otras necesidades físicas y mentales
- · Apoyo con habitación y transporte
- Apoyo a la recuperación entre compañeros.

CONTACTOS:

Camille Smith, Parenting Coach 713-336-4264 casmith@santamariahotsel.org 3710 Ceder Street, Austin TX 78705

Kendra Llorentz

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Tracie Lowe RSPS Recovery Coach

3710 Cedar St. Suite 285 Austin TX 78705 PO Box 9611 Austin TX 78766 Ph (713) 691-0900 x4003 713-828-8525

"Serving Houston women since 1957"

tlowe@santamariahostel.org www.santamariahostel.org









Tracie Lowe RSPS Recovery Coach

3710 Cedar St. Suite 285 Austin TX 78705 PO Box 9611 Austin TX 78766 Ph (713) 691-0900 x4003 713-828-8525 Houston women since 1957.

tlowe@santamariahostel.org www.santamariahostel.org







Mission

We serve as a community of hope and recovery for all women and their families who strive to live healthy, resilient lives.

Vision

Pathways to possibilities.

Core Values

RespectHumility, Honesty,
Openness, and Diversity

Compassion
Generosity, Kindness,
Dignity, and Empathy

Integrity

Accountability, Transparency, Safety, and Ethics

Contact Us

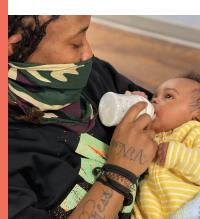
214-321-0156 nexusrecovery.org nexus@nexusrecovery.org

Follow Us

- **f** NexusRecoveryCenter
- NexusRecovery
- o nexusrecovery
- in nexus-recovery-center







Residential Services

Nexus houses up to 130 women for five to 90 days, focusing on recovery from opioid, alcohol, and benzodiazepine addiction.

Adult Women

With a team of licensed counselors, the Adult Women program develops and implement personalized treatment plans.

Pregnant and Parenting Women with Children

We serve women in all stages of pregnancy and mothers with up to three children aged 0-12.

Child Development Center

Nexus operates a licensed childcare center serving infants through school-aged children.

Medical Services

Medical Detoxification

Women in our Detox program receive round-the-clock monitoring, medication, and care from Licensed Vocational Nurses, and work daily with detox-specific counselors.

Medication Assisted Treatment

This program provides medications in combination with counseling and behavioral therapies for the treatment of some substance use disorders.

Psychiatric Services

Nexus employs Master's level counselors to treat co-occurring psychiatric disorders and the complex trauma that may underlie substance abuse.

Outpatient Services

Outpatient Program

Off-campus programs provide individualized treatment and access to a support network for women managing their recovery alongside their lives, jobs and families.

Recovery Support Services

Certified Recovery Support Peer Specialists work with each Nexus client to provide practical guidance as well as employment and housing assistance.

Nexus Generations

Nexus Generations clients participate in parenting education and attend support groups to help on their recovery journeys and prepare for motherhood.

Shelter Plus Care/SNAPS (210) 261-1456

Shelter Plus Care focuses on people with mental illness and families who experience homelessness, helping them get into permanent housing more quickly. The Center provides mental health treatment, psychosocial rehabilitation, case management and skills training. Qualified participants will receive a Section 8 Certificate through the San Antonio Housing Authority (SAHA).

In-House Recovery Program (IHRP) (210) 246-1300

IHRP is a 3 – 4-month sober living dormitory for adults experiencing homelessness and struggling with substance use disorders. IHRP staff are peer recovery support specialists that help maintain a supportive, sober living environment. IHRP utilizes the Intensive Outpatient Program, and the Life Skills Classes on the Haven for Hope campus. People also participate in employment readiness training and attend 12-Step meetings each night.

Homeless Set Aside Voucher Program (210) 261-1456

The Center helps people who are experiencing chronic homeless and actively receiving outpatient treatment in our programs obtain a permanent Section 8 voucher with the San Antonio Housing Authority (SAHA).

The Courtyard at Haven for Hope (210) 261-1484

At the Courtyard, you will find a safe, secure place to sleep, eat, shower, and store your belongings – and a lot more. The Courtyard is your portal to all the transformational services The Center offers. Our friendly, compassionate staff is available 24 hours a day, 365 days a year to help you calm the chaos in your life and find your way to productive independence.

Tenant-Based Rental Assistance (TBRA)

(210) 261-1444

The Center administers rental assistance for up to two years to eligible applicants who are actively receiving treatment in CHCS programs.

The Integrated Wellness Clinic

(210) 261-1432

The Wellness Clinic provides psychiatric, nursing, case management and rehabilitative services to adults experiencing homelessness. The Clinic is located on the Haven for Hope campus.

DSHS Supportive Housing

(210) 261-1456

The Center helps people with an active LOC 1-4 who are currently homeless or at imminent risk of becoming homeless, providing rent and utility assistance for up to 12 months.







- MEDICAL STABILIZATION (DETOX), RESIDENTIAL, AND PARTIAL HOSPITALIZATION PROGRAMMING (PHP) LEVELS OF CARE / TRANSPORTATION PROVIDED
- EQUINE THERAPY, ZIP LINE THERAPY, FULL GYM WITH WEIGHT TRAINING, AND MANY MORE OTHER RELATED RECOVERY ACTIVITIES
 CALL, TEXT, OR EMAIL!

BROOKE 817 454 3447 BROOKE.WALKER@REGARDHEALTHCARE.COM
KAREN 432 269 8982 KAREN.WOLFE@REGARDHEALTHCARE.COM



Beat addiction at your own pace.

From the comfort of your own home.

Olive Branch Recovery is currently enrolling patients in a program funded by the State of Texas. Patients receive online MAT (medication assisted treatment) services.

Patients receive:

- Free provider visits
- Free medication
- Free counseling

Screening criteria

- Must have income < 200% of the poverty line
- No insurance
- No medicaid

Please provide referrals through CMBHS (no. 105257), or contact the number below. You may also contact administration directly at 479-321-1516, or info@olivebranchrecovery.com

(940) 220-8899 www.olivebranchrecovery.com info@olivebranchrecovery.com

THE IMPACT OF OPIOID TREATMENT PROGRAMS

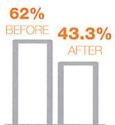
The following statistics are based on data taken 1 year BEFORE & 1 year AFTER

Methadone Maintenance Treatment.





TIME SPENT USING NARCOTICS DAILY



TIME SPENT UNEMPLOYED



CRIME RATES down by



JAIL TIME down by

Source: Effects of Methadone Treatment (https://www.drugabuse.gov/sites/default/files/pdf/partb.pdf

REDUCED COSTS

Every \$1 invested in addiction treatment yields a return of between \$4 and \$7 in reduced drug-related crime, criminal justice costs and theft alone.

When savings related to health care are included, total savings can exceed costs by a ratio of 12:1.

https://www.asam.org/docs/default-source/advocacy/mat-talking-points-final.pdf

ALASKA LOCATIONS

Mountain Village & Hermon Rd, Wasilla 907-290-3760

ARIZONA LOCATIONS

Main & Recker, Mesa	480-499-4599
E Main St. & N Lindsay Rd., Mesa	480-977-1500
24th St. & Indian School Rd., Phoenix	602-955-7997
23rd Ave. & Northern, Phoenix	602-866-9378
23rd Ave. & Northern OTOD, Phoenix	602-775-5634
27th Ave. & Camelback, Phoenix	602-775-5655
51st Ave. & Glendale, Glendale	623-233-1099
Monroe Ave. & S 3rd St., Buckeye	623-233-1330
N 99th Ave. & W Peoria Ave., Peoria	623-233-1333
Main St. & 1st Ave., Safford	928-985-2700
I-10 & Florence, Casa Grande	520-424-7390
La Cholla & Orange Grove, Tucson	520-775-3500
Broadway & Kolb, Tucson	520-314-1400
El Camino Real & Wilcox, Sierra Vista	520-895-6300
AZ-95 & S. Smoketree Ave., Lake Havasu	928-764-7266
I-19 & Mariposa Rd., Nogales	520-924-8900
Historic Rte 66 & Stockton Hill Rd., Kingman	928-565-6599
S White Mtn. Rd. & E Woolfred Rd., Show Low	928-251-2030
W 8th St. & S 5th Ave., Yuma	928-291-3565

MONTANA LOCATIONS

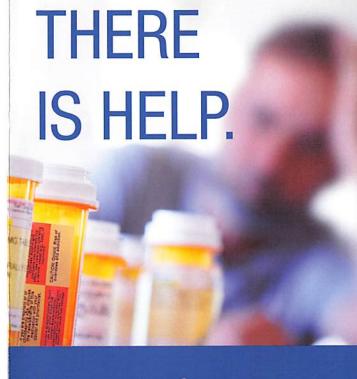
20th St. & Rosebud Dr., Billings	406-969-4812
Jackrabbit & Glider, Belgrade	406-404-7900
Sunset Blvd. & Utah St., Kalispell	406-206-3885
Catlin & Brooks St., Missoula	406-549-0114

TEXAS LOCATIONS

Whitestone Blvd & Arrow Point Dr., Cedar Park	512-986-7743
Lamar Blvd & Ferguson Dr., Austin	512-339-9757
William Cannon Dr & 1st St., Austin	512-899-2100
San Pedro Ave & McCarty Rd., San Antonio	210-314-1934

For information on our clinics located in North Dakota, Indiana, Michigan, Ohio and Wisconsin please contact 855-203-6352.

OPIOID DEPENDENCE





Leading the change to eliminate the consequences of substance use disorder in our communities.

Connecting Recovery | Healing Communities

1-855-203-6352 | CommunityMedicalServices.org



Our mission is to help those suffering from substance use disorders. We consider these people our patients, and our singular aim is to help them heal.

We're proud that our clinics provide our patients an environment that is free of judgment and condescension and we're steadfast in treating everyone with the utmost dignity and respect.

IT IS OUR APPROACH, BASED
ON CURRENT SCIENCE AND
EVIDENCE, THAT OUTPATIENT
MEDICATION ASSISTED
TREATMENT ALONG WITH
COUNSELING SERVICES
IS THE MOST EFFECTIVE
FORM OF TREATMENT FOR
INDIVIDUALS WHO ARE
DEPENDENT ON OPIATES.

HOW WE CAN SUPPORT OUR PATIENTS

Services are provided for adults who are or have been physically dependent on opiate medications and/or heroin. Services Offered:

- · Group & Individual Counseling
- Peer Support
- Co-Occurring Disorders
- Community Based Services
- Community Education
- OBGYN Services
- Medication Management
 - Methadone
 - Vivitrol
 - Naltrexone
 - Suboxone
 - Buprenorphine

GOALS OF MEDICATION ASSISTED TREATMENT

- Prevention or reduction of withdrawal symptoms
- Prevention or reduction in drug cravings
- Prevention of relapse to use of opiates
- Restoration toward normalcy of any physiological function disrupted by drug use
- Blockade of euphoric effects if opiates are used

Methadone maintenance is currently the gold standard of treatments as it is associated with reductions in intravenous drug use, crime, HIV risk behaviors and mortality, and is well-established in community treatment programs around the world.

HOW WE CAN WORK WITH YOUR AGENCY

Coordination of Care: In most cases, our clinicians will have more contact with your patient than any other agency; as much as six days per week. Patients are encouraged to allow us to coordinate treatment and share information with their providers. Because of this frequent contact, our clinicians will be able to assess and determine patient needs, and to provide early intervention with appropriate referrals.

Collaborative Program Development:

- Drug Courts
- Jails & Prison Systems
- State Children's Services
- · Veterans Affairs
- Residential Programs
- Behavioral Health Partners
- General Women's Health Centers
- Rural Communities
- Pain Clinic Integration
- OBOT Collaboration
- Hospitals
- First Responders

Community Education: Our trained staff are available to provide no-cost educational in-services on the role of medication assisted maintenance treatment within your existing programs or partnerships.

