



**Bastrop County Cares**

We listen. We connect. We empower.



Learn More



**Contact Us!**

**844-309-6385**

Call to refer your family  
to Parents as Teachers



**More Information**

For Appointments or Information  
about Services: 844-309-6385

24/7 Crisis Line: 800-841-1255

[www.bbtrails.org](http://www.bbtrails.org)



# Parents as teachers

Serving Bastrop County





## Being a Parent is Hard Work!

In the first few years, children learn more and at a faster pace than at any other time in life. You help shape your child's future through the kinds of experiences you provide. **Your baby was born to learn, and as a parent, you are your child's first and most important teacher!**

## What is Parents as Teachers?

Parents as Teachers (PAT) is a parent education and family support program serving families throughout pregnancy until their child enters Kindergarten, usually age 5.

PAT-certified Parent Educators, trained and experienced in early childhood development, support parents to learn what to expect in each stage of their child's development and provide activities they can do at home to promote development.

Parents learn how they can easily capture the teachable moments in everyday life to enhance their child's language development, intellectual growth, social development, and motor skills.



BLUE RIBBON AFFILIATE

## Our Goals:

- Increase parents' knowledge of early childhood development and improve parenting practices
- Provide early detection of developmental delays and health issues
- Prevent child abuse and neglect
- Increase children's school readiness and school success
- Improve parent, child, and family health and well-being
- Improve family economic well-being



## What You Receive as a PAT Family:

### Personal Visits

Your Parent Educator will share age-appropriate child development and parenting information, help you learn to observe your child, and address your parenting concerns.

### Screenings

Assessing your child's overall development as well as health, hearing, and vision.

### Resource Network

Linking your family to other services within Bluebonnet Trails Community Services and in the community.

### Parent Group Connections

Opportunities to share information about parenting issues and child development. Parents learn from and support each other, observe their children with other children, and practice parenting skills.