

BLUEBONNET TRAILS COMMUNITY SERVICES

Adult Crisis Respite

Bluebonnet Trails Community Services operates two crisis respite units (CRUs). Our person-centered, integrated residential programs serve adults seeking wellness through a professional team addressing symptoms of mental illness, supporting recovery from substance use, and offering strength through supports for intellectual and/or developmental disabilities.

To access CRU, call the 24/7 Crisis Line: 800-841-1255



For Appointments and Information: 844-309-6385

→ **Georgetown**

→ **Seguin**

→ www.bbtrails.org

Scan the
QR code
for more
information



Adult Crisis Respite Units

Our CRUs provide short-term residential care for adults seeking personal recovery in a safe and therapeutic environment where individuals can receive peer support, counseling, stabilization services and care coordination during a challenging time.

For some, respite offers a break from stress at home. For others, the CRU is a place to regain a sense of control over symptoms that may be warning signs of a crisis. A caring staff offers support wherever the participant may be on their wellness journey.



Operating 24 hours a day,
7 days a week with CRU locations in
Georgetown and Seguin.



Respite services may include peer support, group therapy, skills training, nursing services, medications and connection to other community resources.



Length of stay is determined by need and can be as little as a few hours or as long as 14 days or more.

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