131+ AMERICANS DIE EACH DAY DUE TO AN OPIOID RELATED DEATH. THAT IS MORE THAN GUNS, CAR CRASHES, OR HIV/AIDS EVER KILLED IN A SINGLE YEAR.

MARS (Locations/Pricing)

North/South Austin

Methadone

Intake (Includes first week of treatment): \$110

Weekly fee: \$75

Cedar Park

Methadone

Intake (Includes first week of treatment): \$110

Weekly fee: \$70

San Antonio

Methadone

Intake (No intake fee): \$65

Weekly fee: \$65

Subutex-All clinics

Intake (Includes first week of treatment): \$200

Weekly fee: 15 mg or below: \$100 16 mgs or

over: \$125

Suboxone-All Clinics

Intake: \$200 (includes all follow up

appointments for 1st month)

Monthly follow up: \$150

Courtesy Dosing-All Clinics

Methadone

Set-up Fee: \$20

Daily Fee: \$15

Subutex

Set-up Fee: \$30

Daily Fee: \$20 (over 16 mgs \$25)

-Suboxone not available for Courtesy dosing

Payments Excepted:

Cash, credit, money order

Third Party payors accepted:

Traditional Medicaid

Other funding sources accepted with referral:

VA, Drug court, Texas Harm Reduction Alliance, Health and Human Services Commission, GAP Funding



Medication-Assisted Treatment (MAT) Program

The MAT Program is a medication-assisted treatment program that provides buprenorphine treatment and adult behavioral health supportive services to individuals living with an opioid use disorder. The program is a collaborative initiative between Integral Care and Central Health.

Criteria:

- Adult individuals struggling with use and/or cravings for heroin or other opioids
- Have a co-occurring mental health diagnosis
- Interest in medication-assisted treatment with buprenorphine/naloxone (generic Suboxone)
- Willingness to participate in the program, attend appointments, and engage in recovery
- Eligible for/have Central Health's Medical Access Program (MAP)

The MAT Program includes:

- Psychiatric services specializing in dual diagnosis mental health/substance use treatment
- Intensive case management and wrap-around behavioral health support
- Non-judgmental, supportive counseling services with qualified LPHAs and LCDCs
- Individualized, person-centered care
- Medications are covered by the Medical Access Program

To refer individuals to the Integral Care MAT Program, please email <u>MAT@integralcare.org</u>

Or call (512) 804-3210

Primarily located at:

Integral Care – Stonegate Integrated Behavioral Health Clinic 2501 W. William Cannon Drive, Building 4

Austin, TX 78745

Bus stops (routes 3, 7, 10, 171, 201, 315, 318, 333, 801) located within a block of the building *Visits at the St. John's Clinic for North Austin clients are available by appointment only*

- What is Medication-Assisted Treatment (MAT)? MAT refers to the medications that help manage withdrawal symptoms and cravings for opioids (or alcohol). Integral Care's MAT program prescribes Suboxone or Subutex; clients seeking methadone should be referred to NTP, and those seeking naltrexone should be referred to their regular prescribers. Unfortunately, the buprenorphine long-acting injections are not on the MAP Formulary so we cannot prescribe them.
- What is Suboxone (buprenorphine)? Buprenorphine (the active medication in Suboxone) is an opioid medication used to treat withdrawals and cravings in people who struggle with opioid use. It works by causing a positive opioid response in the body, while helping block other opioids to prevent overdose and reduce the need for continued substance over use. It is typically taken by dissolving under the tongue one to three times a day, depending on the individual's need.
- **How often are appointments?** Most clients come in weekly for the first month, biweekly for the next two months, and from there the appointments space out to every three weeks and eventually monthly.
- **Do you treat other substance use disorders?** A qualifying criterion of the program is opioid use disorder, but we work with clients' other substance use issues as well, whether that be through counseling, referrals for treatment, etc.
- Can clients without MAP be referred? If a client has Medicaid, Medicare, or private insurance, they should be referred elsewhere (such as NTP). If a client is uninsured *and* eligible for MAP, we offer to assist with the application, but we cannot admit the client until the MAP is active, which can take up to two weeks, sometimes more.
- What about Urine Drug Screens? While we do require clients to provide a Urine Drug Screen at appointments where they receive a prescription, it is not for punitive reasons; UDSs help our provider to prescribe safely and our case managers with treatment planning. We are required to monitor UDSs for reporting purposes, and do not penalize clients for positive tests.



Narcotic Treatment Program Services

- Methadone or Suboxone maintenance therapy
- Counseling and Case management services
- Drug and alcohol recovery resources and referrals

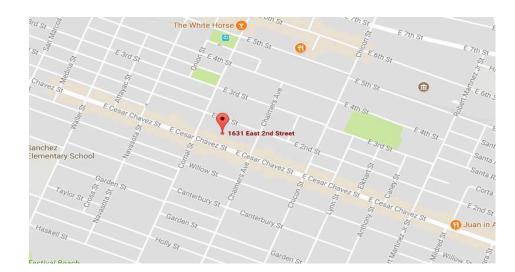
Locations

East 2nd Clinic Outpatient Services

- o 1631 E. 2nd Street, building A, Austin, TX 78702
- 0 512-804-3380
- Tuesday thru Friday at 12:30pm for Intake interview (1st step) (Walk-in available, first come first serve unless scheduled in advance) *Alternatives available by schedule

Admission Process

- 1. Call (512) 804-3380 to schedule an intake interview, or present for walk-in appointment. This assessment may take up to 2 hours.
- 2. You will then be requested to complete lab work at clinical pathology laboratories (CPL) as soon as possible. Make sure to have a good contact number to be reached at.
- 3. Once labs are completed an appointment to begin services will be made with the clinic physician. This appointment could take up to 4 hours so please plan accordingly.



East 2nd Clinic



Outpatient Detox Program

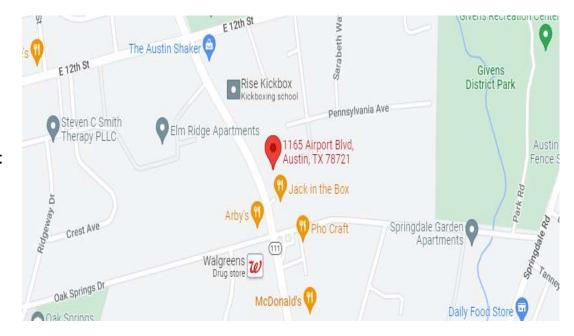
- Opioid or Alcohol Detox using medication assistance
- Protocols include:
 - Opioid detox- typically 21-24 day protocol
 - o Alcohol detox, typically 4-10 day protocol
- Counseling, Group Services, and Case management services
- Drug and alcohol recovery resources and referrals

Locations

- 1165 Airport Blvd Hopkins Building (2nd floor)
 - o 1165 Airport Blvd, Austin, TX 78702
 - o 512-804-3465
 - Screenings completed Monday thru Friday 7am-3pm by phone, Intakes are by appointment only

Admission Process

• 1. Call (512) 804-3465 to complete a screening and schedule an intake interview, present for appointment. This assessment may take up to 3 hours.



1165 Airport Blvd



We take care of your best friend while you take care of yourself.

TEMPORARY FOSTER CARE

AFTERCARE PROGRAM

FOSTER FAMILIES NEEDED

VOLUNTEER OPPORTUNITIES

Dogs Matter is the only nonprofit organization providing temporary foster care placement and supportive services specifically for addicts and alcoholics seeking treatment and transitioning into recovery.

We offer a safe and healthy foster environment for our client's dogs while they are seeking inpatient treatment, and if necessary, until they are healthy and stable enough to take care of their dog again.

When an addict or alcoholic makes the brave decision to get help, we're here to help

Dogs Matter provides a 12-month Aftercare Program led by a certified peer recovery coach. Our program follows our clients and their dogs after their successful completion of treatment and reunion with their dog.

We provide regular followup calls, local check-ins, recovery resources in the community, assistance with vet appointments, medical expenses, rent deposits, and food as necessary to ensure a safe and healthy environment while staying clean and sober. Temporary fostering is the lifeline of our mission at **Dogs Matter**. We are entirely foster-based and do not have a rescue facility, so we are always in need of additional foster families. Our fosters help to provide our dogs a safe loving home until their owners are ready to be reunited with their pups after successfully completing treatment for their addiction.

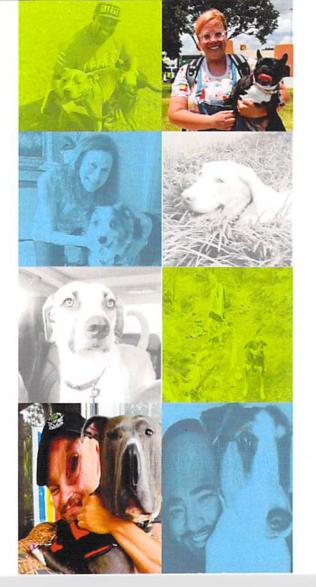
The length of our foster care commitment varies widely based on each client's situation, but typically 30-90 days can be expected. Help Make a difference—fostering

will change your life too.

Volunteering with **Dogs Matter** can take a variety of forms beyond fostering—including working at local events, helping raise awareness in the community and online, transportation service, dog walking, training and socialization time, grooming, medical care, food and supply donations, and training other volunteers on how to support our mission.

We could not do what we do without you, so please consider helping by volunteering your time or services to make a lasting difference in the lives of our DOSS and their OWNERS,

100.



COMMUNITIES FOUNDATION OF TEXAS

-NTX-GIVING DAY

9.22.22 presented by amazon







Dogs Matter Fundraising Goal: \$30,000

SAVE THE DATE! North Texas Giving Day is right around the corner. Take part by supporting Dogs Matter.

The event goes live on Thursday, September 22nd. However, early giving starts on Thursday, September 1st!

Would you, your small business, or your employer like to partner with us by providing a matching fund? Consider becoming a MATCHING DONOR. Your support doubles the impact of each dollar raised by inspiring others to donate to meet your match! If you are interested in finding out more, please email us at info@dogsmatter2.org.

4347 W. NORTHWEST HWY, SUITE 130 #118, DALLAS, TX 75220

INFO@DOGSMATTER2.ORG | WWW.DOGSMATTER2.ORG | 214-714-8460





@DOGSMATTER2.ORG



@DOGSMATTER2.ORG

Peer Support

Bluebonnet Trails is here to assist individuals in the process of recovery and working towards wellness. Our Peer Support Specialists will partner with you to help you have the life that you want on the other side of a diagnosis of mental illness.

Peer Support Specialists have lived experiences with mental health concerns. They demonstrate resiliency and determination in their own recovery efforts, providing support to individuals from someone who has "been there". Peer Support Specialists serve not only as mentors but also as sources of hope and inspiration to individuals who are just beginning their journeys to recovery.

Services:

Locations: Bastrop, Georgetown, Giddings, Gonzales, La Grange, Luling, Marble Falls, Round Rock, Seguin, Taylor

Group & Individual Services: Bluebonnet Trails has Peer Support Specialist throughout our Central Counties providing group and individual services. Our curriculum includes evidence-based practices and promising emerging practices to include Wellness Recovery Action Planning (WRAP), Whole Health Action Management (WHAM), Seeking Safety, Recovery Dialogues, Healthy Eating and Nutrition, and Recovery Road Map. Peer Specialists assist individuals in developing practical strategies for reducing, modifying, or eliminating unwanted feelings and behaviors associated with behavioral illness. Our group and individual settings are designed to ignite hope, foster independence, and promote personal growth.

Community Education & Outreach: Our Peer Specialists are available to provide education and outreach for community partners including clergy, law enforcement, educators, and other civic organizations. Our goal is to provide valuable information and program support to our communities.

SUBSTANCE USE TREATMENT RESOURCES



Texas Department of State Health Services

TEXAS TREATMENT PROVIDER DETAILS (HHSC/DSHS CONTRACTED) Revised 07-30-2025

		VIDER DETTIES (IIIIO DOIIS CONTRACTED) Neviseu 07-30-2023		
Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
All the HHSC/DSHS contracted facilities and organizations have acronyms.	TRA = adult services TRF = specialized female TCO = COPSD TRY = youth/adolescents	Per HHSC — *As a reminder, it is the responsibility of the OSAR to ensure clients have transportation to and from their treatment provider of choice.	Substance Use Service Locations For questions, please contact: Substance Use Disorder@hhs.texas.gov	https://txdshsea.maps.arcgis.com/apps/webappviewer/index.html?id=f2fb359d9a4249f289cd8d241c3b78de
				Consent: Alcohol and Drug Abuse of the Concho Valley
Co-ed - Residential Detox Co-ed - Residential Inpatient Co-Ed Outpatient NON-HHSC funded: Recovery Residences William's House Sara's House	Alcohol and Drug Abuse Council for the Concho Valley (ADACCV) JOURNEY RECOVERY CENTER 3553 Houston Harte P.O. Box 3805 San Angelo, TX 76902 *Also accept Medicaid *Will work with Medicare http://www.adaccv.org/	Phone 325-224-3481 Fax 325-224-4923 24-Hour Crisis Hotline 1-800-880-9641	Inpatient Referral: The Journey Recovery Center IOP Referral: 104723 (90 Day Programs) 751218 - William's House 112833 - Sara's House	 detox services for up to 12 clients 30 male treatment beds 18 female treatment beds Financial assistance is available for those who qualify. Some persons may qualify for State of Texas funding, and we accept Medicaid. However, if persons do not qualify for state funded treatment or do not have Medicaid benefits, ADACCV offers a "self-pay" program. Rachel Hernandez Intake Coordinator & Placement Coordinator rachelh@adaccv.org 325-224-3481 Diana Admissions
Co-Ed Outpatient	Bee Cave Recovery 1114 Lost Creek Blvd., Suite G-40 Austin, TX. 78746 (adults aged 18 and older / coed program) *Also accept Medicaid https://www.beecaverecovery.org/ Bee Cave Recovery cont.	737-222-5155 main	Intensive Outpatient Program 104163 Please send referral email to: denise@beecaverecovery.org	James Anderson, LMSW Executive Director c 408.916.7479 www.beecaverecovery.org Dennis McCarty Clinical Director 512-940-2466 dennis@beecaverecovery.org • six-week program / four nights a week • psychoeducational groups (using an evidence based Twelve Step Facilitation Model) • process groups • individual and family counseling • mindfulness meditation • aftercare alumni groups

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
Co-Ed Outpatient	Bluebonnet Trails Community Services SUD Program - IOP Locations Differ (Bastrop, Burnet, Cedar Park, Georgetown, La Grange, Lockhart, Round Rock and Seguin) https://bbtrails.org/substance- use-services/	512-863-8968 SUD/OSAR Admin. 1-844-309-6385 Intake/United Way	Bluebonnet Trails Community MHMR Center SUD - IOP (and location)	No consent needed. Please see OSAR Counselor for group schedules and facility contact information, as each location will vary.
Co-Ed - Residential Detox Co-Ed - Residential Inpatient NON-HHSC funded: Crisis Stabilization Program	Brazos Place (ADAPT Foundation) (previously through Gulf Coast Center) 1103 North Avenue H Freeport TX, 77541 *Also accept Medicaid www.adaptprograms.com www.brazosplace.org	855-862-3278 main 979-233-3826 direct line	ADAPT Foundation - Residential / Detox DETAILS OF THE PROPERTY OF THE PROPERT	Consent: ADAPT FOUNDATION DETOX/Residential Joe Gardzina, Chief Executive Officer FOR ADMISSIONS: Jeff Worman, Facility Manager 979-233-3826 ext. 1025 855-862-3278 ext. 1025 jeff.worman@brazosplace.org Sharon Odom, Admissions Coordinator for Brazos Place 855-862-3278 ext. 1001 979-233-3826 Sharon.bowman@brazosplace.org Amanda Allums, Referral Coordinator 979-233-3826 ext. 1041 855-862-3278 ext. 1041 amanda.allums@brazosplace.org
Co-ed Residential Detox Co-ed Residential Inpatient (30 day) Outpatient *Adolescent Inpatient	Cenikor (Detox and Residential) (see all locations for services) Residential Amarillo, TX Austin, TX Dallas, TX Houston, TX Tyler, TX Waco, TX Intensive Outpatient: Care Counseling *Also accept Medicaid https://www.cenikor.org/	Access Line: 888-236-4567 (for all locations) Amarillo: 806-318-7712 Austin: 737-300-2960 Corpus: 361-826-5350 Houston: 281-476-0088 Tyler: 903-630-7461 Waco: 254-224-8881 ext. 4 Killeen IOP: 254-299-2797 Odyssey House: 713-726-0922	Inpatient Referrals: Amarillo Detox/Residential/OP – 104142 Austin Dtx/Residential 100632 Dallas - CEN SUD – 105840 Houston Dtx/Residential/AmbDtx/OP 903140 Odyssey House 101257 San Antonio Detox/Residential/OP – 106365 Tyler Detox/Residential/OP 100594 Waco Detox/Residential 104821 Care Counseling Referrals: Gholson – 100200 Hillsboro – 100449 Killeen – 100199 or 101768 San Marcos – 102848 Temple – 100198 Tyler – 100594 Waco – 104820	Waco Intake Coord and Veterans: Keith Phone: 254-299-2784 Business Development Manager: Melody Chandler (all Odyssey House referrals contact) Phone: 972-984-9971 Email: MChandler@cenikor.org Cenikor's Odyssey House: 45 to 90-day program / co-ed facility Adolescent Residential Treatment *co-occurring disorders 5629 Grapevine Street Houston, TX 77085 Care Counseling – Killeen Lead Counselor Linda Rodriguez 254-340-6533 Irodriguez@Cenikor.org

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
Specialized Female Crisis Co-ed Residential Detox Co-Ed Walk-In Detox Clinic Co-ed Residential Inpatient Outpatient COPSD	Center for Health Care Services San Antonio, TX (601 N. Frio) crisis, residential detox, COPSD, outpatient and inpatient (pregnant & postpartum females on opiates)	Main: 210.246.1360 PPW: 210.261.1572 MAKE AN APPOINTMENT Adult: 210.261.1250	Walk-In Detox Clinic - 103604 (Josephine) Specialized Female - NAS-PPW	OSAR Liaison(s): Alicia: 210-261-3076 Clyde Davis Main OSAR Phone: 210-261-3076
Male - Residential Inpatient Outpatient	Cheyenne Center Houston, TX Residential Treatment Facility – Men 10525 Eastex Freeway Houston, Texas 77093 Outpatient Treatment Facility 2620 E. Crosstimbers Street Houston, Texas 77093	Inpatient: Tel: 713-691-4898 Fax: 713-691-0024 IOP: Tel: 832-230-5435 Fax: 832-201-8850	101481 101581 101652 102361 106702 – Men's Residential	Inpatient Admissions: Ms. Reece, Ext. 435 Program Director: Ms. Burnet, Ext. 207
30-90 Day - Residential Inpatient	Christian Farms Treehouse - CFTH (NO DETOX) Temple, TX https://cfth.org/	254.933.9400	904676	Admissions and Jail Referrals: admissions@cfth.org Linda Perry lperry@cfth.org 254-933-9400 ext. 103 254-933-7861 (Fax) Lisa Sale — Billing and Funding lsale@cfth.org 254-933-9400 ext. 111
Outpatient	Clean Investments 1212 E Anderson Ln # 300 and #500 Austin, TX 78752 http://www.cleaninvestmentsinc .com/	512-477-6690	102258	Outpatient Schedule: 7.5 Week Program Monday-Wednesday 5:30 pm - 8:30 pm Relapse Group: Tuesdays and Thursdays 5:30 pm - 8:30 pm (accepts state funding)
Detox Residential Inpatient	Gulf Coast Center (Bay Area) Administration Offices	Phone: 1-800-643-0967 Main Line: 409-944-4337 Houston:	Pathways Recovery 104533 - detox only Bay Area Recovery 123053 (men)	Consent: PLEASE COMPLETE BOTH! Gulf Coast Center, The – SU Locations Bay Area Council on Drugs and Alcohol, Inc Prevention/Intervention Locations

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
	Address: 4444 West Main St, League City, TX 77573	713-957-2413 (Men's Center) Galveston: 409-763-5516 (Women's Center)	Dickenson, TX Ada House 105175 (women) Galveston, TX	Bay Area Recovery: PLEASE SEND EMAIL Cecily Grasso CecilyW@gulfcoastcenter.org Phone: 409-944-4365 In the email, please add name of client, DOB, and CMBHS number. Then Cecily can add to the waitlist.
Outpatient	Hays/Caldwell Council on Alcohol and Drug Abuse	512-396-7695	115364	
Outpatient	Heart of Texas MHMR 2220 Austin Ave. Waco, TX	254-297-8999	Substance Abuse Services - TRA	Substance Abuse Services - TRA
Detox Residential Inpatient HIV COPSD	Homeward Bound Inc. Dallas, TX	214-941-3500	103378 - University Hills	Admissions: Melissa Cade, ext. 439 Please also send referral email to: mcade@homewardboundinc.org
North: Specialized Female Female - Residential Inpatient South: Male - Residential Inpatient Outpatient	LAND MANOR: 4655 Collier Street Beaumont, Texas 77706 http://www.landmanor.org/ Franklin House North: Specialized Female 5670 Concord Rd Beaumont, TX 77708 Franklin House South: Male Treatment 1635 Avenue A Beaumont, TX 77701	Main: 409-838-3946 Fax: 409-838-4298 North: 409.896.5911 South: 409.832.7564	GLASS Project Aftercare and Recovery Supports 112882 – North (women and children only) 118335 – South (males only)	CONSENT: Land Manor Admissions: agreene@landmanor.org Carl White, LCDC, Executive Director Phone: (409) 838-3946 Email: cwhite@landmanor.org North: Carol Wallace, LCDC: Program Director Women & Children/Specialized Females Residential & Outpatient Services (409) 896-5911, extension 201 South: Tate Reed, LCDC Program Director Adult Male TDCJ Residential Services
Male Residential Inpatient (30-90 Day)	Lifetime Recovery (NO DETOX) San Antonio, TX (Spanish counseling & admission may be available.) Lifetime Recovery cont. Must have clean UA (THC okay) or the client will not be admitted.	210-633-0201	San Antonio Lifetime Recovery 102216	Program Director Craig Lambaria (ext. 8120) Dolly Lopez Director of Recovery Access 210-734-6362 (ext. 8104) dlopez@ltrtx.org Jail Referrals: Curtis Martin Outreach Coordinator Mobile: 210-487-1683 Office: 210-734-6362 ext. 8152 Email: cmartin@ltrtx.org

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
				Amelia Reed, BA, LCDC, PSS, CHW Director of Recovery Links (210) 734-6362 ext. 8151 areed@ltrtx.org Gregory Pittman, LCDC Residential Clinical Services Manager 210-633-0201 Ext. 8123 210-293-5927 Fax
Residential and Ambulatory Detox Residential Inpatient COPSD *Adolescent Services Outpatient Residential Inpatient	MHMR of Tarrant County (MHMR) 3840 Hulen Street, North Tower Fort Worth, TX 76107 Pine Street Rehabilitation Center MHMR of Tarrant County 1501 E. El Paso Street Fort Worth, 76102	817-569-4600 WE'RE AVAILABLE Open 24 Hours 817-335-3022 1-800-866-2465 Text Us: 817-335-3022	Pine St Adult Intensive Residential/Billy Gregory Res Detox - 904353	Consent: MHMR of Tarrant County Admissions: 817-569-4624 Admissions Coordinator 817-569-4600 Ext. 4137
Detox Residential Inpatient Outpatient COPSD	Managed Care Center for Addictive/Other Disorders, Inc. Managed Care - Men/Women 1705 N FM179 Lubbock, TX 79416	806-797-8003		
Detox Residential Inpatient	NEXUS Recovery Dallas, TX	214-321-0156	112643 - LaPrada	Consent: Nexus Recovery Center, Inc. – SU Locations Jeanett Smith Admission Specialist Email: jsmith@nexusrecovery.org Office: 214-321-0156 ext. 2137 Fax: 469-206-0404 Jan Willis Admissions ext. 3
Outpatient	Oak Springs - Integral Care 1165 Airport Blvd. Austin, TX 78702	512-804-3526	902621	Consent: Austin-Travis County Mental Health and Mental Retardation Center Wade Miller, LCSW, LCDC Oak Springs Treatment Program 512-804-3526
Detox Residential Inpatient	Plainview Plainview, TX (Spanish counseling & admission may be available.)	806-293-9722	905103 - Men 104072 - Women	Consent: Plainview Serenity Center, Inc.

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
Detox Residential Inpatient SUPPORTIVE HOUSING Emergency Shelter for Single Women	Santa Maria Hostel Residential Inpatient 2605 Parker Road Houston, TX 77093 Jacquelyn House 2005 Jacquelyn Dr. Houston, Texas 77055	Main 713-691-0900 Fax: 713-691-0910 Jacquelyn House 713-228-0125 Fax: 281-657-0956	Jacquelyn Street - #909345	Referral: Jacqueline Street Admissions: Ms. Lucia 713-957-2413 Ms. Brisceno – COPSD Santa Maria's Jacquelyn House Residential Treatment, Supportive Housing, VIEWS, and Emergency Shelter for Single Women
Specialized Female Detox Residential Inpatient Outpatient	Serenity Foundation of Texas Serenity House Detox North 2 nd Street, Abilene, TX 79601 Abilene Location: 1546 N 2nd Street, Abilene, TX 79601 Fredericksburg Location: (NO DETOX) 312 Balcones Dr #7501 Fredericksburg, TX 78624	Abilene: 325-673-6489 Fredericksburg: Phone: (830) 997-9340 http://serenitytexas.com/	000142 Serenity House Detox (Abilene) 000144 Serenity House Outpatient 100232 Abilene Residential 104086 Fredericksburg (NO DETOX) No longer at Spalding Center!!!	*This facility no longer requires a full assessment by OSAR, but they will want to do one over the phone with the client prior to admission. Please make the client aware of this! Tammy Riggs, Admissions Director/Counselor Phone: 325-673-6489 ext. 217 Email: tammyr@serenitytexas.com
Specialized Female, Pregnant Female, or Females with children under age 18 Residential Detox Residential Inpatient Outpatient COPSD *Adolescent Outpatient	TURNING POINT (Permian Basin) PermiaCare Substance Abuse Midland, TX Odessa, TX Turning Point 1012 W. MacArthur Odessa, TX 79763 Concho Valley Turning Point 528 E Highland Blvd San Angelo, TX 76903 325-658-1389 Fresh Start Program: She's for Sure Program: Top Rank Youth Program COPSD Program Turning Point Program	Main: 844-420-3964 Midland: 432-570-3390 Odessa: 432-335-9659 Turning Point: 432-580-2654	CMBHS Location Provider: Parent Location Permian Basin Community Centers MHMR Location: 301600 - Turning Point	Contacts Carmen Harris Email: carmenharris@permiacare.org P: (432) 335-9659 F: (432) 580-2609 Connie Caldwell Email: conniecaldwell@permiacare.org P: (432) 335-9659 F: (432) 335-9659 F: (432) 580-2609

Programs	Facility Name / Location	Phone Number	CMBHS Referral Number	Contact & Consent Information
West Texas Counseling & Rehabilitation WTCR PROGRAMS OUD Treatment (Opioid Use Disorders) Methadone & Suboxone Adults Only (18+ yrs old)	West Texas Counseling & Rehabilitation https://www.wtcr.net/ Address: 601 S Irving St #4, San Angelo, TX 76903 Address: 4601 Hartford St, Abilene, TX 79605 Address: 2610 Exchange PI Temple, TX 76504 Corporate Mailing Address: WTCR PO Box 303249 Austin, Texas 78703	325-670-9339 — Main 325-670-9363 — Fax 866-286-WTCR (toll-free) San Angelo Location Phone: (325) 653-3683 Abilene Location Phone: (325) 793-3400 Temple Location Phone: (254) 742-0490		WTCR LOCATIONS Abilene Amarillo Dallas Garland Irving Midland Odessa Plano San Angelo Temple Outreach Coordinator Rene' Basham 432-661-7363
Residential Inpatient	Volunteers of America San Antonio, TX	210-558-0731	102405	

LEGEND:

Walk-In Detox Clinic

Pregnant Female
Post-Partum Intervention
Specialized Female (children under age 5)
Females with Adolescent Children
Crisis

Residential and Ambulatory Detox Residential Inpatient and Partial Hospitalization Outpatient and Supportive Outpatient COPSD

*Adolescent Outpatient Opioid Use Treatment

Emergency Shelter
NON-HHSC Funded
*Also accept Medicaid
*Will work with Medicare
Currently not accepting State Funding Referrals.
SUPPORTIVE HOUSING

Location	Facility Name	Phone Number	CMBHS Referral Number	Additional Information
San Antonio, TX	Alpha Home	210.785.3011	751259	Referral: Mulberry Residential
Austin, TX Waco, TX Tyler, TX	Cenikor	1 888.236.4567	Austin-100632 Corpus Christi- 103195 Waco-104821 Tyler-100414	
San Antonio, TX	Center for Health Care Services	210.246.1360	103604	
San Antonio, TX	Center for Health Care Services	210.261.1572	NAS-PPW	
Corpus Christi, TX	Charlie's Place Recovery Center	361.882.9302/ 1 888.236.4567	110779	Consent: Cenikor
Houston, TX	Cheyenne Center	713.691.4898	106702	
Temple, TX	Christian Farms Treehouse	254.933.9400	904676	
Beaumont, TX	Franklin House North	409.896.5911	112058	Consent: Land Manor
Beaumont, TX	Franklin House South	409.832.7564	118335	
Locations Vary	Gulf Coast Center (Ada House, Bay Area Recovery, Pathways Recovery <i>Detox ONLY</i>)	409.944. 4337	104533	
Dallas, TX	Homeward Bound	214.941.3500	103378	Email Melissa Cade/ Priscilla Guerra
San Antonio, TX	Lifetime Recovery	210.633.0201	751242	

		Men-		
Lubbock, TX	Managed Care	806.797.8003	112058	
Lubbock, 1X	ivialiageu Cale	Women-	112038	
		806.763.7633		
Dallas, TX	Nexus	214.321.0156	112643	
Ft. Worth, TX	Pinestreet	817.569.4600	904353	Consent: MHMR of Tarrant County
			Men- 905103	Tarrant County
Plainview, TX	Plainview	806.293.9722	Women- 104072	
Houston, TX	Santa Maria Hostel	713.691.0900	909345	Referral:
,	Same mana nester	7 20:03 2:03 00		Jacqueline Street
San Angelo, TX	Sara's House	325.224.3481	112833	Consent: ADAP of the Concho Valley
Abeliene, TX	Serenity Foundation	325.673.6489	103631	Referral:
	<u> </u>		201000	Spaliding Center
Odessa, TX	Turning Point	432.580.2654	301600	Consent: Permian Basin MHMR
San Antonio, TX	Volunteers of America	210.558.0731	102405	
San Angelo, TX	William's House	325.224.3481	751218	Consent: ADAP of the
-				Concho Valley

Mission Waco

(254) 753-4900

www.missionwaco.org

1315 N. 15th, Waco, TX 76707

Outreach ministry - food and clothing. Provide showers, use of telephone for local calls, limited laundry for \$.50 (per load), use of address and phone number to receive mail and phone calls (calls related to obtaining work), sleeping bags for either one hour of work or \$5, hygiene packs, vouchers to Thrift Shop for clothing.

Mission Waco Clothesline

(254) 754-5463

1817 Franklin Dr., Waco, TX 76701

Tuesday thru Friday, 10:30 am - 5:30 pm & Saturday, 9am - 4 pm. Proceeds from sales goes to support Mission Waco's recovery programs.

MCC Baptist Student Ministries

(254) 299-8565

Contact: Joshua Rieff

Salvation Army

(254) 756-7271

www.salvationarmywaco.org

Food pantry. Monday through Thursday 8:30am - 4pm. Location 4721 W Waco Dr., Waco, TX 76710

Meal provided

- Every Tuesday at 12pm (2111 Austin Avenue)
- Lunch (Downtown Waco at Fire Tower @ Brazos River)
- Dinner at 5:30 pm everyday & breakfast 7am daily & lunch Monday and Tuesday only at noon (500 S. 4th Street).

Seeds of Hope

(254) 755-7745

www.seedspublishers.org

602 James Avenue, Waco, Texas 76706

Publishing and producing resources on hunger for churches and congregations, education, advocacy, worship material, and Act Locally Waco newsletter about local hunger activities, including community workshops, etc.

Texas Department of Human Services: Food Stamps

(254) 755-7656

801 Austin Ave, Waco, TX 76701

Wheels of Sharing Mobile Pantry Mazanec Rd., Waco, TX 76705 (254) 662-5552

Food pantry. Located at TSTC Waco Campus - Industrial Tech building. 3rd Tuesday of every month from 11am - 1pm.

Compiled: from various organizations by SAM 04/2008

Updated for Waco Community Development by Timo Herron 05/2014

Women, Infants, & Children (WIC)

 225 West Waco Drive, Waco, Texas 76707
 (254) 750-5474

 1105 Washington Street, Waco, Texas 76701
 (254) 750-8623

 1800 Gurley Lane, Waco, TX 76706
 (254) 297-8069

 94 Scott Circle, Waco, Texas 76705
 (254) 799-5265

Nutrition counseling, food benefits for grocery stores, breast-feeding education and nutrition education classes for working and nonworking families who meet income, residency and health screening guidelines.

World Hunger Relief, Inc.

(254) 799-5611

www.worldhungerrelief.org

P. O. Box 639, Elm Mott, TX 76640

YMCA Paul Quinn Campus

(254) 662-5552

1020 Elm Street, Waco, TX 76704

Food pantry. 2nd Saturday of every month from 10am - 12pm.

Community Referral List

Care Linc

(254) 772-9600

100 N 6th St., Waco, TX 76701

Local info. & referral agency that can link callers to over 800 programs in the 6 county area (McLennan, Falls, Hill, Limestone, Freestone, Bosque). All of the referrals are for health & human service agencies. They are not a 24-hour agency.

Counseling Services

Advocacy Center

(254) 752-9330

www.advocacycntr.org

2323 Columbus Avenue, Waco, TX 76701

Offers free case management & counseling for all victims of crime. Have counselors who speak Spanish.

A Future Growth Opportunity (AFGO)

(254) 751-1164

1105 Wooded Acres Dr, Waco, TX, 76710

Counseling for children adolescents, adults, eating disorders, depression, PTSD. Sliding Scale & Medicaid accepted.

Angel Paws Animal Assisted Therapy Group (non-professional) (254) 744-9926 www.angelpaws.info

Promote the human-animal bond through the development of Animal-Assisted Activity (AAA) and Animal-Assisted Therapy (AAT) programs for health-care, school or other services and to raise awareness of pet therapy.

Compiled: from various organizations by SAM 04/2008 Updated for Waco Community Development by Timo Herron 05/2014

St. Francis Social Ministry

(254) 752-8434

www.stfrancistorwaco.org

315 Jefferson Avenue, Waco, TX 76701

Food pantry. Mondays & Wednesdays 9:15am - 11:15am.

Victorious Life Church

(254) 662-5552

http://vlcwaco.squarespace.com

7459 S IH 35, Waco, TX, 76707

Food pantry, clothing and household items. (i.e. toiletries, diapers, cleaning supplies, etc.) Wednesdays 5:30pm - 6:30pm & Sundays 12pm - 1pm.

Clothing/Food

Caritas of Waco

(254) 753-4593

www.caritas-waco.org

300 S 15th St, Waco, TX 76701

Food pantry. Monday through Friday 8am - 4pm.

Christian Life Church Heart of God Ministry

(254) 662-3991

www.clcwaco.org

3015 Robinson Dr, Waco, TX 76706

Clothing, diapers, formulas, toiletries, cleaning supplies (non-perishable items).

Heart of Texas Goodwill

www.hotgoodwill.org

1000 East Waco Dr	(254) 714-1314
1700 South New Road	(254) 753-7337
928 North Valley Mills Dr	(254) 776-2339
1508 North Hewitt Drive	(254) 420-2375
2439 LaSalle Avenue	(254) 753-4984
3334 Franklin Avenue	(254) 754-2870

McLennan County Welfare Services

(254) 757-5174

204 N 7th St, Waco, TX 76701

Metropolitan Community Church Red Door Project

(254) 752-5331

1601 Clay Ave., Waco, TX 76706

Food pantry for HIV/AIDS community, food, toiletries, condoms.

Center for Children and Families

www.children-families.com

Psychological/psychiatric services including individual, family, and marital therapies, 215 Mary Ave, Suite 301, Waco, Texas 76701

Christian counseling, hypnosis, EMDR, as well as psychiatric medication management.

*Celebrate Recovery Contact: Debbie Rarick

www.celebraterecovery.com

0261-142 (452) (254) 754-0335

300 S 13th Street, Waco, TX 76701 3020 Maple, Waco, TX 76707

Support group for help with life's hurts, hang ups, and habits. Visit Web-site for specific

local group information or call churches.

*Divorce Care Support Group

(254) 772-5630 (524) 752-1655

9696-7LL (\$\$7)

0742-017 (422)

(254) 772-8055

Psychotherapy, Counseling, Psychological Testing

Available to: Adults, children, adolescents, families, couples

Family or marital difficulties

Other mental health issues Struggles in school

Adjustment to changes and loss

Behavioral problems

Learning problems

Stress

Dr. Manuel Edquist

Dr. Jim Schinder

Anxiety

Depression

Help with:

801 Washington Ave., Waco, TX 76701

Baylor Psychology Clinic

101 Ritchie Rd., Waco, TX

4901 Copps Drive, Waco, TX 1300 Columbus Avenue, Waco, TX

most difficult experiences.

A friendly, caring group of people who will walk alongside you through one of life's

www.divorcecare.com

(524) 756-3109

6810-417 (422)

4608 Cedar Mountain Dr., Waco, TX 76708

3925 Interstate 35 South, Waco, TX 76706

1611-127 (422)

Elizabeth Timmons, LMSW-ACP

Clinic hours: Monday - Friday hours available by appointment. Some evening and weekend hours are available.

Treating adults, children & families. 900 Austin Ave, #1103, Waco, TX 76701

Counseling services, Medicaid accepted.

Fees: Sliding scale fee for therapy based upon family income.

Compiled: from various organizations by SAM 04/2008

Updated for Waco Community Development by Timo Herron 05/2014

Economic Opportunities Advancement Corporation (EOAC) (254) 753-0331

www.eoacwaco.org

500 Franklin Avenue, Waco, Texas 76701

Offers self-sufficiency program.

Family Abuse Center

(254) 772-8999

www.familyabusecenter.org

Provides housing and counseling services for victims of domestic violence.

Family Counseling & Children's Services

(254) 759-3500

www.wacofhc.org

Children, Adults, Couples. Sliding Scale, Insurance, & Medicaid.

Heidi Strickler (254) 424-1974

1717 Columbus Ave, Waco, TX 76701

Specializes in eating disorders.

Jason Paul Francis, LPC (254) 772-8055

215 Mary Ave, Suite 301, Waco, Texas 76701

Jennifer Phillips (254) 307-0340

3701 N. 27th Street, Waco, Texas 76708

Specializes in: stress management and anxiety, self-esteem and codependency issues, boundaries, physical and sexual abuse recovery, child/adolescent counseling, grief and loss, spiritual concerns and growth, depression counseling, career counseling, women's Issues, and teen pregnancy.

Kathleen Geiger, M.Ed., LPC, PA

(254) 772-2006

201 Old Hewitt Road - Suite A, Waco, Texas 76712

Klaras Center (254) 752-7889

1105 W. Jefferson Ave., Waco, TX 76701

Counsels ages 4-17 with emotional disturbances & family conflict, can prescribe medication.

Kristi Sorelle, LCSW

(254) 772-8360

www.kristisorelle.com

Works with clients who have eating disorders.

Compiled: from various organizations by SAM 04/2008 Updated for Waco Community Development by Timo Herron 05/2014

Domestic Violence

Advocacy Center

(254) 752-9330

www.advocacycntr.org

2323 Columbus Avenue, Waco, TX 76701

Free counseling available with Spanish speaking counselor concerning victims of verbal, physical, and sexual abuse, domestic violence.

Bikers Against Child Abuse, Waco Chapter

(888) 752-0288

http://texas.bacaworld.org/texas/central/waco

Intent to create a safer environment for abused children.

Family Abuse Center

(254) 772-8999

www.familyabusecenter.org

Po Box 20395, Waco, TX 76702

Provides housing and counseling services for victims of domestic violence Rebecca Carlson, Ext. 2242 for Nonresidential Services

Waco Police Department - Victim Services

(254) 750-7526

www.waco-texas.com/police

Drug & Alcohol Abuse

Alcoholics Anonymous

(254) 754-3336

www.centexintergroup.com

Counseling and treatment for alcoholism, support groups

Cenikor

www.cenikor.org

3015 Herring Avenue, Waco, TX 76708

(254) 224-8881 (inpatient)

2505 Washington Ave, Waco, TX 76710

(254) 224-8880 (outpatient)

Residential and outpatient detox services/Drug Abuse Substance Program

Christian Drug Addiction Helpline

(254) 870-2981

http://waco.christiandrugaddictionhelp.com

208 Hewitt Dr. Suite 103-137, Waco, TX 76712

Economic Opportunities Advancement Corporation (EOAC) (254) 753-0331

www.eoacwaco.org

500 Franklin Avenue, Waco, Texas 76701

Youth substance abuse programs

Compiled: from various organizations by SAM 04/2008
Updated for Waco Community Development by Timo Herron 05/2014

HOTCADA (254) 753-7332

www.ctcada.org

4901 Bosque Blvd Suite 200, Waco, TX 76710

Provides crisis line, family intervention and youth education.

Hope House (254) 755-7640

1401 Austin Avenue, Waco, TX 76701

Manna House (254) 753-4900

www.missionwaco.org/manna-house

1315 N. 15th Street, Waco, TX 76707

Christian based residential treatment facility for men. Call Social Services Center for more information.

Meyers Center (254) 753-4900

1226 Washington Ave., Waco, TX 76708

Mission Waco (254) 753-4900

www.missionwaco.org/the-chapel-at-meyer-center

1315 N 15th St. Waco, TX 76707

Free inpatient drug/alcohol recovery program for men and women; outreach ministry-food & clothing.

Transitional House (254) 753-4900

Substance abuse recovery transitional living for men. Call Social Services Center for more information.

Renewal Recovery Group (254) 753-4900

521 N. 15th Street

Tuesdays at 7:15 pm. Christian recovery group open to the public.

Vogue Beauty College (254) 756-7061

www.voguebeautycollege.com

3110 Franklin Ave, Waco, TX, 76710

Will give haircut & style only <u>for Freeman Center clients</u> who are going for job interview. Client needs to be accompanied by a counselor or staff person from the Freeman Center. Do not provide transportation.

Eating Disorders

Heidi Strickler (254) 424-1974

1717 Columbus Ave., Waco, TX 76701

Kristi Sorelle, LCSW (254) 772-8360

1000 W State Highway 6 #300, Woodway, TX 76712

Compiled: from various organizations by SAM 04/2008

Updated for Waco Community Development by Timo Herron 05/2014

My Brother's Keeper

(254) 296-9866

www.missionwaco.org/my-brothers-keeper-homeless-shelter

1217 Mary Street, Waco, TX 76707

Men or Women. Must have SSN to stay. Call in the morning to reserve spot. Can stay up to 6 months if accepted into transitional housing program.

Salvation Army

(254) 756-7271

www.salvationarmywaco.org

4721 West Waco Drive, Waco, TX 76703

Offers emergency shelter, food, clothing, counseling and crisis intervention.

Housing

Economic Opportunities Advancement Corporation (EOAC) (254) 753-0331

www.eoacwaco.org

Faith Covenant Support Services (254) 759-1213

713 Elm St, Waco, TX 76704

Habitat for Humanity (254) 756-7575

www.wacohabitat.org

220 N 11th St., Waco, TX 76701

NeighborWorks Waco

(254) 752-1647

www.nw-waco.org

922 Franklin Avenue, Waco, Texas 76701

Home buyer education, credit/budget education, post purchase education and counseling, foreclosure prevention, affordable housing for sale, credit counseling, financial literacy and homebuyer education, down payment and closing cost assistance, mortgage lending, and new home construction, home ownership.

The ARK (254) 296-9866

www.missionwaco.org/the-ark

Christian-based safe, affordable living experience within the local church and desire to live out Christian lifestyles, principals, and service. Residents are expected to attend a weekly small group Bible study.

Veterans One-Stop

(254) 297-7171

www.vet1stop.org

2220 Austin Avenue, Waco, TX 76701

Free legal assistance, housing assistance, mental health counseling, transportation information, emergency assistance and more.

Compiled: from various organizations by SAM 04/2008
Updated for Waco Community Development by Timo Herron 05/2014

Waco Community Development Corp

(254) 235-7358

www.wacocdc.org

Build new homes and renovates old homes to make them available for lower income families, provides assistance in purchasing of the homes, IDA (individual development accounts).

Waco Housing Authority/Public Housing Apartments

(254) 752-0324

www.wacopha.org

4400 Cobbs, Waco, TX 76710

Hours: Monday-Fridays 8 a.m. - 4 p.m.

Affordable unfurnished apartments for qualified applicants. Central heat & A/C, appliances, and other amenities. Interested applicants may apply.

If your rent & utilities are too high for your income, you may qualify. Rent is based on 30 % of your adjusted annual income. Minimum rent is \$50. Families, elderly, disabled, handicapped, veterans, and single persons qualify. The security deposit is \$100 for families and \$50 for elderly, disabled, and handicapped persons. The waiting period varies and is based upon our move-out rate. Free support services provided to residents: after school tutoring, after school programs, adult education, transportation, youth recreation programs, senior coordinator, homeownership programs, counseling programs, and resident councils. Amenities provided: air conditioning, range and refrigerator, washer and dryer hookups, resident associations, campfire club facilities, senior citizen programs, maintenance repairs, after hours maintenance emergency repairs, security patrols, and crime hotline.

Waco Housing Search

www.wacohousingsearch.org

Search for an apartment or a house to rent using the Waco Housing Search tool. There are many search options to narrow your search!

Immigrant - Clothing Services

Acts Christian Fellowship

(254) 759-1800

www.actswaco.com

300 South 13th Street Waco, Texas 76701

Open each Wednesday. (Closed during July.) Clothes, diapers, paper products.

Caritas

(254) 753-4593

www.caritas-waco.org

300 S 15th St, Waco, TX 76701

Monday through Wednesday 8:00 a.m. -3:30 p.m.

No SSN needed, although some form of ID needed as well as verification of each family member. Help given every 30 days. No appointment needed.

Compiled: from various organizations by SAM 04/2008

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Intensive Outpatient Treatment (IOP) Providers – Region 7

Substance Use Service Locations

https://txdshsea.maps.arcgis.com/apps/webappviewer/index.html?id=f2fb359d9a4249f289cd8d241c3b78de

Austin Travis County Integral Care (ATCIC)

Oak-Springs Intensive Outpatient Treatment (TRA)

Address: 3000 Oak Springs Drive Building A, Austin, TX, 78702 Phone: 512-804-3526 | Intake Line: 512-804-3526 ext. 0

https://integralcare.org/program/oak-springs-treatment-program/

Bee Cave Recovery (Offering Virtual Outpatient Treatment)

Address: 1114 Lost Creek Blvd Suite G-40, Austin, TX 78746 Phone: 737-222-5155 | https://www.beecaverecovery.org/

Bluebonnet Trails Community Services | Bluebonnet-Trails-Recovery | SUD Program IOP

*Please let admin know on the phone that you are looking for an outpatient intake appointment. LOCATIONS: Bastrop | Cedar Park | Lockhart | Marble Falls | Round Rock | Seguin Intake and Appointment Line: 1-844-309-6385 | https://bbtrails.org/substance-use-services/

BVCASA: Brazos Valley Council on Alcohol and Substance Abuse

Tricare/Military Insurance, Payment Assistance, Medicare, Medicaid, State Financed, Access to Recovery Voucher

Address: 4001 E 29th Street, Bryan, TX 77802 Phone: (979) 846-3560 | http://bvcasa.org/

Care Counseling Services a Program of Cenikor Foundation

(Locations for Adult IOP: Amarillo, Corpus Christi, Houston, Killeen, and Tyler)

Access Line: 1-888-236-4567 | https://www.cenikor.org/locations/

Clean Investments Inc. | Intensive Outpatient (IOP)

Address: 1212 E Anderson Ln # 300 and #500, Austin, TX 78752

Intensive Outpatient Treatment (IOP) Providers – Region 7

Phone: 512-477-6690 | http://www.cleaninvestmentsinc.com/

Bluebonnet Trails Community Services, Bluebonnet Trails Recovery

CALL: 512-869-8968-8137

Facility Location

711 North College Street

Georgetown, Texas – TX. 78626

http://www.bbtrails.org

Substance Abuse Treatment Services;

Outpatient; Intensive outpatient treatment; Regular outpatient treatment;

Accepted Payment Methods

Cash or self-payment; Medicaid; State financed health insurance plan other than Medicaid; Private health insurance; Sliding fee scale (fee is based on income and other factors); Payment assistance (check with facility for details);

Spanish;

Bluebonnet Trails Community Services Bluebonnet Trails Recovery. Outpatient; Intensive outpatient treatment; Regular outpatient treatment; Sliding fee scale (fee is based on income and other factors); Payment assistance (check with facility for details); Spanish;

Bluebonnet Trails Community Services, Bluebonnet Trails Recovery Georgetown, Texas – TX

Intensive Outpatient Treatment (IOP) Providers DIRECTIONS:

Call the provider that you're interested in (or have been referred to) and schedule an intake appointment.

If you can't schedule an intake appointment immediately, the treatment provider will put you on a waitlist. Follow their instructions to remain on their waitlist.

LIST OF TREATMENT PROVIDERS:

Oak Springs (Dove Springs ATCIC): South Austin #902621 5015 S IH 35 Suite 200 D 512.804.3526 http://www.integralcare.org/?nd=bh_oaksprings Monday thru Thursday (7 week program) 9am-1pm or 1pm-4pm	Clean Investments: North Austin #102258 1212 E Anderson Lane Suite 300 512.477.6690 http://cleaninvestmentsinc.com 1.Monday, Tuesday, Wednesday (7.5 week program) 5:30pm-8:30pm 2.Thursday, Friday 5:30-8:30 Saturday 12-3pm
Austin Recovery: South Austin #102067	CHIIL: North Austin #00187
4201 S Congress Suite 202	1006 E Yager Lane # A 104
512.697.8600 or 1.800.373.2081	512.385.4799
	Wednesdays thru Fridays 6pm-9pm
www.austinrecovery.org	
Women (6 week program) 9am-12:30pm Monday thru Thursdays Men (7 week program) 5:30-9:30 on Mondays & Tuesdays and 7:30-9:00 on Wednesdays	Bluebonnet Trails Community Services IOP Offered at Burnet, Marble Falls, Round Rock, Georgetown, Bastrop, and Lagrange locations.
Hays Caldwell Council on Alcohol and Drug Abuse: San	bastrop, and tagrange locations.
Marcos #115364 1901 Dutton Dr San Marcos, TX 78666 512.396.7695	Please see OSAR counselor for group schedules and facility contact information, as each location will vary.
1.Tuesday 5:30-9:30	Phoenix House
Wednesday & Thursday 6-9	512.440.0613 / 214.296-0394
2. Saturday 5:30-9:30	
Sunday 9-4 (hour break for lunch)	Round Rock Schedule
	210 Commerce Blvd B Suite 107
http://hayscaldwellcouncil.org/TreatmentPrograms	Monday/Wednesday/Friday 5:30-8:30pm
BVCASA #103889 CCC 979-823-3744	South/Central Austin Schedule 3000 S IH 35 Suite 315 Tuesdays/Thursday 6-9pm Saturday 12-3:00pm

Intensive Outpatient Treatment (IOP) Providers DIRECTIONS:

Call the provider that you're interested in (or have been referred to) and schedule an intake appointment.

If you can't schedule an intake appointment immediately, the treatment provider will put you on a waitlist. Follow their instructions to remain on their waitlist.

LIST OF TREATMENT PROVIDERS:

List of Non-HHSC Funded SUD/MH Detox

Austin Oaks Hospital

Address: 1407 W Stassney Ln, Austin, TX 78745 Hours: Open 24 hours | Phone: (512) 440-4800

https://austinoakshospital.com/

Ascension Seton Shoal Creek

Located in: Ascension Medical Group Seton Behavioral Health

Address: 3501 Mills Ave, Austin, TX 78731 Hours: Open 24 hours | Phone: (512) 324-2000

https://healthcare.ascension.org/Locations/Texas/TXAUS/Austin-

Ascension-Seton-Shoal-Creek

Cross Creek Hospital

Address: 8402 Cross Park Dr, Austin, TX 78754 Hours: Open 24 hours | Phone: (512) 823-0570

https://www.crosscreekhospital.com/

Rock Springs Hospital

Address: 700 SE Inner Loop, Georgetown, TX 78626 Hours: Open 24 hours | Phone: (512) 883-1416 Detox: 512.819.9400 | Fax: 512-240-6970

https://rockspringshealth.com/locations/georgetown-tx/

GBHI: Georgetown Behavioral Health Institute (Hospital)

Georgetown Behavioral Health Institute contracts with a variety of third-party providers.

party providers.

We accept Medicare, Medicaid & Managed Medicaid, Tricare, as well as

most major insurances.

1-877-500-9151 | Website: 512-819-1154 | IOP/PHP: 512-819-1100 Main Phone: (512) 688-6126 | Main Fax: (512) 819-1110 | Admissions Fax:

(512) 819-1111

https://www.georgetownbehavioral.com/admission#insurance-payment

The Montrose Center

Tricare/Military Insurance, Medicare, Medicaid, State Financed

Address: 401 Branard Street 2nd Floor, Houston, TX Phone: (713) 529-0037 | https://montrosecenter.org/

Other "Crisis" Intervention

Dell Seton Medical Center at the University of Texas Address: 1500 Red River Street, Austin, Texas 78701 Phone: 512-324-7000 | Hours: Open 24 hours

https://healthcare.ascension.org/Locations/Texas/TXAUS/Austin-Dell-

Seton-Medical-Center-at-The-University-of-Texas

Psychiatric Emergency Services (PES)

Richard E. Hopkins Behavioral Health Building

Address: 1165 Airport Blvd., Second Floor, Austin, Texas 78702

For referrals please fax to 512-380-4251. 24/7 HELP-LINE Phone: (512) 472-4357 https://integralcare.org/en/home/

The Sobering Center - Austin

Address: 1213 Sabine St, Austin, TX 78701 Hours: Open 24 hours | Phone: (512) 957-1900

https://soberingcenter.org/

Bluebonnet Trails Community Services

Behavioral-Health-Services & Community Resources

Phone: (844) 309-6385 | https://bbtrails.org/

SOBER LIVING RESOURCES

SOBER HOUSING

Name	Address	Phone Number
Men		
A Way Up Sober Living	Austin, 78722	512-981-7571
Academic House	Austin, 78753 and Pflugerville 78660	512-944-9913
Addiction Direction	Austin	512-419-8686
ACTS North Austin Sober Living	Austin	512-497-2147
Austin Sober Living	Austin, 78759	512-423-5776
Austin Turning Point	Austin, 8 locations	512-921-8182
Brightside Sober Living	Austin, 78758	901-626-4454
A Clean House Sober Living	3 locations	512-299-9000
Creekbend	Austin, 78744	512-797-8315
Elderberry House	Austin, 78754	512-452-1600
Encore House	Austin, 78723	512-300-9200
Eudaimonia Homes	Austin, 78753	512-799-8667 or 512-799-8704
Fair Oaks House	Austin, 78745	512-844-5541
Hickory Wind Ranch	Austin, 78704	512-436-9338 or 310-251-6766
Hyde Park House	Austin, 78705	512-939-9623
Josiah's House	South Austin	512-300-1214
McKinley House	Austin, 78702	512-844-5541
Mentor and Recovery	Austin, 78756	512-658-9500
Oak Hill House	Austin, 78749	512-350-0250
Scott D's Sober Home	Austin, 78752	512-466-1381
Second Chances Sober Living	Austin, 3 locations	512-801-4778
St. Maureen's Recovery	Austin, 78704	512-423-8585
Stepping Stones	Austin	512-627-8038
Oxford Homes Availability Hotline	Austin	512-879-6368
Oxford Collingsworth	Austin	512-833-9414
Oxford Colmenero	Austin	512-465-2573
Oxford Dovemeadow	Austin	512-294-2412
Oxford LaCasa	Austin	512-442-1658
Oxford Lamplight	Austin	512-341-7681
Oxford Parkfield	Austin	512-366-5265
Oxford Quail Park	Austin	512-494-4286

SOBER HOUSING

		200000000000000000000000000000000000000
Oxford Tech Ridge	Austin	217-734-7738
Oxford Werner Hill	Austin	
Oxford Willowick		512-433-6499 or 512-433-6563
Central 3 Quarter House		254-752-5317
Solide House	Waco	
Manna House	Waco	
Women		
ACTS-North Austin Sober Homes	Austin, 78758	512-497-2147
A Clean House Sober Living	North Central Austin	512-299-9000
Doliver House	Austin, 78748	512-736-4015
Fudaimonia Homes	Austin, 78758	512-799-8667 or 512-656-0612
Hickory Wind Ranch	1111 Penion, Austin 78748	512-436-9338 or 310-251-6766
Love Grace Women's Sober House	Austin, 78745	512-744-7458
lydia Grace Women's Sober House	Austin, 78744	512-744-7458
Maggie's Home	Austin, 78727	512-419-0770
Our Chance to Live	Austin, 78745	512-963-7711
R House Transitions	Austin, 78744	512-614-4060
Sten Un House	Austin, 78724	512-879-7785
In-Sten Women's Soher Living Home	Georgetown, 78628	512-591-7444
The Harwick House	Austin, 78745	512-826-9013
Addiction Directions	Austin	512-419-8686
Sharon's House	Austin	512-514-1775 or 512-743-4508
Stenning Stones	Austin	512-627-8038
Brightside	Austin	901-604-0520
Oxford Homes Availability Hotline	Austin	512-879-6368
Oxford Connerfield	Austin	512-407-9291
Oxford Rockridge Women w/children	Austin	512-796-9086 or 512-291-6455
Oxford Rosewood Women w/children	Austin	512-467-4466
Oxford Tropowood	Austin	512-584-8033
Oxford University Hills	Austin	512-926-1300
CALOUR OTHER SILEY THIS	MARBLE FALLS: 915 Ave G / 1107 Hwy	830-693-9292/Paula Mays 512-
ODEN DOORS RECOVERY HOUSE	1431, 78654	466-3220

SOBER HOUSING

Recovery Hone House	Waco	254-498-0293	
Both			
Academic House II	11530 Spring Hill, Austin, 78758		
The state of the s	Austin, 10 men locations, 3 womens, 2	-	
Oxford Homes	women & children	512-879-6368	
	Austin, 78701	512-476-1111	
Serenity Recovery Homes	Austin, 78753	877-683-5521	
South Austin Marketplace	Austin, 78741	512-443-2804	
ng Homes	Austin, 2 womens, 1 men	512-627-8038	
	Austin	512-299-9000	
www.soberaustin.com/recovery			
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SOBER HOUSES & TRANSITIONAL LIVING

For optimum recovery and relapse prevention, sober living is highly recommended for those new to sobriety or returning after a period of time.

A <u>sober living house</u> or transitional living is a sober residence for those who have a minimum of 30 days of sobriety and ideally have completed treatment at a residential treatment center or outpatient rehab program. Sober homes provide daily support and structure in a cooperative living arrangement and assist the newly sober person in transitioning back into society to live independently. See the <u>Extended Care</u> page for more structured and longer length of stay sober living options.

Sober homes are usually gender specific and have monthly fees based on the type of facility, services and support.

Houses listed on this page are in alpha order and specify gender served and location. Before you start your search, make a list of what you will be doing while in sober living....looking for a job? working? going to school? going to 12 Step meetings? doing volunteer/service work? You will want to choose a place geographically convenient to your lifestyle needs. Use the zip code map link the bottom of the Home page to determine where zip codes are located in the Austin area. Reputable sober living homes are going to require that you are working, looking for work, going to school, doing service work or a combination. It is suggested you do phone interviews and visit three homes before making a decision. Most will require an application and deposit prior to moving in.

If you don't have any money or are homeless, it is doubtful you will be able to get into a sober living home on this list. Here is list of possible options:

https://www.shelterlistings.org/city/austin-tx.html

LISTINGS IN ALPHA ORDER

ACTS - North Austin Sober Homes (5) - Men

North Central Austin 78758 Mike Archer 512-497-2147

ACTS - North Austin Sober Homes - Women

North Central Austin 78758 Mike Archer 512-497-2147 <u>ArcherinAustin@gmail.com</u> actsrecoveryhomes.com

Anita's House - Men

Recovery Centered Living
North Austin 78758
Slade Skaggs- Director/ House Manager
512-784-2851
anitashouse.rcl@gmail.com
anitashouserecoverycentered.com

Any Length - Men

Structured Sober Living Home 5406 Martin Ave. Austin, TX 78751 Robert White - Founder / CEO 866-433-1992 rwhite@anylength.net www.AnyLength.net/residences/

Arbor Sober Living - Men/Women

Central Austin and North Central Austin 844-560-7270 www.TheArbor.com/arbor-sober-living-home-austin

The Ascension House Extended Care

Men's location - Hyde Park
Women's location - Tarrytown
More details on Extended Care page
Sharon Sauer, MBA, CPC, CPRC
Executive Director
(512) 598-5030
sharon@theascensionhouse.com
www.theascensionhouse.com

Austin Sober Living - Men

North Central Austin 78759

Brochure

Contact: Wes Phillips

512-423-5776

Austin Turning Point - Men

Central Austin-Campus 78705 Abe Hernandez, Executive Director 512-921-8182

abeinaustin@gmail.com

www.austinturningpoint.com

BRC Sober Living and Extended Care Homes

North Central Austin 78758- Men Northwest Austin 78724 – Women Patrick McNamee, Director of Admissions 866-905-4550

www.brcrecovery.com

BridgeWay Sober Living- Men

5 Houses - Downtown/Central Austin 78704 & 78703 Gabi Jeffords- Executive Director David Naylor- Founder 512-765-5711 david@bridgewaysoberliving.com www.bridgewaysoberliving.com

BridgeWay Sober Living - Women

(3) Houses - Downtown/Central Austin 78704 & 78703 Gabi Jeffords- Executive Director David Naylor- Founder 512-765-5711 david@bridgewaysoberliving.com

Brightside Sober Living - Men

(4) locations - North Austin 78758 Scott Smith Director 901-626-4454 scottsmith@brightsidesoberliving.com www.brightsidesoberliving.com

www.bridgewaysoberliving.com

Brightside Sober Living - Women

(3) locations - North Austin 78758
Carrie Smith
Women's Director
901-604-0520
carriesmith@brightsidesoberliving.com
www.brightsidesoberliving.com

CHUCK'S HOUSE - Men

North Central Austin 78753
Structured Sober Living and Graduate Phase Sober Living for Men
Chuck Dunaway
512-574-8587
longhornrecovery@gmail.com

crd1424@gmail.com

www.Longhornrecovery.com

Dreamcatcher Sober Living LLC - Women

Northeast Austin - 78723 LeiRonna Spurlin - Co-Founder leironna.spurlin@yahoo.com

www.facebook.com/Dreamcatcher-Sober-Living-150248585692148/

Dutton House Sober Living - Men

North Austin - Hyde Park 78751 Tim Warp - Founder/House Manager 951-786-8147

info@duttonhousellc.com

www.duttonhousellc.com

Eudaimonia Homes - Men

Multiple homes throughout Austin (888) 463-7875

www.eudaimoniahomes.com

Eudaimonia Homes - Women

Multiple homes throughout Austin (888) 463-7875

www.eudaimoniahomes.com

Fair Oaks House - Men

South Austin 78745

House Profile with Photos

Mike P - Owner Danny Ross - House Manager 512-552-9175

golfwithmikey1@yahoo.com

A Friend's House in Lake Travis - Women

- Recovery Residence for Women over 40
- Individual rooms available

Austin, Lake Travis 78734 Linda Davies 512-825-9317

AFH@austin.rr.com

www.AFriendsHouseInLakeTravis.com

Grace Recovery ATX - Women

Central and Southwest Austin (multiple homes) 78704 and 78745 Leah McIlrath 512-809-4519

info@gracerecoveryatx.com

GraceRecoveryATX.com

Guiding Light Sober Homes - Men

North Central Austin - 2 locations 78753 and 78758 House Profile with Photos Indika R- Owner 512-584-9693

Harmony Haus Sober Living - Men

Central Austin-Hyde Park 78751
Daniel Ragette- Principal
512-387-2978
Admissions@HarmonySoberLiving.us
HarmonySoberLiving.us

Heartwood Recovery, LLC - Men

Downtown Austin - 78704 (Multiple Upscale Properties) Frank Schmitt - Founder and CEO 737-230-6375

heartwoodrecovery@gmail.com www.heartwoodrecovery.com

Hensley House Sober Living Home - Men

North Central Austin - 78752 Patrick Hensley - Founder / Executive Director / House Manager 512-308-8803

<u>Pchensley@hensleyrecovery.com</u>

www.hensleyrecovery.com

Hickory Wind Ranch - Men

Downtown/Central Austin -78704 Gabi Jeffords - Executive Director David Naylor- Founder Phone: 512-765-5711

gabriella@bridgewaysoberliving.com

www.hickorywindranch.com

Hickory Wind Ranch - Women

South Austin - 78745

Gabi Jeffords - Executive Director

David Naylor- Founder Phone: 512-765-5711

gabriella@bridgewaysoberliving.com

www.hickorywindranch.com

Higher Plane Recovery - Men

Mueller/ North Central Austin- 78723 Ozzie Garcia - Co-Founder/Director 713-248-4167

Ozzie@higherplanerecovery.com

www.higherplanerecovery.com

Infinite Recovery Sober Living

- (5) North and Central Austin Men
- (3) North Austin Women

Admissions

(844) 206-9063

www.infiniterecovery.com

Josiah's House - Men/Women

South Austin 78745 - Men South Austin 78745 - Women TROHN Certified Lance Olson LanceOlson1@yahoo.com

Darren McCulloch (512) 902-7595

DarrenPM319@gmail.com

www.josiahshouse.yolasite.com

North Austin Sober Living - Men

North Austin 78758 Jon Brown- Founder Cell: 512-409-8010

jonbrown@soberatx.com www.soberatx.com

OMEGA RECOVERY Sober Living

Downtown/Tarrytown & South Austin Locations Austin, TX 78704 512-456-9373 (Counseling/Outpatient) 512-765-5711 (Housing)

www.OmegaRecovery.org

Oxford Homes - Men/Women

Multiple locations in the Austin area

Vacancies-<u>www.oxfordvacancies.com</u> Website-<u>http://www.oxfordhouse.org/</u>

Contact and information:

Samara Sansom - Travis County Outreach

(512) 202-1431

Samara.sansom@oxfordhouse.org

Matthew Duncan - Williamson County Outreach (361) 676-3425

Matthew.duncan@oxfordhouse.org

Shawn Johnson (512) 202-2096 shawn.johnson@oxfordhouse.org

Recovery House ATX - Women and Women with Children

Two Houses in Southeast Austin 78744
Janice Hernandez - Director
Best Contact: 512-287-0108
recoveryhouse.atx@gmail.com
https://recoveryhouseatx.weebly.com

Rock Solid Sober Living- Men

Austin/Lake Travis 78734
Randy Reed- Director/House Manager
Gene & Abby Atwell- Founders
512-699-8536
info@rocksolidsoberliving.com
www.rocksolidsoberliving.com

Safe Haven Sober Living - Men

South Austin 78744
Barrett Tilson
512-633-9723
barrett@lonestarsocial.net
www.SafeHavenSoberLiving.com

Salvation Army - Men/Women

Downtown Austin 78701 512-476-1111

Scott D's Sober Home-LBGT Men

North Central Austin 78752 (512) 363-5914

www.eudaimoniahomes.com/austin-scott-d-home-for-gay-men/

Second Chances Sober Living

Men's Graduate - Central Austin 78750 Men's Newcomer - North Austin 78723 Women - Northwest Austin 78750 Women expecting or w/children - Central Austin 78702

All houses medication-assisted treatment (MAT) and Suboxone® friendly

Jeff Lewis , Executive Director 512-265-5311

<u>Jeff@RecoveryAustin.com</u>

www.RecoveryAustin.com

Shekinah Communities - Men

(1) North Central Austin 78752(1) North Central Austin 78723Contact: Patricia JenningsOffice: 512-900-9823

Office: 512-900-9823 Cell: 512-669-9230 patajenn56@gmail.com

www.shekinahcommunitiessoberhomes.org

Shekinah Communities - Women

North Central Austin 78758 Contact: Patricia Jennings

Office: 512-900-9823 Cell: 512-669-9230 patajenn56@gmail.com

www.shekinahcommunitiessoberhomes.org

Spain Sober Living- Men

South Austin 78744
512-789-4017
Lawrence Spain- Owner
spainsoberliving@gmail.com
www.facebook.com/spainsoberlivingatx/

Stepping Stones Sober Living Homes

- (4) Northeast Austin 78723 Women
- (1) Central Austin 78721 Women
- (1) Northeast Austin 78723 Men

Women's Step Up House, located in Northeast Austin 78723, requires 9 months of sobriety or more and offers all private rooms.

Natalie Lively

Operations Manager

(512) 627-8038

 $\underline{nlively@steppingstonessoberlivinghomes.com}$

www.SteppingStonesSoberlivingHomes.com

Sunlight Sober Living LLC - Men

South Austin 78745 Men's Sober Home Adams McDavid & Robert McCaslin- Founders (662)832-5813

adams@sunlightsoberliving.com

www.sunlightsoberliving.com

Tranquility Home-Women

South Austin 78748- Women
South Austin 78748- Women with children
South Austin 78745- Women
Shelly Joyner, House Manager
(512) 820-2640
shelly102282@gmail.com
www.texastranquilityhome.com

Transitional Housing.org

https://www.transitionalhousing.org/ci/tx-austin

Another list of sober homes and transitional housing with resources not listed on this site

Transitions Sober Living – Men

Private and Semi-private Rooms Holistic and Twelve Step Programs On-site House Manager High Accountability

South Austin - 78745 Jake Sieber - Founder / Executive Director 512-460-0877

Admin@TransitionsATX.com

www.TransitionsATX.com

Under The Stars Sober Living - Men/Women

East Austin 78724 Lori Foley- House Manager 512-542-4845 Rob Foley-Owner 512-659-8698 underthestarssoberliving@gmail.com www.facebook.com/underthestarssoberliving

Westlake Recovery - Men/Women

West Austin 78746 - Men West Austin 78746 - Women Gabi Jeffords- Executive Director 512-765-5711

www.westlakerecovery.com

SAN ANTONIO – Sober Living Program for Homeless

In-House Recovery Program (IHRP)

(210) 246-1300

IHRP is a 3 – 4-month sober living dormitory for adults experiencing homelessness and struggling with substance use disorders. IHRP staff are peer recovery support specialists that help maintain a supportive, sober living environment. IHRP utilizes the Intensive Outpatient Program, and the Life Skills Classes on the Haven for Hope campus. People also participate in employment readiness training and attend 12-Step meetings each night.

Name	Address	Contact/Phone Number	
Men			
A Way Up Sober Living	Austin, 78722	512-981-7571	
Academic House	Austin, 78753 and Pflugerville 78660	512-944-9913	
Addiction Direction	Austin	512-419-8686	
ACTS North Austin Sober Living	Austin	Mike Archer 512-497-2147	
Austin Sober Living	Austin, 78759	Wes Phillips 512-423-5776	
Austin Turning Point	Austin, 8 locations	Abe Hernandez 512-921-8182	
		Director Scott Smith 901-626-	
		4454/Senior Manager Chris	
Brightside Sober Living	Austin, 78758	Mosher 512-960-0660	
A Clean House Sober Living	3 locations	512-299-9000	
Creekbend	Austin, 78744	512-797-8315	
Elderberry House	Austin, 78754	512-452-1600	
Encore House	Austin, 78723	512-300-9200	
Eudaimonia Homes	Austin, 78753	512-799-8667 or 512-799-8704	
		512-844-5541/House Manager-	
Fair Oaks House	Austin, 78745	Danny Ross 512-552-9175	
Hickory Wind Ranch	Austin, 78704	512-436-9338 or 310-251-6766	
Hyde Park House	Austin, 78705	512-939-9623	
Josiah's House	South Austin	512-300-1214	
McKinley House	Austin, 78702	512-844-5541	
Mentor and Recovery	Austin, 78756	512-658-9500	
Oak Hill House	Austin, 78749	512-350-0250	
Scott D's Sober Home	Austin, 78752	512-466-1381	
Second Chances Sober Living	Austin, 3 locations	512-801-4778	
St. Maureen's Recovery	Austin, 78704	512-423-8585	
Stepping Stones	Austin	512-627-8038	
			http://www.oxfordhouse.org/
Oxford Homes Availability Hotline	Austin	512-879-6368	pdf/tx_directory_listing.pdf
Oxford Collingsworth	Austin	737-209-0089	
Oxford Colmenero	Austin	512-531-9873	
Oxford Dovemeadow	Austin	512-294-2412	
Oxford LaCasa	Austin	512-442-1658	
Oxford Lamplight	Austin	512-341-7681	
Oxford Northcrest	Austin	512-305-3191	
Oxford Parkfield	Austin	512-537-0985	
Oxford Quail Park	Austin	512-494-4286	
Oxford Tech Ridge	Austin	512-215-0184	
Oxford Werner Hill	Austin	512-836-9500	
Oxford Willowick	Austin	512-433-6499	
Central 3 Quarter House	Waco	254-752-5317	
Solide House	Waco	254-714-2919	
Manna House	Waco	254-714-1223	

ACTS-North Austin Sober Homes A Clean House Sober Living North Central Austin Doliver House Austin, 78738 A Clean House Sober Living North Central Austin Doliver House Austin, 78748 512-799-9000 Austin, 78748 512-799-8667 or 512-656-0612 Hickory Wind Banch Little Perion, Austin 78748 512-2436-9338 or 310-251-676 Loyce Grace Women's Sober House Lydia Grace Women's Sober House Austin, 78745 Austin, 78744 Austin, 78745 Austin, 78744 512-447-47458 RHouse Transitions Austin, 78747 Austin, 78744 Austin, 78727 RHouse Transitions Austin, 78744 Austin, 78747 Austin, 78745 Austin, 78744 Austin, 78746 Austin, 78744 Austin, 78747 Austin, 78746 Austin, 78744 Austin, 78747 Austin, 78748 Austin, 78744 Austin, 78744 Austin, 78744 Austin, 78745 Step Up House Austin, 78744 Austin, 78745 Austin, 78744 Austin, 78746 Austin, 78744 Austin, 78748 Austin, 78744 Austin, 78745 Austin Aust	Women			
Doliver House	ACTS-North Austin Sober Homes	Austin, 78758	512-497-2147	
Eudaimonia Homes	A Clean House Sober Living	North Central Austin	512-299-9000	
Hickory Wind Ranch 1111 Penion, Austin 78748 512-436-9338 or 310-251-6766 Joyce Grace Women's Sober House Austin, 78745 512-744-7458	Doliver House	Austin, 78748	512-736-4015	
Joyce Grace Women's Sober House	Eudaimonia Homes	Austin, 78758	512-799-8667 or 512-656-0612	
Lydia Grace Women's Sober House Austin, 78744 512-744-7478 Maggie's Home Austin, 78727 512-419-0770	Hickory Wind Ranch	1111 Penion, Austin 78748	512-436-9338 or 310-251-6766	
Maggie's Home Austin, 78727 \$12-419-0770 R House Transitions Austin, 78744 \$12-614-4060 or \$12-287-0108 Step Up House Austin, 78724 \$12-879-7785 In-Step Women's Sober Living Home Georgetown, 78628 \$12-879-7785 The Harwick House Austin \$12-826-9013 Addiction Directions Austin \$12-419-8686 Sharon's House Austin \$12-419-8686 Sharon's House Austin \$12-419-8686 Sharon's House Austin \$12-21-74-3508 Stepping Stones Austin \$12-627-8038 Brightside Austin \$91-604-0520 Oxford Homes Availability Hotline Austin \$12-879-6368 pdf/tx_directory_listing.pdf Oxford Rockridge Women w/children Austin \$12-29-6368 pdf/tx_directory_listing.pdf Oxford Rockridge Women w/children Austin \$12-29-9-9000 \$12-29-9000 Oxford Tronewood Austin \$12-467-4466 \$12-36-9161 Oxford University Hills Austin \$12-36-9161 \$12-39-9994 OPEN DOORS RECOVERY	Joyce Grace Women's Sober House	Austin, 78745	512-744-7458	
R House Transitions	Lydia Grace Women's Sober House	Austin, 78744	512-744-7458	
Step Up House	Maggie's Home	Austin, 78727	512-419-0770	
In-Step Women's Sober Living Home	R House Transitions	Austin, 78744	512-614-4060 or 512-287-0108	
The Harwick House	Step Up House	Austin, 78724	512-879-7785	
Addiction Directions Sharon's House Austin S12-419-8686 Sharon's House Austin S12-514-1775 or 512-743-4508 Stepping Stones Austin S12-627-8038 Brightside Austin S01-604-0520 http://www.oxfordhouse.org/ Oxford Homes Availability Hotline Austin S12-879-6368 Oxford Copperfield Austin S12-879-6368 Oxford Rosewood Women w/children Oxford Rosewood Women w/children Oxford Tronewood Austin S12-467-4466 Oxford University Hills Austin S12-436-9161 Oxford University Hills Austin MARBLE FALLS: 915 Ave G / 1107 Hwy OPEN DOORS RECOVERY HOUSE Recovery Hope House Waco Both Academic House II 11530 Spring Hill, Austin, 78758 Austin, 10 men locations, 3 womens, Oxford Homes Salvation Army Austin, 78701 S12-476-1111 Serenity Recovery Homes Austin, 78741 S12-480-838 S12-299-9000 Austin S12-299-9000	In-Step Women's Sober Living Home	Georgetown, 78628	512-591-7444	
Sharon's House Austin 512-514-1775 or 512-743-4508 Stepping Stones Austin 512-627-8038 Brightside Austin 901-604-0520 Oxford Homes Availability Hotline Austin 512-879-6368 pdf/tx_directory_listing.pdf Oxford Copperfield Austin 512-551-8310 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Oxford Rockridge Women w/children Austin 512-291-6455 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Oxford Rosewood Women w/children Austin 512-291-6455 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Oxford Tronewood Austin 512-291-6455 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Oxford Tronewood Austin 512-467-4466 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Oxford University Hills Austin 512-469-1615 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf OPEN DOORS RECOVERY HOUSE 1431, 78654 466-3220 http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Both Austin, 10 men locations, 3 womens, No number available http://www.oxfordhouse.org/pdf/tx_directory_listing.pdf Austin, 2	The Harwick House	Austin, 78745	512-826-9013	
Stepping Stones Austin 512-627-8038	Addiction Directions	Austin	512-419-8686	
Brightside	Sharon's House	Austin	512-514-1775 or 512-743-4508	
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The Clean House Austin 512-299-9000	South Austin Marketplace	Austin, 78741	512-443-2804	
	Stepping Stones Sober Living Homes	Austin, 2 womens, 1 men	512-627-8038	
www.cohorouctin.com/recovery	The Clean House	Austin	512-299-9000	
www.coborquetin.com/recovery				
	www.soberaustin.com/recovery			

THE OXFORD HOUSE MODEL

All Oxford Houses have common characteristics:

- · The House must be run democratically.
- The House must be financially self-supporting.
- The House must immediately expel any member who relapses.

Not going back to where a recovering addict came from may be the single most important reason for the Oxford House success story.

Using this cost-effective way to improve the chances of recovery from alcoholism and drug addiction may be the best way to show the community that recovery works and that recovering addicts can become model citizens.



www.oxfordhouse.org



Shawn Johnson: 512-202-2096

(Austin, San Antonio, Corpus, El Paso)



ELIGIBILITY FOR MEMBERSHIP

Individuals can apply to live in an Oxford House after meeting at least one of the following criteria:

- · Completion of residential treatment
- Completion of clinical detox
- Stable recovery, free from withdrawals

OTHER GUIDELINES

- · Work a recovery program
- Remain current on expenses
- Avoid disruptive behavior

COSTS

- Non-refundable up-front fee (\$100-\$200)
- Weekly expense (\$75-\$150)
 - · All bills paid, plus house supplies.
 - Does not include food.

FIND A HOUSE

Texas has over 220 houses. Locations include:

ABILENE KATY ARLINGTON LUBBOCK AUSTIN CORPUS CHRISTI ODESSA GARLAND HOUSTON **HUMBLE WACO** HURST

NEW BRAUNFELS CARROLTON NORTH RICHLAND HILLS DALLAS PFLUGERVILLE **DENTON PLANO** EL PASO RICHARDSON FORT WORTH ROSENBERG SAN ANTONIO TYLER **WICHITA FALLS**



VACANCY SEARCH

Locate a house with vacancies by visiting our website:

www.oxfordhouse.org

Call the house or the house contact to set up your interview.

